



2021 report card

The Area Plan 2020–2023 for Seattle and King County is Aging and Disability Services’ roadmap for a responsive system of services that promote quality of life, independence, and choice for older people, adults with disabilities, caregivers, and their family members. Following are specific accomplishment related to Area Plan objectives. Learn more at AgingKingCounty.org/area-plan/.

COVID-19

Meeting unexpected needs

Due to the COVID-19 pandemic, from March 2020 through 2021, staff worked remotely. ADS collaborated with Public Health—Seattle & King County, Washington State DSHS/ALISA, and Department of Health to develop safety protocols to help ensure health and safety of clients, staff, and community partners; checked in regularly with those most vulnerable to dire outcomes; ensured that basic needs were met; developed strategies to address social isolation; and, when vaccines became available in 2021, ensured that more than 14,000 clients secured appointments.

2021 performance

	Objective	Accomplishments
C-1: Support Healthy Aging	Develop and strengthen community partnerships through presentations, media campaigns, and forums that increase awareness and promote healthy aging.	<ul style="list-style-type: none"> Community presentations were on hold due to COVID-19.
	Expand evidence-based programming in King County.	<ul style="list-style-type: none"> Two facilitators were trained at two senior centers—Issaquah Senior Center and Enumclaw Senior Center.
	Promote and institutionalize Universal Design in the built environment and ensure that new comprehensive and community plans incorporate age-friendly.	<ul style="list-style-type: none"> No NWUDC activities in 2021.
	Increase understanding of consequences of social isolation and depression among decision makers, service providers, and consumers.	<ul style="list-style-type: none"> ADS implemented social isolation awareness and social connectivity strategies, including distribution of technology to keep older adults connected during the pandemic. Distributed 151 wi-fi hotspots and over 150 tablets and other devices to community-based agencies. ADS partnered with King County CyberSeniors to train youth volunteers (12 in 2021) to assist older adults with digital skills. ADS partnered with Acquaint to help older adults connect and share through their remote social sharing platform. Distributed 5,000 drop cards to share information about social connectivity programs and reached approximately 2,254 viewers through the Age Friendly Close to Home program.



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Objective

Accomplishments

<p style="writing-mode: vertical-rl; transform: rotate(180deg);">C-1: Support Healthy Aging, continued</p>	<p>Coordinate annually with partners such as Public Health—Seattle & King County and the Alzheimer's Association to implement outreach strategies in the Washington State Alzheimer's Plan, with emphasis on communities of color.</p>	<ul style="list-style-type: none"> • Memory Sunday was observed on June 13, 2021, during Alzheimer's Awareness Month. Twenty-two congregations participated, representing an increase of 10 additional churches when compared to 2020. Due to the pandemic, services were held virtually. Participating churches were asked to post information about Alzheimer's and related dementias on their websites and in church newsletters, and provide a special prayer for caregivers. • African American Caregivers Forum: Legacy of Love was held on November 13, 2021, during National Family Caregivers Awareness Month. About 90 caregivers and individuals participated in the 2-hour virtual event. • Project ECHO - • Dementia Friendly Communities Conference was held on September 13, 2021. Approximately 192 individuals pre-registered for the event and over 75 organizations were represented. • SHARP Seattle Pilot: A local Sharing History through Active Reminiscence and Photo-imagery (SHARP) planning team was launched in April. SHARP is a technology-based, culturally relevant, celebratory, multimodal approach to maintaining brain health through physical, social, and reminiscence activity for older Black adults experiencing memory loss. The project is based on the original 2016 SHARP Study in Portland, OR, led by Dr. Raina Croff, Assistant Professor of Neurology at Oregon Health & Science University. A \$50K Seattle Department of Neighborhoods grant was awarded in October. The goal is to launch the pilot in the summer 2022.
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">C-1: Enhance Well-Being</p>	<p>Align ADS investments with King County Veterans, Seniors and Human Services Levy (VSHSL) to enhance the current aging network system.</p>	<ul style="list-style-type: none"> • ADS and VSHSL staff met regularly throughout 2021. • A draft map was developed which visualizes ADS and VSHSL funding investments throughout King County.
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">C-2: Enhance Well-Being</p>	<p>Seek additional funds to support Community Living Connections network.</p>	<ul style="list-style-type: none"> • Six (6) agencies were supported through the VSHSL caregiver funding.
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">C-2: Enhance Well-Being</p>	<p>Facilitate enhanced care planning across social service and healthcare systems.</p>	<ul style="list-style-type: none"> • ADS participated in monthly Community Information Exchange (AKA Connect2 Community) Network Partner workgroups and was also represented on the HealthierHere Governing Board and Connect2 Community Advisory Group. • ADS implemented use of Unite Us platform in its Seattle Housing Authority program to test a closed loop referral technology platform, a key function of a Community Information Exchange. • In late 2021, ADS participated in the development of the Connect2 Community Technology Request for Proposal (RFP). The successful RFP bidder will implement and operate a technology solution to connect multiple existing or emerging technology platforms used by Connect2 Community partners, creating a "Unified Network." • ADS continues to facilitate information sharing from/to Aging Network partners regarding Community Information Exchange development. Several Aging Network partners participate in Connect2 Community workgroups, and many have been able to utilize the Unite Us platform with HealthierHere Catalyst Fund awards.
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">C-2: Enhance Well-Being</p>	<p>Participate in advocacy efforts to increase the paid caregiver workforce.</p>	<ul style="list-style-type: none"> • <get info>
<p style="writing-mode: vertical-rl; transform: rotate(180deg);">C-2: Enhance Well-Being</p>	<p>Implement one advocacy strategy per year in partnership with the ADS Advisory Council and the Mayor's Council on African American Elders, interagency collaborative initiatives, or planning and research</p>	<ul style="list-style-type: none"> • The Mayor's Council for African American Elders and ADS Advisory Council co-signed on a letter for YBG Healthcare in support of the development of a Black-owned hospice organization in King County. The letter was submitted to the Washington State Department of Health in early December.

