

African American Caregivers Forum

Legacy of Love



A unique, culturally-focused event that draw family caregivers from throughout the Pacific NW



Additional sponsors welcome.
For info, e-mail
Karen.Winston@seattle.gov.

Legacy of Love 2023

The African American Caregivers Forum is an annual event with a special focus on memory care, presented during National Family Caregivers Month. Professionals and family caregivers will share their challenges and joys in caring for loved ones.

DATE & TIME: Saturday, November 4, 2023 | 10 a.m.-2 p.m.

PLACE: Northwest African American Museum, 2300 S Massachusetts St, Seattle

REGISTER IN ADVANCE: Pre-register at tinyurl.com/LegacyOfLove2023 to receive event updates and followup information.

KEYNOTE: Ethlyn McQueen-Gibson, DNP, MSN, RNBC, is a retired US Army Nurse, geriatric clinical nurse specialist, and Adjunct Associate Professor at the Eastern Virginia School of Medicine in Norfolk; and president-elect for the Southern Gerontological Society. Her clinical research addresses the impact of Alzheimer's disease and cognitive impairment among African Americans. In addition to her work as a clinician, she has cared for her mother, a stroke survivor.



Dr. Ethlyn McQueen-Gibson

PANEL: Two local caregivers will share stories from their personal caregiving journeys, addressing:

- Caregiving From a Distance
- Advocacy, Healthcare & Hospitalization

PRESENTATION: "Caregiver Mental Health and Self Care," by Nacala Ayele, Board Chair, Tubman Center for Health & Freedom



Nacala Ayele

TAKE-AWAYS: The conference will remind us to recognize, support, and empower family caregivers; find balance in providing care despite the demands of work and family; and access a wealth of community services and supports.

CONTINUING EDUCATION: Three CEUs offered at no charge (NASW). See web.

INFO: To request accessibility information or an accommodation, or for other information, e-mail Karen.Winston@seattle.gov at your earliest opportunity.

AgingKingCounty.org/LegacyOfLove