## PROCLAMATION

- WHEREAS, Seattle is home to more than 197,300 residents aged 50 or older—approximately 25 percent of the population—half of whom are over the age of 65; and
- WHEREAS, neighborhoods and communities are enriched by the diverse experiences, strength, and wisdom of people born in different generations, including the Greatest Generation (born before 1928), The Silent Generation (born 1928–1945), and Baby Boomers (born 1946–1964); and
- WHEREAS, in 2017, the City of Seattle resolved to become a more age-friendly city, welcoming and including people of all ages in the life of our community, and addressing the unique challenges impacting older adults; and
- WHEREAS, Age Friendly Seattle continues to focus on making Seattle a great place to grow up and grow old, addressing accessibility, affordability, ageism, community mobility, and social inclusion and connectivity, collaborating with departments citywide and with community partners; and
- WHEREAS, the City of Seattle provides services and supports that help older adults experience stable health and live as independently as possible, including those offered through the Seattle Human Services Department's Aging and Disability Services division, which has served older people, adults with disabilities, and caregivers as the Area Agency on Aging for Seattle and King County since 1973; and
- WHEREAS, community support for this work includes volunteers who serve on the Seattle-King County Advisory Council on Aging & Disability Services, the Mayor's Council on African American Elders, the Northwest Universal Design Council, and other advisory groups; and
- WHEREAS, Seattle Parks and Recreation encourages and helps sustain physical activity and social connections for older people via their Lifelong Recreation, Sound Steps, and Dementia Friendly Recreation Programs; and
- WHEREAS, since 1963, our nation has recognized May as Older Americans Month, a time to acknowledge the contributions of past and current older people to our country; and
- WHEREAS, in the spirit of One Seattle and the national Older Americans Month 2024 theme—
  "Powered by Connection"— the City of Seattle recognizes the profound impact that
  meaningful relationships and social connections have on our health and well-being and
  encourages us to explore the vital role that connectedness plays in supporting aging in
  place, in the homes and communities that older people know and love.

## THEREFORE, THE MAYOR AND SEATTLE CITY COUNCIL PROCLAIM MAY 2024 TO BE

## **Older Americans Month in Seattle**

We encourage all Seattle residents and neighbors to take time this month to connect with older family members, friends, neighbors, and colleagues; acknowledge their valuable contributions, past and present; encourage their ongoing physical, mental, and emotional well-being; and support their choices about how they age in their communities.

Bruce Q. Hanell	Saraluser
Mayor Bruce A. Harrell	Council President Sara Nelson
Jong Phill	Robert E Kettle
Councilmember Joy Hollingsworth	Councilmember Robert Kettle
Cathy More	Masita In a
Councilmember Cathy Moore	Councilmember Maritza Rivera
Fal San	Dan Stranss
Councilmember Rob Saka	Councilmember Dan Strauss

Councilmember Tanya Woo