



Advisory Council on Aging and Disability Services

Advocating for local, state, and national programs that promote quality of life for older adults and people with disabilities in partnership with Seattle Human Services and King County.

To: ADS Advisory Council Members and interested others
From: Alex O’Reilly, Chair, Aging and Disability Services Advisory Council
Subject: ADS Advisory Council February Meeting Agenda
Contact: Michael Adusah <Michael.adusah@seattle.gov>

Agenda and Announcement for the
Aging and Disability Services Advisory Council Meeting

Friday, April 12, 2024 – HYBRID MEETING
IN-PERSON LOCATION 700 FIFTH AVE, 40TH FLOOR ROOM 4050, SEATTLE, WA 98104

Join us on [Zoom](#)

<https://us02web.zoom.us/j/2614069852?omn=85633344486>

Agenda / Schedule	
10:00 - 11:30 am	Advocacy Committee (see attached agenda)
12:00 – 12:55 pm	Presentation of hoarding by: Kiana Parker from SDOT
12:55 - 1:10 pm	Race and Social Justice (RSJ) Moment 3000-year-old solutions to modern problems Lyla June TEDxKC Please watch this 13 minute video in preparation for our discussion on Friday
1:10 - 1:50 pm	Advisory Council Business I. Approval of March Minutes II. Reports from Committees and Councils (20 min) <ul style="list-style-type: none"> ○ Advocacy Committee – Diana Thompson ○ Planning & Allocations Committee - Lorna Stone ○ VSHSL Board Seniors Committee - Cindy Snyder ○ NW Universal Design Council - Tom Minty ○ Mayor’s Council on African American Elders – Pamela Williams ○ Age-Friendly Seattle - Dinah Stephens III. Reports / Action Items from AAA Partners (10 min) <ul style="list-style-type: none"> ○ King County, Department of Community and Human Services ○ Public Health Seattle-King County ○ Sound Cities Association

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In partnership with:



	IV. AC in the community V. ADS Director’s Report, Mary Mitchell (10 min)
1:50 - 1:55 pm	Other Announcements
1:55 - 2:10 pm	Executive Committee

Upcoming Advisory Council Meetings and Other Advocacy Events

Next Advisory Council meeting May 10, 2024

Please contact Michael Adusah with questions or to request accommodations:
(206) 471-2229 or michael.adusah@seattle.gov

ADS Advisory Council Advocacy Committee Meeting

April 12, 2024 - 10:00 to 11:30 AM

HYBRID MEETING

IN-PERSON LOCATION 700 FIFTH AVE, 40TH FLOOR ROOM 4050, SEATTLE, WA 98104

Join us on [Zoom](#)

<https://us02web.zoom.us/j/2614069852?omn=89084044664>

AGENDA

Item	Presenter	Time
1. Welcome and Approval of March Meeting Minutes	Committee Chair	5 min
2. Advisory Council Check-in Share information on recent advocacy and partnership activities and emerging issues. As a result, members will have a better understanding of the committee's collective work and identify connections that support their advocacy priorities.	All	40 min
3. Advocacy Issues Federal, state, and local updates.	ADS Staff	30 min
4. Closing <ul style="list-style-type: none">Review of Action Items	Michael	1 min



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Advisory Council Meeting Minutes

March 8, 2024

Advisory Council Members

x	Alex O'Reilly		Dick Woo	x	Lorna Stone
x	Barb Williams		Dolores Wiens		Marli Larimer
	Cathy Moore	x	Joe Hailey		Patricia Schnepf
x	Cindy Snyder		Joel Domingo	x	Tom Minty
x	Diana Thompson		Kim-Khánh Văn	x	Zelda Foxall

Others Present

Guests: Kari-Mae Miles (VAPSHCS), Cricket Farr (Full Life Care)

AAA Partners: Traci Adair (King County DCHS), Andi Parnell (SCA), Vedrana Durakovic (Sound Generations), Pamela Williams (MCAAE).

