

# 2025 Barnaamijka Nafaqada Suuqa Beeralayda Dadka Waaweyn



**In la siiyo dadka waaweyn ee u qalma khudaar iyo miro cuseyba ah oo ka ahaada suuqyada beeralayda degmada**



**Uqalmitaanka waa \$80  
kaarka SFMNP**

Si aad u codsato, dhammaan waxyaabaha soo socdaa waa inay run noqdaan:

- **Da'du waa 60+** (ama da'da 55+ haddii aad tahay Hinddida Mareykanka ama Alaskaan Dhallad ah) markay tahay Juun 15.
- Dakhli hoose (oo aan ka badnayn \$2,413 oo dakhli bileed ah midkaas oo loogu talagalay hal qof ama \$3,261 oo loogu talagalay labbo qof- lagu daray \$848 oo ah qofkasta oo dheeraad ah ama lagu soo daro)
- **Degmada King, Washington degane**

**Mudada cosdiga: Abriil 7 keeda-Maay 9 keeda**

**Barta Internet-ka Ka Codso**

**[AgingKingCounty.org/SFMNP](http://AgingKingCounty.org/SFMNP)**

Ka codso onleyna ama daabac codgisa adoo tagaya mareegta (webseytka) sare. Boosto ku soo dir codsigaad buuxisey ugu danbeyn Maay 9, 2025:

**Senior Farmers Market Nutrition Program  
140 Lakeside Avenue, Suite A-180  
Seattle WA 98122**

Ha codsan wax ka badan hal mar, codsiyo nuqul ah ayaa noqon doona laga saaray. Codsiyada waxaa loo gali doonaa si aan kala sooc lahayn habka. Haddii magacaaga la doorto, waxaad heli doontaa SFMNP kaadhka boostada bisha Juun.



**Ma u baahantahay caawimaad?**

Ka wac Community Living Connections (lacag la'aan)  
1-844-348-5464 ama booqo [communitylivingconnections.org](http://communitylivingconnections.org)