



# African American Caregivers Forum

## *Legacy of Love*

A unique, culturally-focused event that draws family caregivers from throughout the Pacific NW



REGISTER NOW!

## Legacy of Love 2024

The African American Caregivers Forum is an annual event with a special focus on memory care, presented during National Family Caregivers Month. Professionals and family caregivers will share their challenges and joys in caring for loved ones.

**Saturday, November 2 — 10 am to 3 pm**

Northwest African American Museum  
2300 S. Massachusetts St., Seattle

REGISTER IN ADVANCE — Pre-register for this free event to receive updates and follow-up information:  
[tinyurl.com/24LegacyOfLove](https://tinyurl.com/24LegacyOfLove)

KEYNOTE SPEAKER — Beverly Kimmons, Director - Diversity, Equity, Inclusion & Community Outreach, Alzheimer's Association, Washington State Chapter



**Beverly Kimmons**

PANEL — Caregiver experiences with moderator Sharon Sobers-Outlaw, MSW  
Q&A with filmmaker David Wild, *Today Was a Good Day*

PRESENTATION — End of Life Pre-Planning with Cydney Barnes, Owner and CEO, Live to Leave Your Legacy

TAKEAWAYS — Reminding us to recognize, support, and empower family caregivers; finding balance in providing care despite the demands of work and family; and accessing a wealth of community services and supports.

INFO — To request accessibility information or an accommodation, or for other information, e-mail [Eldad.Mekuria@seattle.gov](mailto:Eldad.Mekuria@seattle.gov).



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