HSD Staff: Michael Adusah, Maria Langlais, Allison Boll, Jessica Gardner, Andrea Yip, Irene Stewart, Karen Winston, Mary Mitchell, Naisha Williams, Kevin Mundt,

WELCOME

We have 3 new (soon to be officially approved) voting members:

- Dolores Wiens
- Joel Domingo
- Patricia Schnepf

PRESENTATION

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Hoarding: How Much is Too Much? (Catherine “Cricket” Farr, MA., CMHC, GMHS)

A presentation on Hoarding was given by Catherine “Cricket” Farr, Director of Housing Stabilization and Supports at Full Life Care. Catherine is also Co-Chair of the NW Hoarding Coalition with Ashley Craft, Clutter Support Coordinator at Seattle Housing Authority. The presentation focused on identifying what is Hoarding Disorder (and what it is not), learning what you can do, (and not do) to help someone who hoards, and some tools you can use today. Conversation highlights included:

- We live in a consumer-oriented society which can contribute to the issue of hoarding.
- Situations vary; it can be because older adults downsize which requires the willingness to part with items, though there is a difference between high-clutter and hoarding.
- There is no data or programs on un-housed individuals, though conversations are taking place.
- This is a serious mental health disorder.
- The original research was not done with just older adults, but people of all ages.
- If you have questions about hoarding: <https://fulllifecare.org/northwest-hoarding-coalition/>

Please see the attached presentation for more details.

RACE AND SOCIAL JUSTICE MOMENT

RADI-AID for Corporations – Michael Adusah

A video link <https://www.radiaid.com/> was distributed prior to the meeting and a discussion was held during the meeting with major takeaways being:

- Fundraising ads are designed to pull at heart strings by highlighting deficits of individuals they try to raise funds for.
- The deficit approach flips the messaging for well-meaning campaigns.
- Legislation just passed “Nothing About Us Without Us” focuses on inclusion of the audience.
- Please note that the video is satirical in nature to address “What responsibility does corporations have in terms of telling nuanced stories about the world and their work with social responsibilities?”

ADVISORY COUNCIL BUSINESS

I. ACCEPTANCE OF PRIOR MEETING MINUTES – Alex O’Reilly

MOTION: A vote was taken to approve minutes from the meeting held February 9, 2024. The minutes were accepted as written without added comment.

Move to Accept: Barb Williams

Seconded: Cindy Snyder

Outcome: The February 9, 2024, approved minutes will be posted as written.

II. REPORTS FROM COMMITTEES AND COUNCILS

Advocacy Committee - Diana Thompson

- The Skyline Skybridge Task Force is asking that the council write a letter of support for a skybridge to be built connecting the two buildings (Skyline Continuing Care Community building and Olympic Tower) across 8th avenue due to falls and injuries occurring when crossing the street. There are about 20 falls annually when crossing between the two buildings and one 911 call was made due to injuries related to a fall.

MOTION: A vote was taken to approve the writing of a letter of support for building a Skybridge between the Skyline Continuing Care Community Buildings on both sides of 8th Avenue.

Move to Accept: Alex O'Reilly

Seconded: Cindy Snyder

Outcome: The motion has passed, and Michal Adusah will draft a letter of support for the construction of a sky bridge being built.

- They are getting \$15 million for nutrition, which will fund many programs all over the state.

Planning and Allocations Committee - Lorna Stone

- The Quarterly Community Review was held last week, and it would be useful for the council to discuss it as an agenda item.
- Hoping to hear more soon on the RFP and RFQs being put out now with the city budget freeze on grants over \$1 million.

VSHSL Board Seniors Committee

- No updates were provided this month.

NW Universal Design Council - Tom Minty

- A presentation was given yesterday on NWUDC at the South King Housing and Homeless Partners, and it was well received.
- The Steering Committee Meeting is next Tuesday at 2:00 p.m.

Mayor's Council on African American Elders - Pamela Williams

- The February event for Black History Month included three programs serving African Americans. Panelists included Margaret Boddie (Program Manager of African American Elders Program Catholic Communities), Nacala Ayele (Board Chair of Harriet Tubman Center for Health and Freedom Program), and Nathan Yamane (founder and Executive Director of Health Heart N' Soul Hospice). This was our first hybrid meeting of 2024 and there were over 35 attendees.
- The March 15th meeting will have representatives from the Centers for Medicare and Medicaid with presentation on those services and Marketplace health insurance.

