

Seattle Da kaste
ayee Saaxiib u tahay
seattle.gov/agefriendly

Tel. 206-233-5121

711 Adeegga Gudbinta

agefriendly@seattle.gov



Close to Home: Sheekooyinka
Caafimaadka, Farsamada, Adkeysiga
iyoo Civic Coffee Hour waa dhacdooyin
loogu talagalay in dadka waayeelka
kula kulmaan hoggaamiyeyaasha
bulshada iyo saraakiisha dawladda
hoose, waxayna heli karaan su'aalo
iyo jawaab -celin.

Qoraalka hoose:

Carabi, Shiinays, Ingiriis, Af Ruush,
Isbaanish iyo Fiyatnaamiis

Tafsiirka Tooska ah:

Luqadda Farta ee Ameerika

Is -qor oo daaro ogeysiisyada:
[youtube.com/AgingKingCounty](https://www.youtube.com/AgingKingCounty)

loogu talagalay in la duubo
barnaamijyada leh qoraal hoos ku
qoran ee lagu bandhigayo luqado
dheeri ah!

Toddobaad kahor intaysan dhicin
dhacdana, Fadlan soo gudbi
codsigaaga ku saabsan cawimaada.

**Ma leedahay arrimo gabow ama
naafonimo?**

Wac 1-844-348-5464 (Iacag la'aan)

CommunityLivingConnections.org

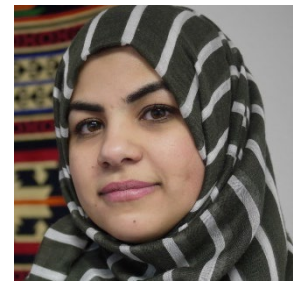
U dhow Guriga Jimce, 2/12/21 10:30 - 11:30 subaxnimo

IRAQI COMMUNITY CENTER OF WASHINGTON

مركز الجالية العراقية في واشنطن



Yahya Algarib,
Executive Director



Marwa Sadik, Family
Support Specialist

Xarunta Beesha Ciraaqiga ee Washington waa urur aan
faa'iido doon ahayn oo u adeega shakhsiyaad iyo qoysas kala
duwan oo ku nool South King County iyo Seattle. Yahya iyo
Marwa waxay ka wadahadli doonaan adeegyo bulsho oo
dhaqan iyo luqad ahaanba oo ay heli karaan qaxootiga
Ciraaqiga ah iyo xubnaha kale ee bulshada.

Booqo: bit.ly/AgeFriendlyLive Si aad ugu biirto, hel tilmaamo
oo ku hel xaashiyahaan luqado dheeraad ah (ama, taleefan:
206-207-1700, ka dibna geli: 2483 872 1253)).



Codso kaarka GOLD (da'da 60+) ama FLASH (da'da 18-59 naaf
ah) si aad qiimo dhimis ugu hesho Seattle iyo King County aagga:
Seattle.gov/AgeFriendlyDiscounts



Seattle
Human Services
Equity • Support • Community



The
Seattle
Public
Library