

Community Transition Services Roads to Community Living (RCL) and Washington Roads (WA Roads)

When to Authorize RCL

Service provides RCL demonstration services for:

- Intensive one on one relocation support for individuals moving from qualified institutional settings to qualified community settings. These services are provided only as authorized by case management staff in the participant's Service Plan.
- Client must meet RCL eligibility as defined in RCL Transition Guidelines.

When to Authorize WA Roads

Service provides WA Roads services for three cohorts of individuals:

- Individuals moving from qualified institutional settings to qualified community settings for intensive one on one relocation support
- Individuals living in the community who are functionally and financially eligible for waiver/state plan HCBS, and have any of these characteristics:
 - Unstable residential or in-home settings
 - Frequent institutional contacts (ER visits, SNF stays, hospital admits, etc...)
 - Frequent turnover of caregivers
 - Multiple systems involvement (DOC, psychiatric institutions, etc...)

Individuals living in subsidized housing that has been coordinated through ALTSA (including NED, Bridge, 811, etc...), regardless of whether they are currently eligible for or receiving waiver/state plan HCBS.

RCL/WA Roads Services

Community Choice Guides - services which may include but are not limited to:

- Conducting a pre-transition consultation with potential participants to determine viability for clients interested in transitioning from an institutional setting and transition/support service needs.
- Acting as a liaison with and among the client, nursing or institutional facility staff, case managers, housing providers, medical personnel, legal representative, formal caregivers, family members, informal supports and any other involved party
- Provision of assistance and support to ensure the participant's successful transition from the institutional setting as authorized by HCS and/or AAA staff.

- Locating and arranging for appropriate, accessible housing.
- Working in partnership with local housing authorities and other community resources regarding housing availability, subsidies and voucher capacity.
- Setting up the participant's new home including services such as arranging utility hook-ups and the acquisition of furnishings and household goods.
- Arrangement of the participant's physical move from the institutional setting.
- Liaison between the participant and housing provider
- Training or education about ability to access community settings, or health services.
- Personal skill development for client and/or caregivers related to the individual's care plan.
- Community integration activities, such as exercise classes, that might be found through local YMCA-type organizations, Senior or Community Centers, etc.

Professional Support Services

Covers a range of services for participants whose needs include therapeutic services not otherwise covered by Medicaid. It covers supports and services that are typically performed or provided by people with specialized skill, certification or licenses.

- Are provided only as authorized in the participant's Service Plan
- May include Physical, Occupational, Speech or other professional therapy

RCL Professional Support Services include:

Behavioral Consultation and Technical Assistance- services which may include but are not limited to:

- Development and implementation of services designed to help facilitate inclusion in the community.
- Training, behavior support plans and/or specialized cognitive counseling.
- Consultation may be in home or in common community settings that the person needs to navigate (i.e., stores, offices, parks, etc.).
- Mental health services for participants transitioning from institutional to community settings, such as someone experiencing mild depression or anxiety related to their transition, in those instances where the authorized Medicaid benefit amount, duration or scope of service does not meet the individual's needs.

Example: A participant who may be experiencing depression or anxiety related to their transition.

For further eligibility and service descriptions click on link to [LTC manual](#)

Contracted Providers

**Community Choice Guides (CCG) P1 SA263
CCG shopping-client not present P1 SA266**

CCG - Rate: \$18.00 unit/\$72 per hr.; CCG service MAC/TSOA eligible.

CCG Shopping/Purchasing without client-Rate: \$10.00/unit, \$40/hr.

Referrals need to include Care assessment details and task and sustainable goals documents.

***If using CCG for coordinating environmental modification include property release statement as appropriate.**

| Provider # | Provider Name | Contact (questions, concerns, or complaints) |
|-------------------|---|---|
| P1# 102702405 | Full Life Care (FLC) 800 Jefferson Ste 620 Seattle, WA 98104 | Phone: (206) 224-3775 Fax: (206) 436-8388 Email: roads@fulllifecare.org |
| P1# 111413201 | Validus Consulting & Services (VCS) 24421 34th Ave Court East Spanaway, WA 98387 | Phone: (253) 847-7887 Fax: 1-866-823-7887 Email: referrals@validusconsulting.org |
| P1# 221898701 | Northwest Community Transitions (NWCT) 23001 20 th Ave SE Bothell – King County, 98021 | Phone: (425) 548-6199 Email: nwcommunitytransitions@gmail.com |

Behavior Support Services P1 H2019

Authorize 3 months at 80 units (20 hours) per month at \$37.50 unit (\$150 per hour).

Includes development of skills to work with care providers.

MAC/TSOA eligible

| Provider # | Provider Name | Contact (questions, concerns, or complaints) |
|-------------------|---|---|
| P1# 102702405 | Full Life Care 800 Jefferson Ste 620 Seattle, WA 98104 | Phone: (206) 224-3775 Fax: (206) 436-8388 Email: roads@fulllifecare.org Send a copy of the CARE assessment detail pages. |
| P1# 203955201 | Positive Awakenings 126 SW 148 th St C100 PMB 460 Burien, WA 98166 | Phone: (425)905-0608 Email: Dekel.Zuhri@yahoo.com Send a copy of the CARE assessment detail pages. |

Pest Control, Moving Service, Deep Cleaning
P1 SA297 RCL; P1 SA291 WA Roads

Rate: Cost will vary per authorization of service estimate and invoice.

Pest Control and Cleaning services are MAC/TSOA eligible.

At the discretion of the case manager and when desired by the client, a Community Choice Guide can be authorized to arrange

| Provider # | Provider Name | Contact (questions, concerns, or complaints) |
|-------------------|--|--|
| | Pest Control | |
| P1# 209454501 | Guard Pest Control 605 2 nd St, Suite 213 Snohomish WA 98290 | Kevin Taylor Phone: (206) 486-1110 Email: Kevintaylor@guardpestcontrol.com |

| | Cleaning | |
|---------------|--|---|
| P1# 203984601 | L & M Services/ ServiceMaster of Seattle 21220 87 th Avenue SE Woodinville, WA 98072 | Laura Mack Phone: (425) 637-9770 Email: lmack@soseattle.com |

| | Moving & Storage | |
|---------------|---|--|
| P1# 111323901 | Lincoln Moving & Storage 19018 62 nd Ave. S., Kent, WA 98032 | Offerskent@lincmove.com |
| P1# 225258801 | Olympic Moving & Storage II (also doing business as Bekins NW) 1017 S 344 th St, Federal Way, WA 98003 | Haley Rose: 253/242-4580 (direct) OR 253/838-3714 (Main) Email: haley@olympicmovers.net <u>Complaints:</u> Haley Rose: 253/242-4580 haley@olympicmovers.net OR Dave Gray: 253/838-7731 daveg@olympicmovers.net |