Age-Friendly Seattle (AFS) – Michael Adusah

- The Social Connectivity Network is being launched to bring together people to discuss current efforts to help keep older adults connected.
- The next Civic Coffees are being held at CISC and cover how to spot fake news and summer entertainment opportunities.
- The public-facing Anti-Ageism Trainings are heading into production, and internet rollout with COS employees.
- Debrief discussions scheduled with Parks and Animal Shelter staff.
- The AFS Strategic Framework is now posted online.

III. REPORTS FROM AAA PARTNERS

King County Department of Community and Human Services – Traci Adair

- VSHSL Board will be meeting next month.
- VSHSL Older Adult and Elder Aging Team launched the first procurement from the renewed levy (the Senior Center Procurement). The procurement closes next week, then we'll know which centers come into the King County Senior Center Network.
- Procurement for Villages, Caregiving Supports, and Health Promotion are rolling out.
- Coordinating with Age Friendly on Emergency Outreach and supplying vulnerable older adults with emergency supplies through a Department of Health grant. This work is being highlighted at the American Society on Aging Conference in March.

Public Health Seattle-King County

- No updates were provided this month.

Sound Cities Association - Andi Parnell

- Many city leaders are headed to the National League of Cities Conference to talk about Health and Human Services, Transportation, and Housing.

IV. ADVISORY COUNCIL IN THE COMMUNITY

Alex O'Reilly:

- Trying to get information out about the property tax relief for seniors and people with disabilities.
- Met with the new director of Greenwood Senior Center and sent her the link to Community Living Connections.

Joe Hailey

- Reached out to Community Living Connections on behalf of a friend to see if he qualifies for Caregiver Respite help and passed along that information.

V. ADS DIRECTOR'S REPORT - Mary Mitchell

- Maggie Thompson has accepted the permanent role as HSD Deputy Director. Division Directors (Safe and Thriving, Youth and Family Services and ADS) will continue to report to the Interim Deputy Director, Anne Lee.
- Contract Manager III position is open in ADS:
<https://www.usaging.org//Files/2024%20APB%20Agenda%20for%20Website.pdf>
- Attending the USAging Policy Briefing Conference next week in Washington D.C.
<https://www.usaging.org/2024apb>
- Received funding for WA Cares Long Term Care Benefit outreach (Raising awareness, enrollment, navigating options, etc.).
- Teams are providing documents to ALTSA for the onsite monitoring visits on April 2-5, 2024.
- ADS's Investment Processes for Senior Centers will be delayed. Agencies qualified through the VSHSL Investment Process will be invited to participate in the Senior Center process.
- In addition to the hiring freeze, the city is reviewing all contracts over \$1 million as part of their budget gap analysis.

OTHER ANNOUNCEMENTS

Tax Relief Presentation - Alex O'Reilly

- A presentation by the King County Assessor's Office (how to get information on tax relief eligibility requirements for seniors and people with disabilities out to communities) is scheduled for June. After the presentation, volunteers from AARP will help eligible people fill out their applications. If you are interested in setting this up in your neighborhood or community, email Michael Adusah.

Upcoming Advisory Council Meetings and Other Advocacy Events

- The next Advisory Council Meeting is scheduled for April 12, 2024, and will be held in person at the Memory Hub.

Meeting Adjourned



Advocacy Committee Meeting Minutes

March 8, 2024

Advocacy Committee Members: Alex O'Reilly, Barb Williams, Zelda Foxall, Barb Williams, Joe Hailey, Dolores Wiens

Guests: Doug Palmer (Skyline Resident Taskforce)

AAA Partners: Vedrana Durakovic (Sound Generations),

HSD Staff: Maria Langlais, Michael Adusah

1. ACCEPTANCE OF PRIOR MEETING MINUTES

MOTION: A vote was taken to approve minutes from the meeting held February 9, 2024. The minutes were accepted with additional comment: *Correct the misspelling of AAPR on page 2 under Zelda Foxall comments.*

Move to Accept: Barb Williams

Seconded: Alex O'Reilly

Outcome: The February 9, 2024, approved minutes will be corrected, finalized, and posted.

