

2022 Barnaamijka Nafaqada Suuqa Beeralayda Dadka Waaweyn



In la siiyo dadka waaweyn ee u qalma khudaar iyo miro cuseyb ah oo ka ahaada suuqyada beeralayda degmada

U qalimid loogu talagalay lacag dhan \$40 oo waraaqo lacag bixin ah

Si aad u codsato, dhammaan waxyaabaha soo socdaa waa inay run noqdaan:

- **Da'du waa 60+** (ama da'da 55+ haddii aad tahay Hinddida Mareykanka ama Alaskaan Dhallad ah) markay tahay Juun 30
- Dakhli hoose (oo aan ka badnayn \$2,096 oo dakhli bileed ah midkaas oo loogu talagalay hal qof ama \$2,823 oo loogu talagalay labbo qof- lagu daray \$728 oo ah qofkasta oo dheeraad ah ama lagu soo daro)
- **Degmada King, Washington degane**

Muddada codsiga: 11 Abriil - 13 Meey

Barta Internet-ka Ka Codso

AgingKingCounty.org/SFMNP

Barta internet-ka ka codso ama ka daabaco warqadda codsiga mareegtada kor ku xusan. U dir arjigaaga oo dhameystiran ugu dambayn Meey 13, 2022 si aad ugu qalanto:

**Senior Farmers Market Nutrition Program
140 Lakeside Avenue, Suite A-180
Seattle WA 98122**

Ha codsanin in ka badan hal jeer, codsiyada labada nuqul ah meesha ayaa laga saari doonaa. Codsiyada la helo waxaa la geli doonaa habka xulashada bakhtiyaanasiibka. Haddii magacaaga la doorto, waxaad ku heli doontaa jeegagaaga tooska boosto marka ay tahay Luulyo.



Ma u baahantahay caawimaad?

Ka wac **Community Living Connections** (lacag la'aan)
1-844-348-5464 ama booqo communitylivingconnections.org