



Advisory Council on Aging and Disability Services
Advocating for local, state, and national programs that promote quality of life for older adults and people with disabilities in partnership with Seattle Human Services and King County.

Advisory Council Meeting Minutes
November 8, 2019

Advisory Council Members

<input type="checkbox"/> Mayor David Baker	<input checked="" type="checkbox"/> CM Marli Larimer	<input checked="" type="checkbox"/> Cindy Snyder
<input checked="" type="checkbox"/> Jenny Becker	<input checked="" type="checkbox"/> Larry Low	<input checked="" type="checkbox"/> Lorna Stone
<input checked="" type="checkbox"/> Ava Frisinger	<input checked="" type="checkbox"/> June Michel	<input checked="" type="checkbox"/> Diana Thompson
<input checked="" type="checkbox"/> Zelda Foxall	<input checked="" type="checkbox"/> Tom Minty	<input type="checkbox"/> Sue Weston
<input type="checkbox"/> CM Debora Juarez	<input checked="" type="checkbox"/> Andrea Sawczuk	<input type="checkbox"/> Dick Woo

Friends of the Advisory Council

<input type="checkbox"/> Connie Bown	<input checked="" type="checkbox"/> Joe Hailey	<input type="checkbox"/> Cynthia Winters
<input checked="" type="checkbox"/> Edna Daigre	<input checked="" type="checkbox"/> Barb Williams	

Others present:

Guests: Milton Curtis, Reem Al-Dossary, Arielle, Wesley-Washington, J Wong, Nancy Slote, Bailey Jensen, Teofile Uribe-Cruz, Jerry Garcia

AAA Staff: Jason Johnson, Andrea Yip, Maria Langlais, Andrea LaFazia-Geraghty, Jeff Sakuma, Angela Miyamoto, Karen Winston, Theresa Tanoury, Irene Stewart, Allison Boll, Kristine Broome, Arthur Hunter, Angela Miyamoto, Phung Nguyen, Sara Godinez, Erik Mannery, Sariga Santhosh

King County: Traci Adair

- I. **Panel Presentation:** Panel Discussion: Allison Boll, Kristine Broome, Art Hunter (ADS Caregiver Support Programs)

ADS staff joined us to discuss family caregiving support programs that connect caregivers with information, support, and services to care for loved ones. The panel provided program overviews, shared personal stories from their work, and explored how the Advisory Council can support the work done to allow community to age safely and affordably in place.

- Who are caregivers? Some facts:

Office:
 Seattle Municipal Tower
 700 5th Avenue, 51st Floor
 Seattle, WA 98124

Mailing:
 Aging and Disability Services
 PO Box 34125
 Seattle, WA 98124

Telephone: (206) 684-0660
TTY: (206) 684-0274
FAX: (206) 684-0689
ADSAdvisoryCouncil.org

- All ages, but most are 35–64 years old
- Any gender, but a majority are female
- Most work full- or part-time outside the home
- Most provide medical or nursing tasks, such as wound care, giving injections or managing medications
- The average length of care is 4.3 years
- Half of all caregivers have no outside help; only 10% - 20% use formal services
- 80% of care in Washington State (an estimated 600,000–850,000 unpaid caregivers) is provided by family members and other unpaid caregivers.
- If just 1/5 of unpaid caregivers stopping providing care, it would double the cost of long-term services and supports
- ADS caregiver support services:
 - Specialized information + assistance
 - Assessment and care planning
 - Counseling
 - Specialized equipment or supplies
 - Training
 - Consultation
 - Support groups
 - Housekeeping and Errands
 - Respite Care
- Other community caregiver resources:
 - Kinship Support Program
 - Alzheimer’s Association
 - AARP
 - Lifelong Recreation
 - Old Friends Club
 - Veterans Administration
- How the Advisory Council can help:
 - Help get the word out!
 - Thank legislators for continued support
 - Older Americans Act Reauthorization – Title III E funds the National Family Caregiver Support Program

II. Introduction to Sea Mar Museum of Chicano/a/Latino/a Culture: Teofila Uribe-Cruz and Jerry Garcia (Sea Mar)

- Officially opened on October 24.
- The first Chicano/a and Latino/a museum in the Pacific Northwest.
- Intentional choice to stay away from Latinx or Chicanx gender pronouns to respect language from 1930s.
- Museum timeline focuses on the first critical mass of Latino migration to this country in the 1930s and onward.
- Movie on loop: Chavez, de la Huerta, and Farmers Right movement
- Museum highlights military service Latino/Chicanos that are left out of history.
- Expansion of museum already in the works!

III. Meeting Motions

- Motion to approve September meeting minutes
 - Ava: move to modify or correct minutes
 - Motion moved and seconded by members
 - Passed unanimously among council members

IV. Partner Report: Traci Adair, DCHS

- Working with ADS on strategies for caregiver respite and "senior virtual villages"
- Will be turning to the Advisory Council for input on review panels in the future
- More information on the Senior Centers funding:
 - RFP opened back in March
 - Population priorities: African American older adults with health disparities, LGBTQ communities, people of color, veterans, etc.
 - Four robust community planning sessions. Initial application period was six weeks, but received feedback that more time needed, so time was extended to eight weeks.
 - 22 applications received from 41 senior centers
 - Partnerships were allowed and encouraged
 - 28 senior centers/14 hubs identified. The other applicants got a one-time award
 - No money was taken away from any senior center and even unsuccessful applicants received more than they asked for
 - Process of contracting with the 14 successful bids will take place in next few weeks
 - Three exciting hub models to highlight:
 - Enumclaw Senior Center (outreach to isolated rural elders)
 - India Association of Western Washington Senior Services Hub (collaborates with 4-5 Eastside senior centers to provide culturally competent programming for SE Asian older adults)
 - Des Moines Senior Center (addresses gentrification issues)

V. HSD Updates: Jason Johnson (HSD Acting Director)

- City budget is not yet finalized, Council still in discussion. Finance Committee Chair, CM Bagshaw has submitted paperwork.
- Anticipating increased revenue thanks to the Sweetened Beverage Tax dollars. This means more money to support congregate meals, food access, and meal delivery programs.
- Across board, HSD contracts will receive 2.6% inflationary increase.
- Two future Advisory Council agenda topics:
 - Aging homeless population. HSD staff (Jason Johnson, Brent Butler, Jeff Sakuma) attended meeting where this growing trend was the focus.
 - Gun violence from a Public Health standpoint: Population most impacted is 18 to 27 years old, but older adults are also impacted. Communities impacted broad (South and South King County).

VI. Selection of Nominating Committee Members

- Lorna Stone, CM Marli Larimer, Jenny Becker