2. SKYLINE SKYBRIDGE TASK FORCE (Doug Palmer, Skyline Resident Taskforce)

- The Skyline Continuing Care Retirement Community has 425 residents in two buildings (original campus to the east of 8th Avenue and new building – Olympic Tower – to the west) divided by 8th Avenue. Facilities and activities in the original campus and the tower are not duplicated in the other and the proposed skybridge across 8th Avenue would integrate the tower with the rest of the community.
- A survey showed 50% + of residents don't cross 8th Avenue at all due to the fear of falling meaning facilities and community activities on the other side of 8th Avenue are closed to them, increasing their risk of social isolation.
- There are serious safety issues in crossing 8th Avenue from one side of the skyline campus to the other, mostly falls, one involving a 911 call resulting in traffic delays on 8th Avenue.
- There is no practical way to address the safety concerns other than a skybridge which are not encouraged in Seattle as city policy favors a vibrant pedestrian streetscape.

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- Skyline applied for skybridge when the Olympic tower was in the planning stages (2017) but was not able to get a favorable recommendation from SDOT.
- We believe this safety issue calls for an exception to the general rule against skybridges as the north and south foot traffic on 8th Avenue would not be affected by a skybridge and the vibrancy of the pedestrian streetscape would not be significantly affected.
- Skyline would bear 100% of the cost of the overpass, not the city.
- A petition was recently given to the City of Seattle for a skybridge connecting two sides of the Skyline Community over 8th Avenue at the 4th floor level of the buildings. On March 14th, 2024, the SDOT Skybridge Review Committee will vote; it then goes to the Seattle Design Commission for review, then to the City Council for final vote. The Review Committee and Design Commission did not support the skybridge previously.
- We are requesting a Letter of Support from the Advocacy Committee and Advisory Council for the petition for a skybridge to connect the two sides of the Skyline community buildings.

MOTION: A vote was taken to ask that the Advisory Council provide their position and a Letter of Support in favor of the Skyline Skybridge project.

Move to Accept: Joe Hailey

Seconded: Barb Williams

Outcome: Committee members approved recommending the Advisory Council write a Letter of Support in favor of the Skyline Skybridge project.

3. ADVOCACY COMMITTEE CHECK-IN

Zelda Foxall

- Last week, the legislature passed the Ground Ambulance bill, the Co-Living bill, the WACares Portability bill, they discussed revisions to the Vaccine bill (to define and include MNRA) and are waiting for concurrence on the Retirement Savings bill.
- Nutrition bill provided 12 million dollars in the final budget for the Senior Nutrition program.
- AARP met February 26, 2024, Get Out the Vote Strategy meeting focused on providing Washingtonians on when, where, and how to vote and how to avoid misinformation.
- AARP is planning to meet with congressional candidates on Caregiving and Social Security and planning to meet with state legislative candidates, partners, and AARP members to discuss.
- AARP wants to hold forums but needs organizations to volunteer to co-host with them on issues of Social Security, WA Cares and Caregiving.
- AARP is looking at WA Cares to make sure the \$36k benefit to pay for caregivers can go as far as possible and will hold weekly strategy meetings.
- State partners will be adjusting their messaging on WA Cares recently passed portability law. They will be training volunteers to get information and positive messaging out.

Joe Hailey

- Safety continues to be a major concern in Highland Park. The West Seattle Blog reports an increase in burglaries and car theft, and gunshots are routine. There were 4 recent incidents where elderly women shopping at Burien Fred Meyers were accosted and had purses stolen. People are on edge, and don't feel safe.
- Responded to W4A Action Alerts to support bills related to Nutrition funding. Responded to alerts to support bills on Affordable Homes and signed as 'pro' on the Rent Stabilization bill.
- Sent thank you letters to two legislators for their support of HB2114 and encouraged them to reintroduce the bill next term.
- Participated in Kaiser Family Foundation seminar called Prior Authorization and Health Insurance discussing on how authorization is being administered in Medicare and other federal programs.
- Attended Town Hall with 34th district legislators speaking about their accomplishments this term and their priorities for next term.

