To: ADS Advisory Council Members and interested others

From: Ava Frisinger, Chair, Aging and Disability Services Advisory Council

Subject: ADS Advisory Council Monthly Meeting Agenda

Contact: Sariga Santhosh, (206) 684-0652

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Agenda and Announcement for the
Aging and Disability Services Advisory Council Meeting

Friday, December 13, 2019
Seattle Municipal Tower
700 5th Ave, 40th Floor, Seattle, WA 98104

Schedule

<table>
<thead>
<tr>
<th>Time</th>
<th>Agenda Item</th>
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<tr>
<td>10:00 - 11:30 a.m.</td>
<td>Advocacy Committee <em>(detailed agenda attached)</em></td>
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<td>12:00 – 12:15 p.m.</td>
<td>Councilmember Bagshaw Celebration!</td>
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<td>ADS Advisory Council and staff will celebrate outgoing Councilmember Sally Bagshaw and honor her 10 years of vision, passion and dedication in ensuring Seattle remains a great place to grow up and grow older!</td>
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<td>12:15 – 1:00 pm</td>
<td>Advocacy Training: Melessa Rogers (Glaser Progress, RESULTS)</td>
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<td>Melessa joins us this month to share the RESULTS advocacy framework and strategies to empower individuals to exercise their personal and political power. With over 40 years of success in refining citizen advocacy, RESULTS helps ordinary people actively build relationships and work in partnership with legislators, media and local communities.</td>
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<td>1:00 – 2:00 p.m.</td>
<td>Other Business</td>
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<td>I. Approval of Minutes</td>
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<td>II. Reports from Committees and Councils (35 min)</td>
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<td>o Executive Committee - Ava Frisinger</td>
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<td>o Advocacy Committee - June Michel</td>
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o Nomination Committee - Lorna Stone, Marli Larimer, Jenny Becker
o VSHSL Board Seniors Committee - Dick Woo, Cindy Snyder
o State Council on Aging - Ava Frisinger
o NW Universal Design Council - Tom Minty
o Mayor’s Council on African American Elders - Cynthia Winters
o Age-Friendly Coalition for Seattle & King County - Maria Langlais

III. Reports / Action Items from AAA Partners (15 min)
IV. Director’s Report, Cathy Knight (10 min)
V. Other announcements and meeting reminders (see schedule below).

2:00 – 2:30 p.m. Executive Committee

Upcoming Advisory Council Meetings and Events

January 10, ADS Advisory Council Retreat (no January meeting)
8:30 – 3:00 pm @ Location TBD

February 14, ADS Advisory Council Meeting
Noon – 2:00 pm @ Seattle Municipal Tower

March 13, ADS Advisory Council Meeting
Noon – 2:00 pm @ Seattle Municipal Tower

Please contact Sariga Santhosh with questions or to request accommodations:
(206) 684-0652 or sariga.santhosh@seattle.gov