



# Advisory Council on Aging and Disability Services

Advocating for local, state, and national programs that promote quality of life for older adults and people with disabilities in partnership with Seattle Human Services and King County.

## Agenda and Announcement for the Aging and Disability Services Advisory Council Meeting Friday, November 8, 2024 Virtual Meeting

Join us on Zoom: <https://zoom.us/j/96029301811>

Agenda / Schedule	
10:00 - 11:30 am	Advocacy Committee (see attached agenda)
12:00 – 12:55 pm	Presentation: SHIBA - Medicare Assistance Volunteer Program Sam Stones, SHIBA Program Lead, Solid Ground
12:55 - 1:05 pm	<a href="#">Race and Social Justice (RSJ) Moment: Diversity, Equity, and Inclusion in Nonprofit Bylaws</a>
1:05 - 1:55 pm	<p><b>Advisory Council Business</b></p> <p>I. Approval of August Minutes (5 min)</p> <p>II. Updating Bylaws (5 min)</p> <p>III. Discussion of 2025 Discretionary Budget Memo (5 min)</p> <p>IV. Reports from Committees and Councils (15 min)</p> <ul style="list-style-type: none"> <li>○ Advocacy Committee – Diana Thompson</li> <li>○ VSHSL Board Seniors Committee - Cindy Snyder</li> <li>○ NW Universal Design Council - Tom Minty</li> <li>○ Mayor’s Council on African American Elders – Pamela Williams</li> <li>○ Age-Friendly Seattle</li> </ul> <p>V. Reports / Action Items from AAA Partners (10 min)</p> <ul style="list-style-type: none"> <li>○ King County, Department of Community and Human Services</li> <li>○ Public Health Seattle-King County</li> <li>○ Sound Cities Association</li> </ul> <p>VI. Advisory Council in the Community (5 min)</p> <p>VII. ADS Director’s Report, Mary Mitchell (5 min)</p>
1:55 – 2:00 pm	Other Announcements
2:00 - 2:15 pm	Executive Committee

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In partnership with:



## **Next Advisory Council Meeting**

Friday, December 13 from Noon to 2pm

This will be an in-person event to celebrate your 2024 accomplishments.

Location will be finalized soon!

Please contact [aginginfo@seattle.gov](mailto:aginginfo@seattle.gov) with questions or to request accommodations for ADS Advisory Council meetings, or call 206-684-0660

# ADS Advisory Council Advocacy Committee Meeting

**November 08, 2024**

**10:00 to 11:30 AM**

**Virtual Meeting**

Join us on Zoom: <https://zoom.us/j/94672373046>

## AGENDA

Item	Who	Time
<b>Welcome and Approval of July Meeting Minutes</b>	Committee Chair	5 min
<b>Estate Recovery</b> Northwest Justice Project (NWJP) attorney, Meredith Grigg, will join the meeting to help committee members better understand estate recovery and related advocacy opportunities.	Meredith Grigg	20 min
<b>Advisory Council Check-in</b> Members Share information on recent advocacy and partnership activities and emerging issues. As a result, members will have a better understanding of the committee's collective work and identify connections that support their advocacy priorities.	All	20 min
<b>Advocacy Issues</b> Federal, state, and local updates. <ul style="list-style-type: none"><li>• Election result debrief—what we know, don't know about impacts on state and federal aging policies.</li><li>• October state advocacy meetings—feedback, learnings</li><li>• Prep for 2025 legislative session – priorities, appts, key dates</li></ul>	ADS Staff	20 min
<b>Closing</b> <ul style="list-style-type: none"><li>• Review of Action Items</li></ul>	Michael	1 min



**Advisory Council on Aging and Disability Services**  
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**DRAFT Advisory Council Meeting Minutes**

August 9, 2024

Advisory Council Members

X	Alex O'Reilly		Dick Woo		Lorna Stone
X	Barb Williams	X	Dolores Wiens		CM Marli Larimer (Kent)
	CM Cathy Moore (Seattle)	X	Joe Hailey		Patricia Schnepf
	Cindy Snyder	X	Dr. Joel Domingo		Tom Minty
X	Diana Thompson		CM Kim-Khánh Vãn (Renton)		Zelda Foxall