Alex O'Reilly

- Signed in 'pro' for HB2114 and hopes it will be reintroduced next session. Signed in 'pro' for W4A Nutrition. The Case Management funding we were asking for was not added to the budget.
- HB1541 passed, requiring that official advisory bodies must include 2 people with lived experience as voting members.
- Belongs to the Washington State American Federation of State, County and Municipal Employees and signed in as 'no' for the creation of a committee that would provide recommendations to the legislature and congress on Social Security and Medicare, as it would sidestep the legislative process.
- Working with staff and the King County Assessor's office to have presentations begin again with information about the new eligibility guidelines and program for Property Tax Relief. A 2-hour presentation is scheduled for June 5, 2024, at the Greenwood Senior Center.
- AARP has volunteers to help people do their tax returns. The program for volunteers helping to complete applications for Property Tax Relief is not in place.
- Learning more about issues related to Indigenous People and is attending a 5-part virtual Sound Alliance training called Wrestling with the Truth of Colonization.
- Discovered the city has a Finance Native Communities and Tribal Government Committee and watched a presentation on YouTube on what Indigenous people in our area are dealing with and things they're advocating for in terms of self-determination.

Barb Williams

- The Seattle Times had ads recently on the Property Tax Relief issue and how to get relief.
- Attended Town Hall for State Legislature
- The Senior Lobby Day scheduled for February 26, 2024, was canceled until next year.
- The League of Women Voters Directory is now available on their website.

Diana Thompson

- A new document addressing Alzheimer’s and other Dementias is available on the Dementia Action Collaborative website, and the Dementia Roadmap has been revised.
- Involved in the Dementia Action Collaborative Sub-committee’s 5th Goal: “Promote Risk Reduction and Evidence Based Healthcare for People at Risk or Living with Cognitive impairment”.

Vedrana Durakovic (Community Engagement Officer, Sound Generations)

- Writing thank you letters to representatives, post legislative sessions.
- Meeting with representatives and council members in April at the Snohomish Valley Senior Center in Carnation, at the Ballard NW Senior Center in March, and Council Member Cathy Moore in May with the Lake City Seniors Program (organized through the Seattle Human Services Commission).
- Priority this year is to see if the SHSC Steering Team can formalize a Senior Coalition, and so far, there are 5 Senior Centers across Seattle interested.
- The Meals on Wheels program has a large waitlist and it’s underfunded. Sound Generations have invested its own philanthropic monies into the program and want to signal to the government that they need to be invested in the program.

Dolores Wiens

- Participates in the monthly Elder Council, which focuses on housing.

4. ADVOCACY ISSUES

Federal Updates

- The Senate Help Committee held a hearing on the Older American’s Act reauthorization and there’s support to double the funding. One reason there’s an incentive to improve funding for the OAA is for Meals on Wheels and Congregate Meals, as it’s less expensive to feed a senior for a year, than to have them be in the ER for one night. They also want a separate title in the reauthorization for senior centers, which are paramount to reducing senior isolation and bringing seniors into the community. Other example, member incurred injury in fall and members house was retrofitted to make it easier to move around and be more independent.

State Updates

- Senior Nutrition funding is \$12M statewide and will be distributed to 13 AAAs across the state and is expected to follow the same funding formula (ADS gets about 25%).
- Did not get case management funding - will revisit in FY25.

Local Updates

- Response to question about North Bellevue Senior Center Meal Program: Last year, ADS conducted a competitive bid process Senior Nutrition Program. Catholic Community Services provides these services to North Bellevue. If there is a question about how a program is being delivered by one of our partners, talk with the service provider about the service. If it is not resolved, then bring it to the Contract Specialist responsible for administration of the contract.

5. CLOSING

Michael Adusah: Dolores Wiens is now a voting member of the council.

Barb Williams: The initiatives in front of voters in November worry me. I would like to continue to have the initiatives on our agenda and we continue to track them to the November election.

Maria Langlais: The W4A is coming out with an official “thank you” messaging to the legislature. You can use that message when sending your thanks or use your own message.

