



2025 report card

The Area Plan 2024–2027 for Seattle and King County is the Aging and Disability Services (ADS) roadmap for a responsive system of services that promote quality of life, independence, and choice for older people, adults with disabilities, caregivers, and their family members. The following are specific accomplishments related to Area Plan objectives. Learn more at www.agingkingcounty.org/what-we-do/areaplan.

our vision & mission

ADS Vision: Black, Brown, Indigenous, Latin, and Asian communities of color experience equitable health and quality of life, so all people thrive at every stage of life.

ADS Mission: ADS builds and strengthens systems that ensure equity, mutual respect, and access to resources for older adults, people with disabilities, and their caregivers.

our partners

As the Area Agency on Aging (AAA) for Seattle and King County, ADS priorities are guided by the Seattle-King County Advisory Council on Aging & Disability Services and by AAA partners—Seattle Human Services Department, King County Department of Community and Human Services, and Public Health—Seattle & King County.

our services

ADS contracts for services and provides certain types of direct services for older people, adults with disabilities, and caregivers, including:

- Adult Day Services
- Age Friendly Communities
- Caregiver Support
- Case Management
- Elder Abuse Prevention
- Health Maintenance
- Health Promotion
- Information & Assistance
- Legal Services
- Nutrition Services
- Senior Centers
- Transportation

need help?

For local assistance, referrals to Area Agency on Aging and other services, and resources, call Community Living Connections (toll-free) at 844-348-5464 or visit CommunityLivingConnections.org.

2025 Progress Report

C-1: Support Healthy Aging	
Objectives	Accomplishments
Promote accessible design in renovations, new construction, and affordable and market-rate housing to increase the availability of housing stock that meets the needs of a growing older adult population.	<ul style="list-style-type: none"> Supported Northwest Universal Design Council (NWUDC) at monthly steering meetings and in presentations to affordable housing funders about the importance of accessibility in housing design, zoning and policies. Collaborated with the NWUDC and Woodland Park Zoo on a demonstration at the 2025 Seattle Design Festival. The installation featured an EmPower station designed to help people more easily power their electric mobility devices while enjoying a public space. Several hundred people interacted with the demonstration and provided positive feedback. Began planning for a 2026 Universal Design competition hosted by Age Friendly Seattle and NWUDC. Reviewed and commented on Seattle's preliminary Downtown Regional Hub plans, advocating for new development that is accessible and promotes aging in place. Met with Seattle Office of Housing to promote accessible design in levy-funded projects.
Encourage transportation options that promote safe, effective, and inclusive mobility	<ul style="list-style-type: none"> Staff participated in PSRC's Coordinated Mobility and Accessibility Committee meetings, which helped inform the region's Coordinated Mobility Plan. Staff participated in the King County Mobility Coalition and the Find-A-Ride Advisory Group, which supports the creation of a transportation app that caters to people with disabilities. Age Friendly Seattle program contributed funds to support Find-A-Ride app development and outreach. Staff began conversations with Seattle Office of Planning and Community Development (OPCD) about how to engage older adults in providing feedback about the Graham Street light-trail station plans.
Invest in understanding the landscape of initiatives and interventions addressing social connectivity across King County. Emphasize culturally relevant programming and approaches that meet the needs of King County's increasingly diverse older adult populations, including meal-based connections.	<ul style="list-style-type: none"> Drafted proposal and submitted application for funds for a social prescribing program.
Continue to explore the role and promotion of senior centers as hubs for social connectivity	<ul style="list-style-type: none"> Continued Senior Center funding process planning. Facilitated connections between newly eligible senior centers and the Senior Coalition co-lead at Sound Generations to support broader resource advocacy.

