PROCLAMATION

WHEREAS, Seattle is home to more than 208,644 residents aged 50 or older—29.4 percent of the population—and a hub for 1.3 million people aged 50 and older who live in the greater Seattle metropolitan area; and

WHEREAS, our neighborhoods and communities are enriched by the diverse experiences, strength, and wisdom of older people born in different generations, including WWII, Post War, Boomers, and Gen X; and

WHEREAS, the City of Seattle has committed to welcoming and including people of all ages in the life of our community, as evidenced by the Age Friendly Seattle initiative's work to make Seattle a great place to grow up and grow old; and

WHEREAS, the City of Seattle provides services and supports that help older adults experience stable health and live as independently as possible, including those offered through the Seattle Human Services Department's Aging and Disability Services division, which has served older people, adults with disabilities, and caregivers as the Area Agency on Aging for Seattle and King County since 1973; and

WHEREAS, Seattle Parks and Recreation encourages and helps sustain physical activity and social connections for older people via their Lifelong Recreation, Sound Steps, and Dementia-Friendly Recreation Programs; and

WHEREAS, since 1963, our nation has recognized May as Older Americans Month, a time to acknowledge the contributions of past and current older people to our country; and

WHEREAS, the national theme for Older Americans Month 2023—"Aging Unbound"—offers an opportunity to explore diverse aging experiences and discuss how communities can combat stereotypes.

THEREFORE, THE MAYOR AND THE SEATTLE CITY COUNCIL PROCLAIM THE MONTH OF MAY 2023 TO BE

Older Americans Month in Seattle

We encourage all Seattle residents to take time this month to connect with older family members, friends, neighbors, and colleagues; acknowledge their valuable contributions, past and present; encourage their ongoing physical, mental, and emotional well-being; and support their choices about how they age in their communities.

Bruce Q. Hanell	Debora Juney
Mayor Bruce Harrell	Council President Debora Juarez
Lisa a. Herbold	Monales
Councilmember Lisa Herbold	Councilmember Tammy J. Morales
Soraleser	Alley Pal
Councilmember Sara Nelson	Councilmember Alex Pedersen
Jul	Dan Strangs
Councilmember Kshama Sawant	Councilmember Dan Strauss