Community Transition Services Roads to Community Living (RCL) and Washington Roads (WA Roads)

When to Authorize RCL

Service provides RCL demonstration services for:

- Intensive one on one relocation support for individuals moving from qualified institutional settings to qualified community settings. These services are provided only as authorized by case management staff in the participant's Service Plan.
- Client must meet RCL eligibility as defined in RCL Transition Guidelines.

When to Authorize WA Roads

Service provides WA Roads services for three cohorts of individuals:

- Individuals moving from qualified institutional settings to qualified community settings for intensive one on one relocation support
- Individuals living in the community who are functionally and financially eligible for waiver/state plan
 HCBS, and have any of these characteristics:
 - o Unstable residential or in-home settings
 - Frequent institutional contacts (ER visits, SNF stays, hospital admits, etc...)
 - Frequent turnover of caregivers
 - o Multiple systems involvement (DOC, psychiatric institutions, etc...)

Individuals living in subsidized housing that has been coordinated through ALTSA (including NED, Bridge, 811, etc...), regardless of whether they are currently eligible for or receiving waiver/state plan HCBS

RCL/WA Roads Services

Community Choice Guides - services which may include but are not limited to:

- Conducting a pre-transition consultation with potential participants to determine viability for clients
 interested in transitioning from an institutional setting and transition/support service needs.
- Acting as a liaison with and among the client, nursing or institutional facility staff, case managers, housing providers, medical personnel, legal representative, formal caregivers, family members, informal supports and any other involved party
- Provision of assistance and support to ensure the participant's successful transition from the institutional setting as authorized by HCS and/or AAA staff.

- Locating and arranging for appropriate, accessible housing.
- Working in partnership with local housing authorities and other community resources regarding housing availability, subsidies and voucher capacity.
- Setting up the participant's new home including services such as arranging utility hook-ups and the acquisition of furnishings and household goods.
- o Arrangement of the participant's physical move from the institutional setting.
- o Liaison between the participant and housing provider
- o Training or education about ability to access community settings, or health services.
- Personal skill development for client and/or caregivers related to the individual's care plan.
- Community integration activities, such as exercise classes, that might be found through local YMCAtype organizations, Senior or Community Centers, etc.

Professional Support Services

Covers a range of services for participants whose needs include therapeutic services not otherwise covered by Medicaid. It covers supports and services that are typically performed or provided by people with specialized skill, certification or licenses.

- o Are provided only as authorized in the participant's Service Plan
- May include Physical, Occupational, Speech or other professional therapy

RCL Professional Support Services include:

Behavioral Consultation and Technical Assistance- services which may include but are not limited to:

- o Development and implementation of services designed to help facilitate inclusion in the community.
- o Training, behavior support plans and/or specialized cognitive counseling.
- Consultation may be in home or in common community settings that the person needs to navigate (i.e., stores, offices, parks, etc.).
- Mental health services for participants transitioning from institutional to community settings, such as someone experiencing mild depression or anxiety related to their transition, in those instances where the authorized Medicaid benefit amount, duration or scope of service does not meet the individual's needs.

Example: A participant who may be experiencing depression or anxiety related to their transition.

For further eligibility and service descriptions click on link to LTC manual

Contracted Providers

Community Choice Guides (CCG) P1 SA263 CCG shopping-client not present P1 SA266

CCG - Rate: \$18.00 unit/\$72 per hr.
CCG Shopping/Purchasing without client-Rate: \$10.00/unit, \$40/hr.
Client Training - Rate: \$18.75 unit/\$75 hr.

Referrals need to include Care assessment details and task and sustainable goals documents
*If using a CCG for coordinating environmental modification include property release statement as appropriate

Note: add-on CCG rate (pandemic related) thru 12/31/2023 of \$0.40 should be added to authorizations using P1 Code SA019 U2

Provider #	Provider Name	Contact Information
P1# 102702405	Full Life Care (FLC) 800 Jefferson Ste 620 Seattle, WA 98104	Phone: (206) 224-3775 Fax: (206) 436-8388 Email: roads@fulllifecare8.org
P1# 111413201	Validus Consulting & Services (VCS) 24421 34th Ave Court East Spanaway, WA 98387	Phone: (253) 847-7887 Fax: 1-866-823-7887 Email: referrals@validusconsulting.org
P1# 221898701	Northwest Community Transitions (NWCT) 23001 20 th Ave SE Bothell – King County, 98021	Phone: (425) 548-6199 Email: nwcommunitytransitions@gmail.com
P1# 213479202	Emerald City Transitional Services (ECTS) 18607 104 th PL SE Renton, WA 98055	Phone: (206) 850-5585 Fax: (206) 580-0840 Email: ectransitions@outlook.com

Pest Control, Moving Service Dig Out-Cleaning P1 SA297 RCL; P1 SA291 WA Roads

At the discretion of the case manager and when desired by the client, a Community Choice Guide can be authorized to arrange for the service (including date and time) and oversee the work performed by the company.

