



# Advisory Council on Aging and Disability Services

Advocating for local, state, and national programs that promote quality of life for older adults and people with disabilities in partnership with Seattle Human Services and King County.

**To:** ADS Advisory Council Members and interested others  
**From:** Alex O’Reilly, Chair, Aging and Disability Services Advisory Council  
**Subject:** ADS Advisory Council February Meeting Agenda  
**Contact:** Michael Adusah <Michael.adusah@seattle.gov>

Agenda and Announcement for the  
Aging and Disability Services Advisory Council Meeting

**Friday, April 11, 2025 – Hybrid MEETING**  
**IN-PERSON LOCATION Seattle Municipal Tower Room 4050/60**

Join us on [Zoom](#)

<https://zoom.us/j/99627861493>

Agenda / Schedule	
10:00 - 11:30 am	Advocacy Committee (see attached agenda)
12:00 – 12:55 pm	Presentation by Oksana Bilobran, Legal Programs and Policy Manager, Office of Immigrant and Refugee Affairs (OIRA)
12:55 – 1:25	USAgging Policy Briefing recap
1:25 - 1:50 pm	<b>Advisory Council Business</b> I. Approval of March Minutes  II. Reports from Committees and Councils (20 min) <ul style="list-style-type: none"> <li>○ Advocacy Committee – Diana Thompson</li> <li>○ Planning &amp; Allocations Committee - Lorna Stone</li> <li>○ VSHSL Board Seniors Committee - Cindy Snyder</li> <li>○ NW Universal Design Council - Tom Minty</li> <li>○ Mayor’s Council on African American Elders – Pamela Williams</li> <li>○ Age-Friendly Seattle - Dinah Stephens</li> </ul> III. Reports / Action Items from AAA Partners (10 min) <ul style="list-style-type: none"> <li>○ King County, Department of Community and Human Services</li> <li>○ Public Health Seattle-King County</li> <li>○ Sound Cities Association</li> </ul>

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In partnership with:



	IV. AC in the community V. ADS Director’s Report, Mary Mitchell (10 min)
<b>1:50 - 1:55 pm</b>	<b>Other Announcements</b>
<b>1:55 - 2:10 pm</b>	<b>Executive Committee</b>

**Upcoming Advisory Council Meetings and Other Advocacy Events**

Next Advisory Council meeting May 16, 2025

Please contact Michael Adusah with questions or to request accommodations:  
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# ADS Advisory Council Advocacy Committee Meeting

April 11, 2025 - 10:00 to 11:30 AM

Join us on [Zoom](#)

<https://zoom.us/j/92410539706>

## AGENDA

Item	Presenter	Time
<b>1. Welcome and Approval of March Meeting Minutes</b>	Committee Chair	5 min
<b>2. Senior Center Update</b>	Waing Waing	10 Min
<b>3. Advisory Council Check-in</b>  Share information on recent advocacy and partnership activities and emerging issues. As a result, members will have a better understanding of the committee's collective work and identify connections that support their advocacy priorities.	All	30 min
<b>4. Advocacy Issues</b>  Federal, state, and local updates, including a report from USAging Policy Conference	ADS Staff/Alex	30 min
<b>5. Closing</b> <ul style="list-style-type: none"><li>Review of Action Items</li></ul>	Michael	1 min



## Advisory Council on Aging and Disability Services

*Creating choices for elders and adults with disabilities in Seattle-King County*

### Advisory Council Meeting March 14, 2025

#### **Attending**

Advisory Council Members: Dr. Joel Domingo, Joe Hailey, Tom Minty, Alex O'Reilly, Cynthia Snyder, Lorna Stone, Diana Thompson, CM Cathy Moore (Seattle), CM Larimer (Kent)

Staff: Michael Adusah, Maria Langlais, Mary Mitchell

AAA Liaisons: Traci Adair, King County Dept. of Community and Human Services (DCHS); Mariel Torres Mehdipour, Public Health Seattle-King County (PHSKC); AJ Foltz, Sound Cities Association (SCA)

Guests: Vedrana Durakovic, Sound Generations; JJ Wong.

Presenters: Aimee Verrall; Dr. Elizabeth Phelan; and Phung Nguyen, ADS Primary Care Liaison

#### **1. Presentation – Northwest Geriatrics Workforce Enhancement Center (GWEC) and the Primary Care Liaison Role**

The GWEC team provided an overview of their program, which focuses on improving care for older adults by training the primary care workforce. GWEC is one of 42 centers nationwide and is funded through a 5-year federal grant. Their work emphasizes reciprocal partnerships, interprofessional training, and reaching vulnerable populations.

Key initiatives include the Primary Care Liaison (PCL) model, which bridges clinical and community settings. Early outcomes show increased follow-up contacts and referrals to community programs.