Guests: Laura Loe, Program Manager for Hopelink; JJ Wong; Hannah Kimball

AAA Partners: Traci Adair, Andie Parnell, AJ Foltz

HSD Staff: Michael Adusah, Maria Langlais, Dinah Stephens, Mary Mitchell, Irene Stewart, Allison Boll; Eldad Mekuria

**I. Presentation:**

- Find a Ride, Puget Sound’s One-Call/One-Click System – Laura Loe

**II. Race and Social Justice Moment** – A video link was distributed prior to the meeting:

[Race and Social Justice \(RSJ\) Moment: What DEI Gets Wrong — and How to Do It Right | Paolo Gaudiano | TED](#)

Some observations:

- If DEI is mechanical, it never works. It is best to lead with intent and bring out the best in people.
- Learning how to talk DEI without loaded language; unpack nuances of language.
- Nothing About Us Without Us – new state legislation just passed. People who have lived experiences must be included in commissions and other bodies in WA state.
- Inclusion is what you do, diversity is what you get. Those with privilege don’t recognize the absence of it. Those in positions of authority tend to be privileged and are the worst possible people to lead these efforts.

**III. Advisory Council Business**

**MOTION:** A vote was taken to approve minutes from the meeting on July 12, 2024. All members voted in favor of approval without opposition or abstention.

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- **Age-Friendly Seattle (AFS) – Dinah Stephens**
  - Thanks to Barb and Alex for continuing to be anti-aging/anti-ageism ambassadors.
  - Staff met with the Planning Commission a few weeks ago and continue to roll out this training across the city. Twenty-two Seattle departments have taken the training thus far.
  - Twenty-five new businesses were added to the Gold and Flashcard Discount Directory, the newest is the Pacific Northwest Ballet offering a 50% discount.
  - Continued good attendance at the Civic Coffee events.
  - Staff will have a demonstration at the Seattle Design Festival next weekend.
  - Working on a pilot project for a more efficient model for home care delivery.
  - This is Dinah’s last meeting before taking maternity leave in a few weeks; she expects to return to work in January.
  
- **Advocacy Committee – Diana Thompson**
  - The committee continued discussion of their concerns regarding Initiatives 2109, 2117, and 2124 which will be voted on in November.
    - Initiative 2109 would repeal the 7% capital gains tax.
    - Initiative 2117 would dismantle Washington’s Climate Commitment Act and prohibit state agencies from imposing any type of carbon tax credit trading.
    - Initiative 2124 would allow Washington workers to opt out of the Washington Care Fund. The concern about making participation voluntary is that persons less likely to need care (those with higher incomes) will elect to drop out, creating a financial death to the program. Diana wrote an article for the Seattle Times and plans to submit in September.
  - Medicare challenges. In the past few years, the cost of living has gone up, while the amount paid to doctors has gone down. Next year the intent is to pay doctors even less for those with Traditional Medicare than through Medicare Advantage. The committee will be studying this further to determine whether to take a take a position on this issue.
  - More members are needed for the advocacy committee. Discussed how to reach out to individuals who may be interested as well as to agencies in the community. Interested parties should come to a meeting or speak with Michael to get information.
  
- **Planning and Allocations Committee –Joe Hailey**

Waing Waing provided a presentation on senior centers including a brief

history, a map showing centers by district, and how these centers are funded. The two major funding streams are from the City of Seattle and King County. Waing Waing also discussed efforts to streamline funding by having a single application process. Currently, senior centers have to apply to the City and County separately. Until there can be a single application for both City and County, the City will use a similar set of questions as those used by the County. This would allow nonprofits to duplicate responses for both applications. The funding target for the next cycle is for 17 centers

**MOTION:** Barb moved to accept the modified guidelines that were presented by Lorna at last month's meeting. Joe seconded, and the motion passed.

- **VSHSL Board Seniors Committee – Cindy Snyder**

Alex reported receiving an email from the committee head regarding reappointing some members, and clarifying how the process would take place.