Provider #	Provider Name	Contact	Rate
P1# 209454501	Pest Control Guard Pest Control 605 2 nd St, Suite 213 Snohomish WA 98290	Phone: (206) 486-1110 Email: kevintaylor @guardpes tcontrol.co m	 Ants (Sugar, Carpenter, Pavement, Moisture*) \$599 per Inspection, Treatment, & One Follow-up Visit with retreatment 28 days from initial visit as needed. "GPC does not recommend chemical treatments to treat moisture ants which are best resolved through the removal and replacement of wet wood. At the request of our clients, we will provide chemical treatment in cooperation with remediation of moisture issues to fully resolve this issue. Estimate for remediation work provided after completion of initial inspection. German Cockroach. \$899 per Inspection, Initial treatment, up to Two Follow-up visits with retreatment as needed in a 45-day period. Services under this contract average one-hour per visit w3th re-treatment for all follow-up appointments. Cockroach infestations are closely linked to client cooperation following cleaning recommendations-beyond 45 days would require compliance with recommended cleaning & initiation of new treatment cycle. Fleas. \$329/\$359/\$399 per Inspection, Treatment, One Follow-up Visit as needed 45 days following initial treatment per <1,000/1,000-2,000/> 2,000 sq. ft. Animals need to be removed from the unit or put in a room that is not being treated. Capturing and placing animals in a room or animal carrier is an additional \$199 per animal. Stinging Pests \$399/\$459 per Unit Inspection & Treatment Nest & Entry Area/Exterior Multi-unit Bldg. up to 2 Stories (excludes Honeybee nests). Pantry Pests (Moths, Beetles, Other Pantry Pests) \$599per Unit Inspection, attempt to locate source& treatment (60day warranty) Occasional Pest Invaders (Spiders, Springtails, Earwigs, Silverfish, Mites, Millipedes, Centipedes, Firebrats, Pill Bugs, Sow Bugs, Clothes Moths, Files) \$599per Inspection & Installation of monitor: (60-day warranty). BedBugs \$499 per Unit for Inspection, Installation of monitoring unit with Chemical Lure and follow-up visit. *If more than 10 units at same site,

• Rodents \$649 per Unit Initial Inspection, Trap Placement, Follow-up Trap Check. Exterior rodent bait stations monitored monthly: \$40.00 per a bait station (minimum bait stations - 4 bait stations/bldg.) for a total of \$160.00/ month. Rodent access points will be identified on inspection and GPC will provide a written report of repairs needed along with an estimate. Rodent Exclusion: Recommended rodent exclusion work to prevent rodent access or repair rodent damage. Average between \$200-1200 depending on extent of work to be completed. Estimate to be provided after completion of initial rodent service/inspection. Note in cases of extensive damage or repair work necessary estimate may exceed the quoted average Guard Pest Control would provide photos and report detailing recommended work to be completed.

