



African American Caregivers Forum

Legacy of Love

ONLINE • FREE

A unique, culturally-focused event that draws family caregivers from throughout the Pacific NW



Additional sponsors welcome.

For info, e-mail

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Celebrating Caregivers: Caregiving Around the Clock

Legacy of Love, the African American Caregivers Forum, is an annual event with a special focus on memory care, presented during National Family Caregivers Month. Professionals and family caregivers will share their challenges and joys in caring for loved ones. Join us!

DATE: Saturday, November 13, 2021

TIME: 12 noon–2 p.m.

JOIN: A few minutes before event time, go to bit.ly/AgeFriendlyLive and click on the blue "Join Event Now" button.

TAKE-AWAYS: Tips for finding humor in everyday situations and celebrating the moments that touch your heart; tips for including loved ones in social activities with friends and family; tips for connecting with other caregivers; tips for getting your affairs in order and preparing for end-of-life; and resources for family caregivers throughout the region.

KEYNOTE: LueRachelle Brim-Atkins, founder and principal consultant of Brim-Donahoe & Associates, who provided dementia care for her mother, is the 2021 keynote speaker.

PANEL: Local caregivers Theresa Gossett, Pammyla Hubbard, and Stephen LaBoo will share stories from their personal caregiving journeys, in a presentation moderated by Margaret Boddie, African American Elders Program.

PRESENTATION: Attorney Stephanie Haslam, Compassionate Legal Care, LLC, will share helpful information on end-of-life planning.

REGISTRATION: Registration is encouraged at SurveyMonkey.com/r/2021LegacyOfLove

CONTINUED EDUCATION: Three CEUs are offered at no charge (NASW). See webpage.

INFO: Auto-captions available in multiple languages. For more information, e-mail Karen.Winston@seattle.gov or visit AgingKingCounty.org/LegacyOfLove.