Diana Thompson: If you are talking to a legislator and someone mentions a bill is important, let Patricia Hunter know so that she has the information when she starts working on it for next year.

Meeting Adjourned

Hoarding... How Much Is Too Much?

Catherine “Cricket” Farr, MA, LMHC, GMHS

Clinical Director, Full Life Care



Full Life™



Today's Goals:

1

**Identify what *IS*
Hoarding Disorder –
and what it is not**

2

**Learn what you can
do – and not do to
help someone who
hoards**

3

**Offer some tools you
can use today**



Language Matters:

People First Language

Person who hoards ✓

~~HOARDER~~





Clutter



Collecting



Hoarding

What is Hoarding Disorder?

With the DSM5 hoarding disorder commonly has a four-part definition:



1. Excessive acquisition of stuff
2. Difficulty discarding or parting with possessions regardless of their actual value
3. Living spaces can't be used for their intended purposes due to clutter
4. Causing significant distress or impairment

How Many People Have Hoarding Disorder?

Meta-Analysis Study showed **2.5%**, with similar rates for male and females (Postlethwaite, 2019)

Question to Ask Yourselves? Is the rate of HD higher in people who are previously homeless?



Why do
people
save
things?

Emotional attachment

Utility – Opportunity

Comfort and Safety

Identity and Self Worth

Environmental Stewardship

Mistake

Other reasons?

Executive Functioning Deficits (esp age 50+)



Planning



Organization



Decision Making



Purposeful
Action



Attention



Categorization



Prioritizing

*Working Memory

*Flexibility

*Self Control


Common Sights:

- Empty Containers
- Multiples of the same item
- Areas of home not being used for their intended purpose
- One clear chair by the TV



A large orange circle on the left side of the slide, partially cut off by the edge.

Safety Risks Associated with Hoarding


- Fire Hazard
 - Blocked exits
 - Risk of falls/ items falling
 - Lack of routine maintenance
 - Structural damage to building
 - Risk of eviction/ homelessness
- 
- A decorative yellow dashed line in the bottom right corner, consisting of several curved segments.

Health Risks Associated with Hoarding

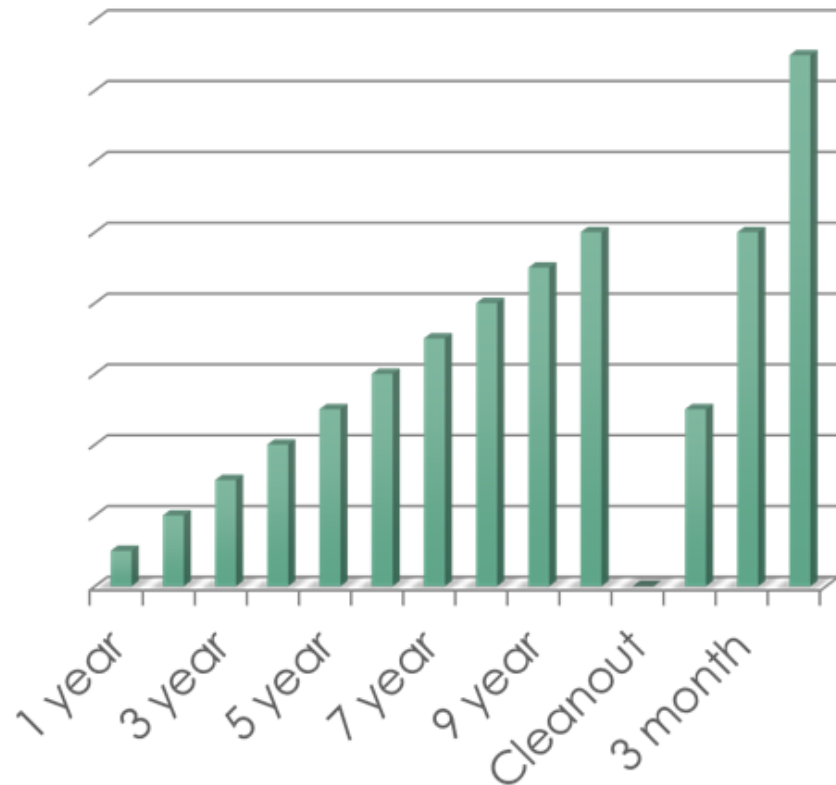
For the Individual:

- Poor hygiene and grooming, poor nutrition
- Inattention to medical needs
- Inattention to financial management
- Increased isolation
- Worsening mental health

For Individuals and their Community:

- Mold, dust, dirt
 - Rodent and Insect infestation
 - Odors from animal / human feces/ remains
- 

Traumatic Impact of "Clean Outs" is Great



WHY THINK TWICE ABOUT CLEAN OUTS?

- Can ruin a relationship with a trusted provider
- The event is traumatizing – even to point of death
- Threats of Clean outs can also traumatize and destroy trust
- Extremely expensive in cost and labor
- They don't actually work

"In all three instances of going in and cleaning these places up, within weeks of relocating the individual back into a clean environment, the individual passed away...it was such a dramatic change for them because we didn't realize the impact of the sociological change." (Brace, 2007)



How you can help:

- ▶ **Listen;** match their language
- ▶ Avoid making suggestions about the person's belongings:
 - ▶ Table the judgement!
- ▶ Avoid touching objects in the home; if it is necessary, Ask Permission
- ▶ Avoid focusing on removal; instead,
- ▶ Help identify a vision for what future life might be like
 - ▶ Daughter to visit? Grandchild?
 - ▶ Space to make art?
 - ▶ Better health?
- ▶ Encourage connection to mental health

Harm Reduction How To's:

- Attitude is important
- Goal is finding common ground and establishing trust
- Let go of past conflicts (you, not them)
- Practice active listening
- Focus on areas of agreement
- Understand problem from PwH's perspective
- Be assertive and set limits



What are the benefits of a Harm Reduction Approach?

- Mediates harm to the community and to the individual
- Is less stressful to the individual
- Does not require behaviors to stop – so more probability for buy in from people who hoard
- Can start with small goals and work up from there
- Preserves relationships

“Safety Day”

A Harm Reduction Approach to Clean Outs



- ❖ Bring the home to safety to comply with housing codes using a Harm Reduction Approach
- ❖ Work closely with an organizer and mental health professional
- ❖ Keep Resident out of bodily stress responses

Safety Day: 4 Phases

Preparatory Phase

- Logistical planning of each step, anticipatory planning too!
- Agree on specific decisions for the day (e.g., Will toss magazines pre 2017)
- Teach – and practice - stress management techniques

Critical Phase

- Stress management by assigned staff – guard from further trauma
- Coordinate clean out efforts to reach harm reduction goals

Inventory Phase

- Anticipate concerns about location of their stuff, may second guess decisions
- Make plan to be available for de-escalation as needed

Recovery Phase

- May see process as a crisis; anticipate waterfall of emotions – excitement and appreciation turn to anger and blame
- Confirm ongoing Mental Health care

C.R.E.S.T. Model

Cognitive Rehabilitation & Exposure to Sorting Therapy

Elements of the program:

 Evidence Based Program for treating Hoarding Disorder

 26 weeks weeks

 Combines Cognitive Behavioral Therapy and

 Exposure Therapy

 Benefits: proven to work,

 Challenges: Consent, training needed

Tools to use with People who Hoard



Uniform Inspection Checklist



Clutter Image Rating Scale (CIRS)



HOMES® Multidisciplinary Hoarding Risk Assessment



Pathways to a Healthy & Safe Home
(Philadelphia Hoarding TF)

Hoarding Tools and Checklists

Resources:

- ▶ Northwest Hoarding Coalition: (PROVIDERS ONLY) <https://www.fulllifecare.org/northwest-hoarding-coalition/>
- ▶ Clean outs needed? Refer to any CCG agency for assistance getting Service Master in the space.
- ▶ Engage BH support at the same time.
- ▶ International Obsessive Compulsive Disorder Foundation (IOCDF) https://iocdf.org/find-help/?_listing_types=iocdf_clinic%2Ciocdf_support_group%2Ciocdf_provider&_provider_specialty=hoarding

Questions?



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