



**Advisory Council on Aging and Disability Services**  
*Advocating for local, state, and national programs that promote quality of life for older adults and people with disabilities in partnership with Seattle Human Services and King County.*

**Advisory Council Meeting Minutes**  
**December 13, 2019**

**Advisory Council Members**

<input type="checkbox"/> Mayor David Baker	<input type="checkbox"/> CM Marli Larimer	<input checked="" type="checkbox"/> Cindy Snyder
<input checked="" type="checkbox"/> Jenny Becker	<input checked="" type="checkbox"/> Larry Low	<input checked="" type="checkbox"/> Lorna Stone
<input checked="" type="checkbox"/> Ava Frisinger	<input checked="" type="checkbox"/> June Michel	<input checked="" type="checkbox"/> Diana Thompson
<input checked="" type="checkbox"/> Zelda Foxall	<input checked="" type="checkbox"/> Tom Minty	<input checked="" type="checkbox"/> Sue Weston
<input type="checkbox"/> CM Debora Juarez	<input checked="" type="checkbox"/> Andrea Sawczuk	<input checked="" type="checkbox"/> Dick Woo

**Friends of the Advisory Council**

<input type="checkbox"/> Connie Bown	<input checked="" type="checkbox"/> Joe Hailey	<input checked="" type="checkbox"/> Cynthia Winters
<input checked="" type="checkbox"/> Edna Daigre	<input checked="" type="checkbox"/> Barb Williams	

Others present:

**Guests:** CM Sally Bagshaw, Lena Tebeau, Maureen Linehan, J Wong, Alexis Rinck

**AAA Staff:** Audrey Buehring, Cathy Knight, Andrea Yip, Maria Langlais, Andrea LaFazia-Geraghty, Pauline Elwin-Smith, Jon Morrison Winters, Jeff Sakuma, Karen Winston, Theresa Tanoury, Irene Stewart, Sara Godinez, Erik Mannery, Lorraine Sanford, Dominique Williams, Sariga Santhosh

**King County:** None

*This month, ADS Advisory Council and staff celebrated outgoing Councilmember Sally Bagshaw and honored her 10 years of vision, passion and dedication in ensuring Seattle remains a great place to grow up and grow older. ADS leadership (former and current) shared a proclamation celebrating her several Age-Friendly accomplishments at the start of the meeting.*

**I. RESULTS Framework Training: Melessa Rogers (Glaser Foundation)**

*Melessa share her strategies to empower individuals to exercise their personal and political power and actively build relationships and work in partnership with legislators, media and local communities.*

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*In partnership with:*



- If we want something, we have to ask for it.
- Tip on how to build relationships with legislators: Assess where a person is on the Champion Scale, then move them up.
  - 4: Champion
  - 3: Leader
  - 2: Advocate
  - 1: Supporter
  - 0: Uninformed or Neutral
  - -1: Opponent
- Constituent visits and individual letters are the most effective way to influence
- EPIC Communication Tool:
  - Engage your audience
  - Problem statement
  - Inform about the situation
  - Call to action

## II. Meeting Motions

- Motion to approve November meeting minutes
  - Ava: move to modify or correct minutes
  - Seconded by Cindy
  - Passed unanimously among council members
- Motion to make CM Sally Bagshaw an honorary member of the Advisory Council
  - Motion introduced by June
  - Seconded
  - Passed unanimously among council members
- Motion to re-appoint current roster of AC officers for 2020 AC leadership
  - Lorna: introduced motion
  - Seconded by Andrea
  - Passed unanimously among council members

## III. Committee Updates

### Executive:

- Committee will meet for a quick 5-minute update at end of Advisory Council meeting.

### Nominations:

- All current officers have agreed to serve an additional year
- Lorna introduced motion to re-appoint current roster of officers

### Advocacy:

- Members are supporting Diana's ask to loop Room 4050/4060 in SMT

- Important dates:
  - 1/13 -3/13: 2020 session
  - 1/20: W4A Lobby Day webinar on case management ask
  - 1/30: W4A Lobby Day
  - 2/20: Senior Lobby Day
- Members worked on their elevator pitch and refining the definition of case management
- Last year, most priorities were successful, except for CM. That is the focus this year.

#### VSHSL Board:

- Last meeting was Nov 21 and focus was on governance. Board Chair and Committee Chairs were selected, and by-laws and attendance requirements were finalized.
- Next meeting of the Senior Committee is next week and will include funding discussion.
- The levy will distribute \$57 million in 2021 and move towards \$65 million in 2025. Senior Committee will be tracking how senior funding is working and are forming committees to review grants.
- Senior Committee is still getting questions from groups that have been left out of past funding processes.

#### State Council on Aging

- Members worked on state legislative priorities last month.
- Members were Introduced to new Pierce County legislator, Kelly Chambers, who is interested in housing and homelessness issues.

#### NW Universal Design Council:

- Steering committee meets the first Thursdays of month
- Accessible open house event last month really went well. Council plans to hold more open houses to show good universal design models.
- Members are hoping to present at Seattle Home Show and working with Pathways, who they've worked with before.
- Next event is the Pedestrian wayfinding and accessibility forum on Feb 27
- Council is also planning on celebrating ADA's 30 year anniversary.

#### Mayor's Council of African American Elders:

- Members reviewed 2019 accomplishments, which included Grandparents Day at Northwest African American Museum and the Legacy of Love Caregiver Forum.
- Priorities for 2020 include supporting greater investments in affordable housing.

#### Age-Friendly Coalition:

- Members recently hosted a fantastic networking event, which was well attended and resulted in new member recruitment.
- Steering Committee's focus will include dance/movement and outreach to community.

#### **IV. Partner Report:**

##### **Department of Community and Human Services:**

- Senior Virtual Villages will open in early January 2020 (the virtual isn't about technology but about not being contained within walls of a senior center)
- Evidence Based Health Promotion RFP will launch in mid-First Quarter 2020
- Kinship Care RFP is expected to launch in late First Quarter 2020
- King County is coordinating with ADS for caregiver connections and caregiver respite, along with mobile meal delivery. Will engage more with the Advisory Council on these service areas in 2020.
- King County DCHS is coordinating with Public Health on mobile medical vans.
- Senior Hubs are all contracted and starting to do additional outreach, connections, and met for the first Senior Hubs Learning Collaborative. County will continue to share progress, including data, with the Advisory Council.

##### **Department of Public Health:**

- No updates

#### **V. Director's Report: Cathy Knight**

- Two ADS employees - Lenny and Karen – were recognized at the HSD Employee Max awards
- ADS is working closely with Traci and DCHS team on MOU to coordinate and align programs and investments.