



Advisory Council on Aging and Disability Services

Advocating for local, state, and national programs that promote quality of life for older adults and people with disabilities in partnership with Seattle Human Services and King County.

Advisory Council Meeting Minutes

May 10, 2024

Advisory Council Members

X	Alex O'Reilly		Dick Woo	X	Lorna Stone
X	Barb Williams	X	Dolores Wiens (Pending)	X	CM Marli Larimer (Kent)
	CM Cathy Moore (Seattle)	X	Joe Hailey	X	Patricia Schnepf (Pending)
	Cindy Snyder	X	Joel Domingo (Pending)	X	Tom Minty
X	Diana Thompson		CM Kim-Khánh Vãn (Renton)	X	Zelda Foxall

Guests: Lynne Korte, Hannah Kimball, Kari-Mae Miles, Pamela Williams (MCAAE)

AAA Liaisons: Mariel Torres-Mehdipour, PHSKC; Traci Adair, King County DCHS

HSD Staff: Maria Langlais, Irene Stewart, Dinah Stephens, Andrea Yip, Saba Mir, Allison Boll, Mary Mitchell, Naisha Williams,

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- The Health and Human Services Committee approved Patricia Schnepf, Dolores Weins and Joel Domingo and they will be approved as formal members at the next full City Council meeting
 - Kudos to Maria Langlais for covering as meeting Liaison while Michael Adusah is out.

Presentation

- Dementia Action Plan – Lynne Korte, AL TSA Dementia Care Program Manager
Please see [presentation](#) for more details.

Race and Social Justice Momenta

- A video link [The Myth of Race, Debunked in 3-Minutes](#) was distributed prior to the meeting and a discussion was held during the meeting with major takeaways being:
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 - A succinct and powerful description of how race is a social construct. Race is a myth – Racism is not a myth-- the racism that flows from that made-up construct is real.
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Office:
Seattle Municipal Tower
700 5th Avenue, 51st Floor
Seattle, WA 98124

Mailing:
Aging and Disability Services
PO Box 34125
Seattle, WA 98124

Telephone: (206) 684-0660
TTY: (206) 684-0274
FAX: (206) 684-0689
ADSAdvisoryCouncil.org

In partnership with:



- The concept of race has been used to suppress people and has been institutionalized through policy and legislation.
- Any social construct that makes people different is something to be leery of -- good reminder to all of us to think more deeply on the language, "that's racist".
- Isabel Wilkerson wrote A Warmth of Other Suns, and the thesis says that Race (as applied to the USA) impacted the Jim Crow South and was the template for racial subjugation in Nazi Germany.
- Race is at the surface, and we lead with it explicitly, but there are other intersecting factors such as race, class, gender, ability, and age that compound racism.

Advisory Council Business

I. Acceptance of Prior Meeting Minutes – Alex O'Reilly

MOTION: A vote was taken to approve minutes from the meeting held April 12, 2024. The minutes were accepted as written with additional comments.

Move to Accept: Lorna Stone

Seconded: Joe Hailey

Vote: All members voted in favor of approval without opposition or abstention.

Outcome: The April 12, 2024, approved minutes will be corrected, finalized, and posted.

II. Reports from Committees and Councils

- Advocacy Committee – Maria Langlais
 - USAging sent out an Advocacy Alert for OAA Appropriations.
 - The Design Commission recommended that the Skyline Skybridge CCRC project proceed and our support for the project was called out in the meeting.
 - Several council members weighed in on the Seattle Comprehensive Plan.
 - The Legislation Session is over, and the committee will start considering priorities for 2025; staff will support in developing talking points and making appointments for meetings with legislators.
 - Shout out to Diana Thompson, who was recognized by the Bellevue Mayor and the Bellevue Network on Aging for her 18 years of service.
- Planning and Allocations Committee - Lorna Stone
 - Met last Monday and discussed the Client Profile Report, the Area Plan Budget. The Client Profile Report is a demographic summary of clients served by ADS programs. People may not be willing to identify themselves ethnically which presents as "unknown" in the report, which makes it difficult for ADS to assess the impact on addressing disparities. This report comes to the full council later this year.
- VSHSL Board Seniors Committee
 - No Report
- NW Universal Design Council - Tom Minty
 - We are registered for the Seattle Design Festival.

- Attended the Fair Housing Conference last month and spoke to the Tacoma Pierce County Association of Realtors about Accessibility and Universal Design.
- Mayor's Council on African American Elders - Pamela Williams
 - The Fraud Awareness and Prevention Committee presented The Top Scams of 2024 at the April meeting. Scams include Check Clicking, Voice Print, the Delayed Action Sweepstakes the Virtual Celebrity, Multi-Stage Grandparents and Paris Olympics.
 - In partnership with the Age Friendly Team, the sub-committee submitted a letter to the Office of Planning and Community Development on our One Seattle Comprehensive Plan concerns, which included: missing needs of older adults on limited incomes; affordable housing for older adults, people with disabilities, and service works; increasing pressures from migration; and new and future transportation options that will impact neighborhoods.
 - The May meeting will include a presentation about the Age Friendly Anti-Ageism Training. Email [Karen Winston](#) for more information.
- Age-Friendly Seattle (AFS) – Dinah Stephens
 - Washington has committed to becoming an Age Friendly and Dementia Friendly state.
 - The public-facing version of [We](#)

- DCHS staffs the King County Women’s Advisory Board, and they are excited to take the community version of the Age Friendly Anti-Agism Trainings.
- We’re reading the Area Plan and may attend the Advisory Council to ask questions.
- Public Health Seattle-King County (PHSKC)– Maria Langlais
 - Close to releasing the Strategic Plan and inviting people to related conversations: <https://kingcounty.gov/en/dept/dph/about-king-county/about-public-health/strategic-planning>
- Sound Cities Association (SCA)
 - No updates were provided this month.

IV. Advisory Council in the Community

- Alex O’Reilly
 - Kimberly Meck (Executive Director of the Disability Empowerment Center King County) will be speaking about their work on advocacy at our June Meeting.
 - Meeting with the Executive Director Seattle Human Services Coalition next week, to find out how they focus on older adults.
 - It would be great to have the King County Women’s Commission attend a future meeting to talk about what their work is and how we may work with them on their focus areas.
- Lorna Stone
 - Attended an activity at the Southeast Seattle Senior Center and had conversation with social worker about needs they are seeing in community.

V. ADS Directors Report - Mary Mitchell

- Attended the City Council presentation of the OAA Proclamation:
 - [Video of Council presentation](#)
 - [Older Americans Month Proclamation](#)
- Congratulations to our three new nominees for being approved by the Seattle City Council’s Housing Human Services Committee: Patricia Schnepf, Dolores Weins and Joel Domingo.
- Met with the Seattle Human Services Coalition’s (SHSC) Seniors Committee last Friday. They extend their thanks and appreciation to Lorna Stone for meeting with Southeast Seattle Senior Center staff. SHSC is working to develop their priorities for City funding for human services, including requesting additional funding for meal delivery and social work support (specifically mental health).
- ADS helping the state raise awareness about WA Cares benefits, and will be participating in a media campaign, which will include Interviews with local media organizations.

ACTION: Mary Mitchell to send out more information on WA Cares.

ACTION: Maria Langlais will inform WA Cares team that we need content that is concise, simple, and easy to digest and repeat.

Other Announcements

- Barb Williams is participating in a demonstration of Tai Chi for Elders tomorrow at Mercedale Park from 4:00-5:30pm, and another will be held at the Seattle Armory next week at 4:00pm. It's an opportunity to be active, learn something to challenge your brain and keep your body going.

Meeting Adjourned