C-1: Support Healthy Aging

Objectives	Accomplishments
Support efforts to increase digital equity, including broadband access, device distribution, and digital skills. incorporate age-friendly concepts.	<ul style="list-style-type: none"> Supported cross-department collaboration with Seattle IT to expand digital equity and free internet access for ADS-funded senior centers.
Partner with the community to co-design nutrition services tailored to the needs and preferences of older people in King County.	<ul style="list-style-type: none"> Hired a planner to implement the nutrition visioning plan in 2026.
Collaborate with providers, including Federally Qualified Health Centers, mobile providers, and/or others to promote primary care and behavioral health services for BIPOC and rural populations.	<ul style="list-style-type: none"> Held a Chronic Disease Self-Management Training for new Lay Leaders that included a diverse group of BIPOC, API, and other cultural groups. Facilitated an Aging Mastery Program series for Seattle Human Services Department staff, as well as a 6-week series for community members, reaching 21 participants in 2026.
Increase staff and provider skills and/or capacity to respond to behavioral health needs.	<ul style="list-style-type: none"> Hired a Behavioral Health Consultant to begin work in 2026. The Consultant will provide a combination of evaluation, assessment, case consultation, and training on relevant mental health issues to support the ADS Care Coordination Program (CCP) care coordinators who work with older adult clients, individuals with disabilities and complexities, including physical, mental health, and substance use disorders.
Increase awareness about tools and supports for people living with dementia and memory loss and their caregivers, emphasizing outreach to BIPOC, limited English speaking, and LGBT.	<ul style="list-style-type: none"> Participated in a March 7th Dementia Provider Summit with over 101 attendees. Supported WA State Dementia Roadmap updates. Served on the planning committee for October 27 Dementia Friendly Summit event. Coordinated annual Grandparents Day and African American Caregivers Forum events at the Northwest African American Museum inviting caregivers, family members and professionals to gather for information sharing and celebratory performances, reaching more than 100 community members. Delivered 10 Dealing with Dementia workshops reaching 101 attendees.
In recognition that older adults are uniquely vulnerable to some of the consequences of climate change, we will strive to integrate environmental sustainability across ADS administered and funded programs.	<ul style="list-style-type: none"> ADS interns continued research on intersection of aging issues and environmental sustainability, identifying several areas of shared priorities. A report will be prepared in 2026 and learnings will be incorporated in 2027-2030 Area Plan.
Incorporate value-based purchasing into investments.	<ul style="list-style-type: none"> Hired a planner to start nutrition work in 2026. ADS will use the Value Based Purchasing lens in 2026 contracting and 2027 Nutrition investment process.

C-2: Enhance Well-Being

Objectives	Accomplishments
Facilitate flow of support and information among partners	<ul style="list-style-type: none"> • Attended monthly Resident Services Coordinator meetings. • Co-Chaired King County Falls Coalition Meetings.
Facilitate community- informed and driven housing design, adaptability, and support.	<ul style="list-style-type: none"> • Enrolled 25 clients in CAPABLE services, meeting ADS annual goals for program growth.
Strengthen relationships with regional housing funders and partners.	<ul style="list-style-type: none"> • Attended regular Resident Services Affinity Group and Resident Services Leadership Group meetings • Provided training to Resident Service Coordinators on brain health, dementia, and chronic diseases. • Kelley-Ross Pharmacists provided a total of 56 training courses and reached 467 seniors in senior housing communities. Notable group topics last year were Sleep Hygiene, Diabetes Care, Drug Take-Back, Arthritis, and Vaccines for Older Adults.
Raise Community Living Connections and aging network awareness of Long-Term Care Trust Act and other benefits through local education and outreach campaign.	<ul style="list-style-type: none"> • Raised awareness of WA Cares through civic coffee events and other outreach activities with medical clinics and funders groups. • Developed new outreach plan for WACares. Six Community Living Connections agencies will perform outreach activities in 2026. • Integrated WACares Outreach into interdepartmental agreement with Seattle Department of Neighborhoods Community Liaisons.
Continue engagement with healthcare systems to strengthen awareness of aging network service options.	<ul style="list-style-type: none"> • Shared resources at events with cross-system healthcare providers including Dementia Provider Summit and Dementia Friends Summit. • Presented to VA Geriatric and Geriatric Fellows on AAA services.
Support adoption of technology solutions that promote cross-system coordination and visibility of resources.	<ul style="list-style-type: none"> • Meetings with Health Care Authority, HCLA, HealthierHere and key stakeholders on Health-Related Social Needs (HRSN) implementation and Community Hub access. ADS will be implementing select HRSN services in 2026.
Support the roll-out of services like “One-Click/One-Call” that help users find and book specialized transportation options.	<ul style="list-style-type: none"> • Staff participated in the Find-A-Ride Advisory Group. • Contributed funds to support Find-A-Ride app development and outreach. • Coordinated with Hopelink to offer a presentation on Find-A-Ride to Community Living Connections Providers in Quarter 4 Provider Meeting
Improve access to respite services.	<ul style="list-style-type: none"> • Support presentations from Nolia Brain and Memory Health Group to AAA and partner staff in anticipation of GUIDE launch. In June, GUIDE began providing a comprehensive package of care support to people living with dementia and their caregivers, including respite services, which are complimentary to AAA Family Caregiver Support program. • Formed a project workgroup for improvements to AAA Respite coordination process. • HRSN services include caregiver respite for Medicaid and will launch in 2026.

