

COPES Waiver Services/MAC & TSOA

Home-Delivered Meals

When to Authorize

- Authorize provision of nutritionally balanced meals, delivered to the client in his/her own home, when:
- Home delivered meal provision is more cost effective than having a personal care provider prepare the meal; and
- The client is homebound (Definition: client is normally unable to leave home unassisted because doing so requires considerable effort. Client may occasionally leave home for medical treatment, or for short, infrequent, non-medical trips such as a hair appointment or church attendance); and
- The client is unable to prepare the meal and there is no other person, paid or unpaid, to prepare the meal.

Personal Care Hours must be Reduced:

If a client receives home-delivered meals, the number of personal care hours available for paid caregivers must be reduced. See [HDM Deductions Training Handout](#)

Additional Information

- Meals are dual oven-able (microwave and oven).
- The Case Manager can order up to 31 in a month for a COPES client (1 meal per day).

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P1 S5170

Max Units: One meal per day, maximum 31 month

Provider #	Provider Name	Contact Information	Rate
P1# 203744704	Sound Generations 2208 Second Ave, Suite 100 Seattle, WA 98101	Paul Lacine Phone: 206-448-5767 Fax 206-448-5756 Menu Online Application	\$6.80 (Rate is \$8.50 per meal from 3/1/20 – 3/31/21 during the COVID-19 emergency). 2 meals a day are allowed during this time
P1# 101576402	Lifelong (Chicken Soup Brigade) 210 S. Lucile St. Seattle, WA 98108 Can provide meals that vary with clients' dietary restrictions, e.g., no dairy, low fat, no spice, low sodium, renal diet, etc.	Phone: 206-957-1686 Fax: 206-860-6326 Email: foodservices@lifelong.org A client referral form is required. This form must be submitted to agency before services can be delivered. Menu Cycle Meal Category Descriptions	\$6.80 (Rate is \$8.50 per meal from 3/1/20 – 3/31/21 during the COVID-19 emergency). 2 meals a day are allowed during this time