Phung Tran shared her experience as a PCL, describing pandemic-era challenges and solutions such as leveraging video meetings, social media, and existing networks. Outreach strategies included mapping clinics, creating an introductory info package, and adopting varied approaches for clinic engagement

The team gave an overview of key resources to support agencies in implementing the PCL model:

- Implementation Guide – A practical roadmap to help agencies implement a PCL role. The guide includes assessment tools, visuals of key functions, and readiness checklists.
- Toolkit – Offers guidance on personalized outreach, contact management, data tracking, and impact evaluation.

The PCL model has been shared through national and state presentations, including at the USAging Conference.

## Feedback & Discussion

Members expressed strong interest in the potential of embedding social workers within primary care settings, noting that those placed in Area Agencies on Aging (AAAs) tend to have deeper knowledge of aging-related resources.

Sustainability of the PCL model was discussed, with suggestions for future Medicare funding to support ongoing implementation.

Attendees appreciated the practical tools and requested more opportunities for training and dissemination.

## 2. Race & Social Justice (RSJ) Moment

Members discussed the following article: [How Othering Contributes to Discrimination and Prejudice The psychology behind us vs. Them | By Kendra Cherry, MSEd](#)

## 3. Advisory Council Business

### Approval of February Minutes

Cindy moved to approve the minutes, seconded by Joe. **MINUTES APPROVED.**

### Reports from Committees and Councils

- [Advocacy Committee – Diana Thompson](#). Members visited Olympia for legislative meetings and will draft a letter to federal legislators urging protection of Social Security, Medicaid, and Medicare, and support for eliminating the Social Security income cap.

**MOTION:** Lorna moved to have a letter to federal legislators sent by the AC, as recommended by the advocacy committee; Joe seconded. **MOTION PASSED.**

- [Planning & Allocations Committee - Lorna Stone](#). Met on March 3. Received updates on the 2024 Area Plan and budget. Advocacy for senior center funding through the City Council continues.
- [VSHSL Board Seniors Committee - Cindy Snyder](#). Cindy met with new VSHSL Director Michael Bailey, who seeks input for the annual report. Discussion included nonprofit wage study and federal funding updates. The VSHSL Seniors sub-committee did not meet; next meeting in April.
- [NW Universal Design Council - Tom Minty](#). February 26 seminar with South King Housing Authority was successful. Tom presented to the Center for Active Living. Next steering committee meeting is April 8.
- [Mayor’s Council on African American Elders – Pamela Williams](#). Michael reported on Held part one of a two-part retreat focused on MCAAE history and expanding advocacy. Part two will emphasize recruitment and is scheduled for spring.
- [Age-Friendly Seattle](#). No updates

#### 4. Reports / Action Items from AAA Partners

- King County, Department of Community and Human Services – Tracy Adair  
Traci is working closely with Danielle Freedman with the Seattle Dept. of Neighborhoods (DON) on collaborative community engagement strategies.
- Public Health Seattle-King County – Mariel Torres Mehdipour  
Update on the Community Health Improvement Plan (CHIP). Currently in year 5, the initiative will assess priorities and outcomes. A community partner meeting is scheduled for March 25, 12–4pm.
- Sound Cities Association – AJ Foltz  
New director Robert Feldstein appointed. Members may reach out to Aj or Robert on legislative priorities.

#### 5. Advisory Council in the Community

Alex attended the King County Mobility Coalition meeting and connected with Doreen Cornwell from the Washington Council for the Blind. Her speaker's bureau may be a potential partner for recruitment. Alex will share the coalition's needs assessment with Michael.

Lorna attended a Black Home Initiative meeting featuring a foreclosure prevention presentation, reinforcing the need to promote property tax exemptions among seniors.

#### 6. ADS Director's Report

Mary met with DCHS Director Michael Bailey, formerly the Deputy Director of HSD, and expressed that she looks forward to working with him again.

Senior center RFP contracts will be extended for another year at current funding levels. Much of the groundwork is already in place, positioning ADS well for the extension.

Angela Miyamoto was hired as the Out-of-Class Program Manager for WA Cares Fund, taking on responsibility our AAAs role in implementing the program in King County.

Seattle CM Mark Solomon (District 2) is planning a community forum to raise awareness of resources available for older adults, including programs and services offered by ADS and Dept of Neighborhoods (DON). Date to be announced.

ADS is closely watching state budget deliberations and awaiting final budget numbers to assess impact on local services.

Mary, Michael, and Alex will attend the USAging Policy Brief in Washington, DC at the end of March. The Older Americans Act is expected to be a key issue.

A presentation for the April Advisory Council meeting on immigration and ICE is in development. The City's Office of Immigrant and Refugee Affairs may present practical guidance on how to respond to enforcement inquiries.

A joint meeting with the Mayor's Council on African American Elders (MCAAE) is proposed for Friday, May 16, which means the Advisory Council would meet on the 3<sup>rd</sup> Friday of the month instead of the 2<sup>nd</sup> Friday. The meeting, which will focus on advocacy, will be in person at Grace United Methodist Church in the Central Area; a hybrid option will be available.

Councilmembers reminded ADS staff of the importance of in-person meetings and considerations to ensure meetings are accessible, whether fully remote, hybrid, or in-person.

### **Next Advisory Council meeting April 11, 2025**

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