

Seattle-King County Advisory Council on Aging and Disability Services

*Develop a community that promotes quality of life, independence,
and choice for older people and adults with disabilities in King County.*

Advisory Council Holiday Party Agenda

Date: Friday, December 13, 2024

Time: 12:00 PM – 2:00 PM

Location: King Street Station Conference Room (3rd Floor, 303 South Jackson St.)

Zoom: <https://zoom.us/j/97866254838>

TIME	ACTIVITY
12:00 PM – 12:30 PM	Welcome and Lunch <ul style="list-style-type: none">• Arrival and registration• Opening remarks and welcome• Enjoy a light lunch
12:30 PM – 1:30 PM	Council Updates and Discussions <ul style="list-style-type: none">• Budget overview• Bylaw updates• Election of new officers
1:30 PM – 2:00 PM	Celebration and Recognition <ul style="list-style-type: none">• Reflecting on the year's accomplishments• Honoring outgoing members and those who have left in the past year• Presentation of certificates or other recognitions• Networking and socializing
2:00 PM	Closing Remarks <ul style="list-style-type: none">• Thank-You's, and final thoughts• Next steps and upcoming meeting dates

In association with the Area Agency on Aging for Seattle-King County and in partnership with:



City of Seattle



King County



Advisory Council on Aging and Disability Services

Advocating for local, state, and national programs that promote quality of life for older adults

and people with disabilities in partnership with Seattle Human Services and King County.

Advisory Council Meeting Minutes - **DRAFT**

November 8, 2024

Advisory Council Members, Dr. Joel Domingo, Joe Hailey, Tom Minty, Alex O'Reilly, Lorna Stone, Diana Thompson, Dick Woo, CM Marli Latimer

Guests: Sam Stones, SHIBA Program Lead, Solid Ground; Pamela Williams, Aj Foltz

HSD Staff: Michael Adusah, Maria Langlais, Mary Mitchell, Andrea Yip

1. **Presentation: SHIBA - Medicare Assistance Volunteer Program**

The SHIBA program is a state health Insurance benefit advisor program. The program is run and funded in partnership with the Office of Insurance Commissioner but managed locally by Solid Ground. SHIBA is a free program, and they educate volunteers on Medicare to help individuals compare plans and make informed decisions. Individuals were encouraged to compare plans using the Plan Finder tool on [Medicare.gov](https://www.medicare.gov) and to contact the plan directly for more information before enrolling.

View the [presentation link](#)

2. **Race and Social Justice (RSJ) Moment**

[Diversity, Equity, and Inclusion in Nonprofit Bylaws](#)

Council agreed to consider article recommendations when reviewing and updating its own bylaws

3. **Advisory Council Business**

MOTION: A vote was taken to approve the minutes from the meeting held on August 9, 2024.

Move to Accept: Lorna Stone moved to approve the August minutes.

Seconded: Joe Hailey.

Abstention: Dick Woo

Vote: Members voted in favor of approval without opposition or abstention.

- Bylaws

The bylaws need to be updated to align with the interlocal agreement, and to address diversity, equity, and inclusion. The RSJ article posted above contained suggestions for specific purpose statements and provisions for other directors to chair meetings. Recruitment of new members with a focus on geographic representation was discussed, and the potential for assistance from the Indigenous Advisory Council. The consensus was to have Michael draft the revised bylaws, incorporating the suggestions made, and to have a draft ready for the December meeting.

- Discussion of 2025 Discretionary Budget Memo [\[link\]](#)
Draft budget was shared with the council, Jessica Gardner will attend the December meeting to provide an overview and respond to questions from council members.

- Retreat Recap

Council reviewed action commitments and goals identified at the retreat. Alex O'Reilly observed the council had already made progress towards those goals. For example, in the Advocacy meeting earlier, there was a great presentation on estate recovery. Council will review personal action commitments at the December meeting.

- Recruitment & Call for Officers
In lieu of the of a nominating committee council members will contact Michael or Alex to express interest in serving as an officer.
- Seattle Indigenous Advisory Council
Alex reported making a great connection with the Indigenous Advisory Council and was a good start in reaching out to other advisory boards and commissions to learn what they do. This could also be an opportunity for recruiting from organizations working with indigenous people in Seattle and King County.