- **NW Universal Design Council – Tom Minty**

No report.

- **Mayor's Council on African American Elders – Pamela Williams**

The Council has been working with Mary Mitchell and the Age Friendly team on support for the commission following Karen Winston's retirement in September. The discussion will continue at their August meeting. The Council is actively recruiting for members and placed an article in the King County newsletter. Pamela asked if anyone knew of persons interested in joining the Council. Interested parties are welcome to attend the August meeting; contact Karen Winston for details and location.

### III. Reports / Action Items from AAA partners

- King County, Department of Community and Human Services (DCHS)
  - DCHS is hosting a provider summit on August 20, which is open to all providers who receive DCHS funding. Traci believed it was already full; if there are any DCHS providers who haven't signed up, please contact Maria and she will connect them to Traci.
  - The village request for proposal process just closed and the RFP for health promotion is now open.
- **Public Health Seattle-King County (PHSKC)**

- PHSKC released their 2024-2029 strategic plan which outlines their approach to addressing urgent health challenges, embedding racism as a public health crisis into all their work, and strengthening their core functions to promote and protect health. PHSKC has received feedback from 100 community and health partners and hundreds of employees via listening sessions.
- State funding. The governor and state budget director informed agencies that tax collection will likely support the maintenance of current programs, but not growth. This impacts the health department and local health jurisdictions.
- PHSKC is developing their priorities for the next legislative session -- they expect ensuring access to health coverage, addressing substance abuse, and preventing gun violence will be their focus areas.
- Joe asked if there was information available on the latest Covid booster. Maria shared [PHSKC website link](#) for more information about boosters that will be available in the fall.

- **Sound Cities Association (SCA) – Andie Parnell**

Andie introduced the new policy analyst, AJ Foltz, who will be staffing members on the ADS advisory council. Alex suggested that AJ may wish to attend an advocacy committee meeting in the fall to share what SCA is working on and where there may be some overlap on issues of interest to the committee. Alex asked if SCA worked on state and federal issues, and AJ confirmed they do both.

#### IV. **Advisory Council in the Community**

- Diana asked Irene if the article for the Seattle Times could also be published in our monthly bulletin. Irene would need to see the article first to ensure it complies with city ethics office rules.
- Alex discussed her participation on one of the King County Mobility Coalition’s subcommittees – Access to Healthcare and Well Being. That subcommittee is doing research about a program available in other parts of the country, mainly in Connecticut, called Trusted Riders. This would be for people who have procedures performed in a hospital who are not kept overnight but cannot go home without a companion to remain with them for 24 hours. King County offers volunteer transportation, but this doesn’t include providing a responsible adult to remain with the person. Alex will keep everyone posted how to bring such a program to King County.

#### V. **ADS Director’s Report – Mary Mitchell**

- The W4A meeting took place this week. Planning for the October 16 Advocates Conference is ongoing, and Mary is seeking input from the Advisory Council on breakout session topics, such as advocacy 101, poverty

reduction, WA Cares Fund, dementia, and housing. Suggestions should be sent to Michael.

- The remote caregiver pilot, led by Catholic Community Services and AL TSA, is still active but hasn't received referrals yet. The service will offer tablet devices for assistance with daily living activities like medication reminders.
- The state plans to form a workgroup to streamline the area plan. ADS will ensure Advisory Council continues to be involved in area plan development.
- The Department of Corrections presented its reentry program, focusing on health services and support for individuals reentering society. Efforts are underway to connect with those being released into King County.
- The Washington Cares Fund outreach campaign aims to achieve equitable participation across communities when the program launches. ADS is engaged in an intergenerational outreach project involving summer youth interns, who will work on video and branding projects to promote WA Cares, including filming testimonials. Filming is targeted for August 19-23.
- The Renton office is relocating from Times Square (near Ikea) to Triton Towers, closer to downtown Renton. Lena Tebeau is overseeing the project. An open house will be scheduled once the move is complete.
- City staff will be required to work in the office three days a week starting November, up from the current two days.

**Meeting Adjourned**