C-2: Enhance Well-Being

Objectives	Accomplishments
Promote statewide efforts to develop caregiver programs for diverse communities, including BIPOC, LGBTQ, and those that speak a language other than English.	<ul style="list-style-type: none"> Disseminated Powerful Tools training information with community members and networks.
Strengthen training and consultation programming for caregivers of individuals with dementia.	<ul style="list-style-type: none"> Delivered 10 Dealing with Dementia workshops to 101 attendees.
Increase the number of successful referrals to the Care Transitions program	<ul style="list-style-type: none"> Referrals increased in 2024. ADS maintained that referral rate in 2025: <ul style="list-style-type: none"> Quarter 1- 127 referrals Quarter 2- 80 referrals Quarter 3 – 144 referrals Quarter 4 – 107 referrals Total: 458 referrals Conducted joint outreach session for KinOn on WA Cares and Care Transitions. Additional connection made with Harborview Medical Respite program, with an outreach session planned for January 2026.
Strengthen coordination with discharge planners from healthcare system partners	<ul style="list-style-type: none"> Began working with AAAs from Snohomish and Kitsap counties and Virginia Mason to develop joint referral process.

C-3: Maximize Dignity

Objectives	Accomplishments
Work with regional housing authorities to coordinate delivery of supportive services to older adult tenants in need and/or at risk of homelessness.	<ul style="list-style-type: none"> Participated in meetings with state and local partners about how to expand Coordinated Personal Care (CPC) model in more affordable housing buildings. Convened WA state staff and ADS staff to review one of the local CPC pilot outcomes: a GIS map that can inform cluster creation and coordination between agencies.
Increase staff skills and capacity to serve clients with complex medical and behavioral health needs.	<ul style="list-style-type: none"> Hired a Behavioral Health Consultant to begin work in 2026.
Promote access for sheltered and unsheltered older adults to supportive services and housing to prevent eviction.	<ul style="list-style-type: none"> Served more than 330 clients across 58 Supported Housing Provider buildings.
Work with King County Department of Community and Human Services, Public Health—Seattle & King County, and other partners to ensure older	<ul style="list-style-type: none"> Two ADS Advisory Council members serve on VSHSL senior committee and report out regularly at council meetings.

C-3: Maximize Dignity

Objectives	Accomplishments
adults have a voice on health and housing issues.	
Implement elder abuse pilot focusing on repairing harm with perpetrator and victim, e.g., RISE.	<ul style="list-style-type: none"> • RISE collaborative application was not accepted, on a waitlist for program funding.
Partner with The Workforce Development Council of Seattle-King County (WDC) and other regional groups to raise visibility of long-term care workforce issues and opportunities.	<ul style="list-style-type: none"> • Staff participated in the state workforce development and capacity building working group.
Continue development of healthcare workforce trainee curriculum to support competencies and retention in older adult/geriatric specialties.	<ul style="list-style-type: none"> • This work is on hold and will be reevaluated for 2027-2030 Area Plan development.
Launch pilot program to explore coordinated-personal-care model in which home health aides have client assignments in geographic clusters (ex; in public housing buildings). Evaluate pilot to understand benefits, challenges, and resources required for scale.	<ul style="list-style-type: none"> • Collected Quantitative and qualitative feedback from agencies that participated in the 2024 pilot. • Drafted a post-pilot summary • Staff met with state partners interested in pursuing this model to share insights and deepen partnership
Increase the number of recipients from Black, Indigenous and other communities of color to the Medicaid Alternative Care (MAC) and Tailored Supports for Older Adults (TSOA) programs.	<ul style="list-style-type: none"> • Held planning meetings with Seattle Department of Neighborhood (DON) teams to develop a MAC/TSOA Program Enrollment Outreach Plan. • Developed DON Community Liaison (CL) interdepartmental agreement and priority language and cultural groups. CLs began conducting tailored outreach for Caregiver Programs, including MAC/TSOA. Priority communities include African American/Black Elders, as well as Chinese and Spanish speaking communities. • Developed Visual Aid for MAC/TSOA program process flow, including Black/African American client intake assignment. • DON conducted Black/African American Elders Landscape assessment. • Received notice of state-wide waitlist for MAC/TSOA so doing MAC/TSOA Outreach to increase enrollment of clients was deprioritized and paused until further notice.
Increase network adequacy of long-term services and supports vendors. Explore third party contracting vendor used by the DSHS New Freedom program	<ul style="list-style-type: none"> • Established Department of Neighborhoods (DON) Community Liaison interdepartmental agreement for outreach and engagement, which may be utilized to expand outreach to local community small business leaders and vendors. • Six new vendors of LTSS services added, including CCG, Environmental Modification, Home Care and Housework & Errands.

