**PEARLS Criteria**

Over the last two weeks the client has been bothered by one of the following:

* Feeling down, sad, or hopeless **more than half the days**
* Having little interest or pleasure in doing things **more than half the days**  
   **OR**

In the past two years, the client felt sad or depressed **most days** even if feeling okay

sometimes (dysthymia).

**Is not** **functionally impaired** by a psychotic disorder, bipolar mood disorder,

personality disorder, cognitive impairment, or current substance or alcohol abuse.

Lives within King County

Is age 55 or older and English speaking

Lives in the community (not Assisted Living, Adult Family Home, or Skilled Nursing Facility)

Income at or below forty percent (40%) of the state median income

**If above criteria are met, then give a brief overview of PEARLS to your client with the following highlights:**

* The program is provided at no cost to the client.
* The program is offered by Aging and Disability Services to teach clients problem solving skills that have been proven effective by University of Washington researchers.
* The PEARLS Counselor will ask some screening questions that may include information about medications, diagnosis, cognitive abilities, and alcohol or substance abuse.
* There are eight meetings**\*** with the PEARLS Counselor over five months, followed by three monthly calls.

**\* PEARLS is currently offered through telephone visits due to COVID-19; however, arrangements can be made to do home visits with pre-screening for COVID-19.**

**Please provide a brief Description of the Causes of the Client’s Depression:**

enter description here

Today’s Date: MM/DD/YYYY

Client Name: enter name here DOB: MM/DD/YYYY

Client Phone: xxx-xxx-xxxx

Client Street Address: enter address here (with zip code)

Referent Name: enter name here Referent Phone: xxx-xxx-xxxx

Referent Agency: enter agency here Referent Email: enter e-mail address here

Care Assessment:  Yes  No Program:  CM  CFC  Respite  SHA/AS Other/Comments: enter additional information here

**PEARLS Program Contact Information**Karen Heeney, Supervisor (206) 684-0667

Counselor: Suzet Tave (206) 615-0533