

2023 Barnaamijka Nafaqada Suuqa Beeralayda Dadka Waaweyn



In la siiyo dadka waaweyn ee u qalma khudaar iyo miro cuseyba ah oo ka ahaada suuqyada beeralayda degmada



**Uqalmitaanka waa \$80
kaarka SFMNP**

Si aad u codsato, dhammaan waxyaabaha soo socdaa waa inay run noqdaan:

- **Da'du waa 60+** (ama da'da 55+ haddii aad tahay Hinddida Mareykanka ama Alaskaan Dhallad ah) markay tahay Juun 30
- Dakhli hoose (oo aan ka badnayn \$2,248 oo dakhli bileed ah midkaas oo loogu talagalay hal qof ama \$3,040 oo loogu talagalay labbo qof- lagu daray \$792 oo ah qofkasta oo dheeraad ah ama lagu soo daro)
- **Degmada King, Washington degane**

Mudada cosdiga: Abriil 10keeda-Maay 19keeda

Barta Internet-ka Ka Codso

AgingKingCounty.org/SFMNP

Ka codso onleyna ama daabac codgisa adoo tagaya mareegta (webseytka) sare. Boosto ku soo dir codsigaad buuxisey ugu danbeyn Maay 19,2023:

**Senior Farmers Market Nutrition Program
140 Lakeside Avenue, Suite A-180
Seattle WA 98122**

Ha dalban codsi mid ka badan, codsiyada dheeraadka ah waa la saari. Codsiyadu waxaa la galin hab xulusho oo baqtinasiib ah. Haddii magacaaga la xushey, waxaad boostada ka heli doontaa kaarkaaga SFMNP.



Ma u baahantahay caawimaad?

Ka wac **Community Living Connections** (lacag la'aan)
1-844-348-5464 ama booqo communitylivingconnections.org