C-4: Partner with Tribes

Objectives	Accomplishments
<p>Participate in annual 7.01 meetings with tribal members and Office of Indian Policy staff.</p>	<ul style="list-style-type: none"> • Held 7.01 Meetings on the following dates: <ul style="list-style-type: none"> ○ January 28, 2025: Muckleshoot Indian Tribe (MIT) ○ April 22, 2025: MIT ○ May 15, 2025: Snoqualmie Indian Tribe (SIT) ○ July 29, 2025: MIT ○ July 30, 2025: MIT ○ August 21, 2025: SIT • Staff attended and volunteered at the Annual Muckleshoot Elders Luncheon on 4/25. The event welcomed over 1,000 elders and community members representing tribes and regions across Washington, Oregon, Idaho, and Canada. • Staff attended DSHS Elder & Disability meetings with the MIT on November 4, 2025, and the SIT on November 20, 2025. • Staff attended the 2025 Money Follows the Person Tribal Initiative (MFPTI) Learning Collaborative Summit from October 22–24, 2025. This professional development supported staff learning related to culturally responsive and equity-centered engagement and service delivery and cross-jurisdictional collaboration. • Hosted a DSHS OIP Government-to-Government and 7.01 Training on 6/12 for ADS and Department of Neighborhoods (DON) staff.
<p>Advocate for culturally relevant delivery of services to Native American tribes and urban Indians.</p>	<ul style="list-style-type: none"> • Updated the SIT and MIT 7.01 Plans for 2026 and drafted the associated progress reports. • Submitted the annual 7.01 Plans and Progress Reports for both the Snoqualmie and Muckleshoot Tribes in October 2025. • ADS and SIT continued bi-monthly planning meetings to review progress, align next steps, and support ongoing implementation.
<p>Coordinate efforts to connect King County tribes and organizations to the Community Living Connections network.</p>	<ul style="list-style-type: none"> • Initiated outreach to urban Native-serving organizations to strengthen coordination and connections to community resources. ADS staff met with the United Indians of All Tribes Foundation (UIATF) Elders Program Manager and the Seattle Indian Health Board (SIHB) Public Health Services Program Director overseeing the SHIB Elders Program to learn about services, resources, and needs, and to build relationships and better understand their programming and priorities. • Supported follow-up to the prior year’s Cross-Commission Conversation between the ADS Advisory Council and the Indigenous Advisory Council (IAC), including a February presentation by the ADS–DON team and a planned follow-up later in the year. Activities included onboarding a Native Community Liaison to lead engagement with urban Native elders. • Participated in the City’s Tribal Relations Coordination Workgroup.

C-5: COVID-19 Response Services and Supports

Objectives	Accomplishments
Review policy and procedures to ensure effective continuation of services.	<ul style="list-style-type: none"> ADS Care Coordination Program Unit (CCP) finalized and implemented Nursing Services Referrals Policies and Procedures
Ensure staff have current information on all LTSS programs and eligibility.	<ul style="list-style-type: none"> ADS CCP leaders and trainers ensure staff have current info during monthly Combined Team Trainings and Info Share meetings.
Explore strategies to get people to return to in-person congregate meal dining, as opposed to takeout meals	<ul style="list-style-type: none"> Hired a planner to implement nutrition visioning plan in Q1-Q2 2026.
Continue to support vaccination and boosters in partnership with Public Health—Seattle & King County.	<ul style="list-style-type: none"> Disseminated information provided by Public Health—Seattle & King County. Senior Drug Education partner Kelley Ross pharmacy provided group education sessions on Vaccines for Older Adults to 122 senior housing residents.

Aging and Disability Services, a division of the Seattle Human Services Department, City of Seattle, is designated by the State of Washington as the Area Agency on Aging for Seattle-King County. Learn more at www.AgingKingCounty.org.