4. Reports from Committees and Councils

- Advocacy Committee – Diana Thompson
The committee had a presentation from an attorney with the Northwest Justice Project on estate recovery from Medicaid recipients. [\[link\]](#)

Michael assisted with scheduling meetings with legislators or their assistants. In November meetings are scheduled with Senators Pedersen and Nguyen's legislators, and in December with Representative Nicole Macri is scheduled. Diana suggested broadening our reach to legislators throughout King County and learning which committees impact seniors.

- NW Universal Design Council - Tom Minty
Reminder there is a Steering committee meeting next Tuesday at 2pm.
- Mayor's Council on African American Elders (MCAAE) – Pamela Williams
Last week was the Caregivers Forum—A Legacy of Love, featuring Beverly Kimmons, Director of Diversity and Inclusivity for the Alzheimer's Association as keynote speaker. Her presentation was very well received by the audience.

The MCAAE is actively recruiting new members; the next meeting is Friday, November 15th. Anyone interested in attending a meeting should contact [Eldad Mekuria](#) for more information. The December meeting will have elections of new officers and a good time for anyone thinking about joining the council. The January meeting will have a guest speaker from the long-term care ombudsman program.

- Age-Friendly Seattle
Alex O'Reilly and Barb Williams have been working with Meg Woolf on becoming age friendly ambassadors. Alex participated in an anti-ageist discussion with the King County Women's Advisory Board. Their advisory board has set older adults as their next focus for study in 2025.

Meg Woolf received a request from the South Sound Living Community to have a discussion on an anti-ageist curriculum. Alex and Meg will travel to Gig Harbor on January 27th to help with the discussion.

The next phase in anti-ageism training is developing a module for healthcare professionals that is anticipated to be released in early 2025. The Age-Friendly team provided a great presentation at the Ballard/U District Lions Club.

The Gold Card and Flash Card programs have been so popular that ADS is reordering supplies.

The last Civic Coffee of the year will be November 21st at Neighborhood House and will be focused on transportation.

5. Reports / Action Items from AAA Partners

- King County, Department of Community and Human Services
Age-Friendly is offering their anti-ageism training to a class of human services students.

Traci Adair reported VSHSL has almost all the senior specific procurements complete. She will be sharing the slate of providers being funded through this iteration of the levy in 2025.

VSHSL is working on a LGBTQ+ Forum in early 2025, and anyone interested in participating in the planning should contact Traci.

- **Sound Cities Association – AJ**

SCA is currently going through their nomination process for next year. They hope to increase active engagement from their members and welcomes ideas. A new policy analyst was hired; however, AJ will continue staffing this council. SCA will have a new executive director in January.

Their legislative agenda is being updated and policy staff will likely be going to Olympia at least once to engage on issues. AJ asked members to reach out to her if they wish to engage with SCA in any way or if there are issues of importance to any of their member cities.

6. Advisory Council in the Community

Joe Hailey encouraged everyone to view Dr. Joel's short commentary about the election on his LinkedIn page.

7. ADS Director's Report, Mary Mitchell

There was a screening of a documentary at the African American Care Givers Forum entitled "Today Was a Good Day," about three caregivers in Michigan. Participants at the forum engaged in a Q&A session with the director, David Wilde. [\[link\]](#)

On November 6 and 7, the City of Seattle Human Services Department partnered with the Korean Medi Food group featuring 9 chefs from Korea. There will be several community building food demonstrations in Washington.

HSD closed the Renton location at Times Square on August 31 and are now in the construction phase at the new location at Triton Towers.

Mary discussed the successful intergenerational collaboration involving Advisory Council members and YFE interns, which aimed to understand the perspectives of different generations on the WA Cares program.

ADS is close to being fully staffed on the care coordination team; they are down to 1 vacancy.

Other Announcements

The December meeting will be in person at the King Street Station conference room, details to follow. The August minutes will be amended slightly after receiving more information from Waing Waing about funding of senior centers.

