Northwest Geriatrics Workforce Enhancement Program

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Northwest Geriatrics Workforce Enhancement Center

• One of 48 Centers that’s federally funded for GWEP initiative

• **Mission:** Lead the Pacific Northwest in optimizing primary care of older adults through collaborative education, traineeships, client engagement, community-clinical linkages.

• **Community Partners**
  – Aging and Disability Services for Seattle-King County (ADS)
  – Area Agency on Aging & Disabilities of Southwest Washington (AAADSW)
  – Aging & Long-Term Care of Southeast Washington (ALTC)

• **Primary Care Partners**
  – Department of Veterans Affairs

• **University Partners:** UW School of Nursing, School of Social Work and School of Pharmacy
Northwest Geriatrics Workforce Enhancement Center

Target Audience: Primary Care Workforce

- Inter-professional - any healthcare professional who cares for older adults in primary care
- Training the next generation – focus on trainees
Advanced Practice Nurse Traineeship

- Fund up to 5 DNP students annually
- Focus on elder care of medically underserved, rural, and diverse populations
- Must complete the AAA practicum and attend Project ECHO-Geriatrics
Pacific Northwest Regional Reach

WWAMI = Washington, Wyoming, Alaska, Montana, & Idaho
Program Activities

• Primary Care Liaison
• Project ECHO–Geriatrics
• Geriatric Health Care Lecture Series
• Self-management Flag Dissemination
• Area Agency on Aging (AAA) Practicum
Primary Care Liaison

- Build relationships with primary care
- Create community-clinical linkages by engaging healthcare teams
- Facilitate referrals to community-based programs and services
- Increase enrollments into evidence-based health promotion programs
- Distribute self-management plans
Project ECHO Geriatrics

ECHO = Extension for Community Healthcare Outcomes

How Our Sessions Work

VIRTUAL, MONTHLY, ONGOING SESSIONS
Every 3rd Friday of the month @ 12:30 – 1:30pm Pacific, year-round.

FORMAT
Our sessions include a brief didactic (15 min), followed by case consultation(s) and discussion.

COMMUNITY PANELISTS
We are the first ECHO to include community members on our specialist panel, bridging the community-clinic gap.

DIDACTIC DATABASE
Our didactics are recorded and freely available to watch online, anytime.
Geriatric Healthcare Series

- 10-week virtual lecture series on geriatric healthcare topics twice yearly
- 75 min lecture + 15 min Q&A
- CME/CNE/CE credit available
- 1,000+ attendees for each series
- 80+ lectures archived online

https://www.nwgwec.org/activities/geri-series/
Self-Management Plans

- Facilitate use of self-management flags by patients and providers.
- Disseminate self-management flags for use by other organizations

Visit www.agingkingcounty.org/what-we-do/healthcare-collaboration
### AAA Practicum

1. Pre-Learning
2. Experiential Visits
3. Debrief Sessions
4. Pre/Post Surveys

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**Protected: AAA Practicum**

In partnership with Northwest Geriatric Workforce Enhancement Center (NW3WEC), Aging and Disability Services offers an Area Agency on Aging (AAA) practicum. This unique experience offers health profession trainees first-hand exposure to the King County Aging network. This page includes educational materials intended to introduce and orient health professional trainees and other professionals to the AAA and community networks.

These materials are made possible by Grant Number U1QHP28742 from the Health Resources and Services Administration (HRSA), an operating division of the U.S. Department of Health and Human Services. Materials may be referenced or linked if credit is given to the authors.

Materials are under development. Feedback is appreciated.

Click on the headings below for more information about the AAA and our core services.

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Virtual AAA Based Practicum

MARCH 31 2023

New Poster Presentation: Virtualizing our Area Agency on Aging Practicum

For General NWGWECE Homepage News

Learning Materials:
- Health Promotion Fact Sheet
- Video: PEARLS Demonstration
- Video: EnhanceFitness

Resources:
- Self-Management Plans & Flags
- Caregiver stress self-management plan
- PEARLS Brochure
- ADS PEARLS Video 19-20-20
- Fall Prevention Resources-South King County 8-20
- Fall Prevention Resources-Seattle & North King County 8-20
- Fall Prevention Resources-Eastside King County 8-20

Congratulations to our three Primary Care Liaisons (Breanne Swanson, Phung Nguyen, and Felicia Sanchez) and their well-received poster, Virtual Area Agency on Aging Based Practicum for Health Professionals Trainees at the American Society on Aging’s Annual Conference On Aging 2023 in Atlanta, GA. Our Area Agency on Aging (AAA) Practicum is one way we work towards bridging the clinic-community gap by teaching primary care trainees (geriatric fellows, family medicine residents, and advanced practice nursing students) about programs to address the social determinants of health needs of older adults and caregivers. During the pandemic, our practicum was re-invented virtually using asynchronous videos and Zoom debriefings. Our findings indicate that our virtual practicum experience is just as valuable as it was pre-pandemic and if anything, it’s more convenient for busy primary care trainees.
AAA Practicum: Testimonies

“[The TCARE] was a very detailed and lengthy assessment! From my end, it seemed difficult to do over the phone so I was very impressed with Carole. It seemed there were many issues to ask about with the caregiver ranging from self-care to mental health and so forth. The family caregiver said they found a lot of meaning in life in their role caregiving for their family member. It was very interesting and I learned a lot from Carole.”

“The practicum] was really great! Nice to see how much [ADS] does. [It] opens my eyes to a lot of things. [I] get a good sense of things. I can actually refer a patient [to Community Living Connections] as a provider and how to access information myself. I feel more competent in providing information to [patients].”

“It was important to know the jurisdiction and mandatory reporter. What does it mean when we say] self-neglect. Limits on what APS staff does [and] clarifying those details. I made a bunch note notes about it.”

“Thank you for the work you do. I think it’s very important and helpful to learn about these resources available in the community!”

“I was impressed with Enhance Fitness class in Mandarin. I was dancing in my space; my heart rate actually went up. It was a great class! The client doesn’t need specific equipment, just a chair in place.”
Where to Find Us

- Web: AgingKingCounty.org
- Facebook: facebook.com/AgingKingCounty
- Twitter: @AgingKingCounty
- Pinterest: pinterest.com/agingkingcounty
- Monthly eZine: AgeWiseKingCounty.org

For information and access to services and resources

Community Living Connections
- 1-844-348-5464 (toll free)
- 206-962-8467

AAA Primary Care Liaison
- 206-454-9704
- phung.nguyen@seattle.gov