Objective

Accomplishments

C-2: Enhance Well-Being, continued	Implement transportation coordination tool to include web-based and/or app-based ride request feature with full adoption by ADS-funded transportation providers.	<ul style="list-style-type: none"> The King County Mobility Coalition grant proposal was funded. The coordination tool is in development.
	Identify opportunities to support the capital and operating needs of existing senior centers so they can provide safe and accessible environments and sustainably meet the needs of the communities they serve.	<ul style="list-style-type: none"> <get info>
C-3: Maximize Independence	Raise awareness about the LTCA benefit through statewide and local media campaigns focused on consumer and employer.	<ul style="list-style-type: none"> <get info>
	<p>Increase AAA staff clinical skills to address the medical complexity of LTSS clients</p> <p>Collaborate with first responders to improve health outcomes and reduce unnecessary EMS and hospital emergency department use.</p>	<ul style="list-style-type: none"> <get info> An ADS case manager was on site and served as a resource to the Redmond Fire Department's Mobile Integrated Health Program. In 2021, Seattle Fire Department's Health One conducted 1061 visits with 500+ clients. The HSD Director's MAX Award was awarded to case managers working with Seattle Fire's Mobile Integrated Health Program on Health One. Continued work with Healthier Here innovation grant, hired two case managers in July, and expanded Health One to a second unit in May 2021. (check OneCall status w/ ALG)
	Increase awareness and expand case management services for victims of abuse, neglect, and exploitation.	<ul style="list-style-type: none"> In 2021, 564 referrals were made to APS from SFD. A new two-year grant from Victims of Crime Act (VOCA) started November 2021 now funds 1) a Cognitive Capacity Evaluator; 2) a Money Manager; and 3) a Victim Emergency Fund for goods and services. An AgeWise King County article, ADS Advisory Council presentation, and a mayoral proclamation promoted World Elder Abuse Awareness Day. 95, ADS case management team core members of Seattle King Elder Abuse multidisciplinary team (MDT)--need to clarify sentence.
	Explore opportunities and alternative ways to deliver long-term services and supports for complex clients such as those experiencing homelessness.	<ul style="list-style-type: none"> A GIS system for identifying clusters of caregivers allowed case managers to staff cases more efficiently. Partnered with Seattle Fire Department vaccination clinics in QTRS 1, 2 & 4 (w/ FEMA & KCPH for boosters) at SHA buildings, serving a total of 3,500 residents with 6,000+ vaccinations.
	Build sustainable communication among agencies working with complex LTSS clients	<ul style="list-style-type: none"> Conducted monthly portfolio meetings with Low-Income Public Housing (LIPH) north, LIPH south, and Seattle Senior Housing Project staff, including 30 people from six different provider agencies per meeting. Sound Behavioral Health contracted with SHA to provide onsite behavioral health services and support. Conducted joint referrals and staffing with Sound Behavioral Health providers and served 200+ residents with behavioral health concerns.
	Increase the number of successful referrals for LTSS such as MAC/TSOA	<ul style="list-style-type: none"> 3.5 FTEs were assigned to 38 supportive Seattle housing (DESC, LIHI, CCS, & Plymouth) buildings.



Objective

Coordinate efforts to connect King County tribes and organizations to the Community Living Connections network.

Participate in annual 7.01 update meetings with tribal members and Office of Indian Policy staff.

Accomplishments

- Meetings were put on hold in 2021 to focus on pandemic emergency response efforts. ALISA contracted American Indian Health Commission (AIHC) to work with AAAs/Community Living Connections programs. AIHC facilitated a training on Tribal Sovereignty and Working with Tribes and Urban Indian Health Programs with ADS staff February 2021.
- During 2021, two 701 meetings were held with tribal members (March 5 and June 4). An additional 701 meeting was held in April with Muckleshoot tribal members and DSHS Home and Community Services.

committed to racial equity & social justice

Aging and Disability Services supports the City of Seattle's Race and Social Justice Initiative (RSJI) and the National Association of Area Agencies on Aging (n4a) commitment to equality and diversity.

our mission

The mission of Aging and Disability Services is to develop a community that promotes quality of life, independence, and choice for older people and adults with disabilities in King County. We will accomplish this by:

- Working with others to create a complete and responsive system of services.
- Focusing attention on meeting the needs of older people and adults with disabilities.
- Planning, developing new programs, educating the public, advocating with legislators, and providing direct services that include the involvement of older adults and others representing the diversity of our community.
- Promoting a comprehensive long-term care system.
- Supporting intergenerational partnering, planning, and policy development.

our partners

As the Area Agency on Aging for Seattle and King County, ADS priorities are guided by the Seattle-King County Advisory Council on Aging & Disability Services and by Area Agency on Aging partners—Seattle Human Services, King County Department of Community and Human Services, and Public Health—Seattle & King County.

our services

Aging and Disability Services contracts for services and also provides certain types of direct services for older people, adults with disabilities, and caregivers, including:

- Adult Day Services
- Age Friendly Communities
- Alzheimer's Program
- Caregiver Support
- Case Management
- Elder Abuse Prevention
- Employment Services
- Health Maintenance
- Health Promotion
- Information & Assistance
- Legal Services
- Nutrition Services
- Senior Centers
- Transportation

To access services, call Community Living Connections (toll-free) at 844-348-5464 or visit [CommunityLivingConnections.org](https://www.CommunityLivingConnections.org).



www.AgingKingCounty.org

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