P1# 203984601	ServiceMaster 15000 Woodinville Redmond Rd STE B600 Woodinville, WA 98072	Phone: (425) 637-9770 Fax: (425) 637- 9769 Email: lmack@soseattle. com	•	\$35.96 hr general labor clean out services \$42.76 hr skilled labor clean out services \$57.02 hr restoration technician services \$106.00 hr project management services	
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\$175/hr. for 2 movers/van; \$75/hr. per crating labor, \$70 for additional P1# Moving and Santonio Bouie mover; \$90/hr. project management; 4-hour minimum charge for labor and 111323901 Storage Phone: Service trucks MOVING SERVICES (REGULAR) 425/250-6681 \$212/hr. for 2 movers/van; \$88.50/hr. per additional mover; 4-hour Fmail: minimum charge for labor and trucks MOVING SERVICES (OVERTIME). **Lincoln Moving** tonyb@lincmove.co Overtime is charged over 8 hours, after 5pm, weekends and holidays. & Storage \$4 for 1.5 ft³,\$5 for 3.0 ft³,\$6 for 4.5 ft³;\$7 for 6.0 ft³; \$16.00 dish pack; 8420 S 190th St, \$16.00 wardrobe; \$14.00 mirror; \$12-\$24 mattress (depending on size); Kent, WA 98031 \$120 couch: \$48 grandfather clock; other miscellaneous as included in the estimate for **PACKING MATERIALS**. Prices as of 4/1/2023 and subject to change based on material costs. \$440/dumpster (invoiced in 1/4 increments) for **DUMPSTER SERVICE** \$150 per day **INVEHICLE STORAGE** (no charged if prearranged 2day job). \$6.50 per Century Weight (CWT=100lbs) per month for continuous coverage **STORAGE**. Storage is charged monthly, 1 month minimum then pro-rated thereafter. Handling-in and handling-out charges (one-time charges) apply calculated at \$10 CWT. Access to storage is by appointment only, no weekends or holidays. Full value replacement FVR (repair, reimburse or replace) at no additional charge for covered and agreed upon or at-fault loss or damage. Maximum liability amount is calculated at 5 X final move invoice dollar amount. The company will not accept liability for items in Packed by Owner (PBO) cartons including damages that can occur from leaking contents or protrusions from PBO cartons. Cancellation fees: same day cancellation AND attempt to serve unsuccessful due to circumstances outside company's control (for example, client not

ready/refusal or unsafe or biohazards); 3 hr. minimum charge.

P1# 225258801	Moving and Storage Service Olympic Moving& Storage II 1017 S 344 th St, Federal Way, WA 98003	Haley Rose Phone: 253/242-4580 (direct) OR 253/838-3714 Email: haleyr@olympicmo vers.net Complaints: Haley Rose haleyr@olympicmo vers.net;253/242- 4580 OR Dave Gray daveg@olympicmov ers.net; 253/838- 7731	•	\$182.34/hr. for 2 movers/van; \$12.78/hr. per additional van; \$84.78 for additional man/crating labor per person; \$84.78/hr. project management; 4-hour minimum charge, labor & trucks MOVING SERVICES (REGULAR). \$21.44/hr. for overtime man hour; 4-hour minimum charge for labor and trucks MOVING SERVICES (OVERTIME). Overtime is charged over 8 hours, after 5pm, weekends and holidays. \$5 for 1.5 ft³,\$6 for 3.0 ft³,\$8 for 4.5 ft³;\$10 for 6.0 ft³; \$15.00 dish pack; \$18.00 wardrobe; \$13.00 mirror; \$14-\$28 mattress (varies by size); \$78 TV; other miscellaneous as included in the estimate for PACKING MATERIALS. Prices as of 7/1/2023 and subject to change based on material costs. Dump fees: \$0.17 per pound, \$58.00 minimum charge. In-truck storage: \$154.62 \$6 per Century Weight (CWT=100lbs) per month for continuous coverage STORAGE. Handling-in and handling-out charges (one-time charges) apply calculated at \$9 CWT. Full value replacement FVR (repair, reimburse or replace) at no additional charge for covered and agreed upon or at-fault loss or damage. Maximum liability amount is up to \$10,000 declared value. The company will not accept liability for items in Packed by Owner (PBO) cartons including damages that can occur from leaking contents or protrusions from PBO cartons. Cancellation fees: •fees apply without minimum 24 hr. cancellation notice or in case of attempt to serve that is unsuccessful due to circumstances outside company's control (for example, client not ready/refusal or unsafe or biohazards); 4-hour minimum charge.

Professional Support Services:

Behavioral Consultation & Technical Assistance P1 H2019

Includes development of skills to work with care providers.

Note: Client training services under COPES Ancillary can also be used for WA Roads and RCL clients.

Note: add-on rate (pandemic related) 7/1/2023 thru 12/31/2023 of \$0.64 should be added to authorizations using P1 Code SA019 U3

Provider #	Provider Name	Contact Information	Rate
P1# 102702405	Full Life Care 800 Jefferson Ste 620 Seattle, WA 98104	Phone: (206) 224-3775 Fax: (206) 436-8388 Email: roads@fulllifecare.org	Authorize 3 months at 80 units (20 hours) per month at \$37.50 unit (\$150 per hour).
		Send a copy of the CARE assessment detail pages.	
P1# 203955201	Positive Awakenings 126 SW 148 th St C100 PMB 460 Burien, WA 98166	Phone: (425)905-0608 Email: Dekel.Zuhri@yahoo.com Send a copy of the CARE assessment detail pages.	Authorize 3 months at 80 units (20 hours) per month at \$32.50 unit (\$130 per hour).