

## Northwest Universal Design Council (NWUDC)

### About:

NWUDC promotes universal design principles through educational forums and other activities, with a focus on the built environment and social environments. Our Steering Committee meets monthly and we welcome guests and new members.

### 2019 highlights:

- May 2019 Forum on Planning Accessible Meetings and Events, including a panel presentation by people with disabilities sharing their experiences attending and planning events. Video courtesy of Seattle Channel: <https://www.youtube.com/watch?v=aEe7dhB48Yw&feature=youtu.be>.
- August 2019 Doorway to Inclusion installation at Seattle Design Festival Block Party. In partnership with WA Assistive Technology Program (WATAP), our team built a freestanding entryway with universal design and “smart home” features, and demonstrated assistive tech.
- Held two networking happy hours at design showrooms.

### 2020 plans:

- February 2020 Forum on Pedestrian Wayfinding, with SDOT, King County Mobility Coalition and other partners.
- July-August 2020 Multiple events in planning stages to celebrate 30<sup>th</sup> anniversary of the Americans with Disabilities Act, including participating in Seattle Design Festival.

### Get involved!

- Attend a monthly Steering Committee meeting. Contact Jon or Sarah for info.
- Join our listserv to stay informed of news and events: <http://www.seattle.gov/lists/nwudc.htm>

URL: [www.environmentsforall.org](http://www.environmentsforall.org).

Contact [Sarah.demas@seattle.gov](mailto:Sarah.demas@seattle.gov) or [jon.morrisonwinters@seattle.gov](mailto:jon.morrisonwinters@seattle.gov) for more info.

I'd like to learn more!

I'm part of this group!

## Mayors Council on African American Elders (MCAAE)

About:

Council of up to 12 members from diverse professional backgrounds. The commission was created to promote a better quality of life for African American elders in Seattle and King County, by advocating for accessible, culturally appropriate, and comprehensive programs and services, with a focus on the isolated, frail, and low-income.

2019 highlights:

- March: MCAAE members and African American Elders Program staff provided input on needs and emerging trends among older African Americans in Seattle and King County for the Area Agency on Aging's (AAA) Area Plan planning process. The area plan guides the work of the AAA for the next four years.
- September: Over 80 parents, grandparents and children attended Grandparents Day, produced in partnership with NW African American Museum and AARP.
- October: MCAAE members joined ADS Advisory Council at the annual statewide legislative meeting and the Senior Lobby Conference.
- November: One of 17 co-sponsors of the African American Caregivers Forum: Legacy of Love. Over 100 caregivers and providers attended.

2020 plans:

- Continue advocacy for the development of more extremely affordable housing (30% AMI).
- Advocate for funding a nurse staff position to the African American Elders Program.

Get involved! Contact Karen for more info on upcoming opportunities to engage.

Contact: [Karen.Winston@seattle.gov](mailto:Karen.Winston@seattle.gov) or 206-684-0706

More info: <https://www.seattle.gov/mcaae>

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## ADS Advisory Council

### About:

The Seattle-King County Advisory Council for Aging & Disability Services is a 21-member board appointed by City of Seattle and King County legislators. Members advocate for local, state, and national programs that promote quality of life for older people and adults with disabilities.

### 2019 highlights:

- Advocated for several aging programs and supports for older adults, including the Long Term Care Trust Act, the national model for long-term care funding.
- Participated in two lobby days in Olympia and was successful in passing most of the council's 2019 legislative priorities. Members met 14 legislators or staff on W4A Lobby day (1/30) and 24 legislators or staff on Senior Lobby Day (2/27).
- Attended the w4a statewide and Senior Lobby conferences in October 2019 to learn about relevant issues in the upcoming legislative session.

### 2020 plans:

- Will focus on advocacy around increased funding for ADS's Medicare Case Management Program that currently serves 12,000 clients monthly. High caseloads for case managers and low Medicare reimbursements rates threaten the long-term stability of this important program that allows many older adults in King County to age safely in place.

### Get involved!

- Monthly meetings are open to the public, and are held most 2<sup>nd</sup> Fridays, noon -2:00PM, at Seattle Municipal Tower, Room 4050. Email [aginginfo@seattle.gov](mailto:aginginfo@seattle.gov) for more info.
- Join the advocacy listserv by sending an email to [AgingKingCounty-subscribe-request@talk2.seattle.gov](mailto:AgingKingCounty-subscribe-request@talk2.seattle.gov).

Contact: [aginginfo@seattle.gov](mailto:aginginfo@seattle.gov) or 206-684-0660

More info: <https://www.agingkingcounty.org/about-us/advisory-council/>

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## King County Mobility Coalition

About:

Community group supported by Hopelink's Mobility Management team, that works to and make it easier for people to get around in King County through building partnerships, raising community awareness around mobility options and issues and education and advocacy.

2019 highlights:

- Inclusive Planning grant to evaluate how older adults, people with disabilities and caregivers find and secure transportation.
- Produced a Transportation Needs Assessment for Immigrants and Refugees
- Developed the "Which ORCA Card is Right For Me?" comparison tool

2020 plans:

- Begin implementing the inclusive planning projects, including a regional one-call/one-click system and community transportation navigators.
- Build awareness on the importance of transportation access to healthcare-related appointments
- Update our King County Accessible Travel Map

Get involved!

- Subscribe to monthly newsletters here: <https://www.kcmobility.org/newsletter#Newsletters>
- Quarterly meetings are open to the public. Sign up for more info or contact folks below.

Contact: [cgiampietro@hopelink.org](mailto:cgiampietro@hopelink.org) or [shaber@hopelink.org](mailto:shaber@hopelink.org)

More info: <https://www.kcmobility.org/>

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## Transportation and Public Spaces Workgroup

### About:

Community group supported by ADS and King County staff working to promote accessible and affordable transportation options that keep older adults healthy, safe, and connected to their communities.

### 2018-2019 highlights:

- Reviewed county-wide health, demographic, and planning data
- Selected Beacon Hill as a focus area for the committee's work
- Conducted walking tours to observe active transportation infrastructure in Beacon Hill
- Began working with IDIC Senior Center on potential pedestrian and bus improvements around their building

### 2020 plans:

- Assist IDIC in identifying funding for pedestrian and bus infrastructure improvements
- Develop an advocacy toolkit for other organizations serving older adults to make active transportation improvements
- Develop a process toolkit so that this work can be replicated in other parts of King County

### How to get involved!

- Monthly meetings are open to the public.
- Contact [mary.snodrass@kingcounty.gov](mailto:mary.snodrass@kingcounty.gov); [ckachadoorian@tooledesign.com](mailto:ckachadoorian@tooledesign.com), or [Jon.morrisonwinters@seattle.gov](mailto:Jon.morrisonwinters@seattle.gov) for more info or to be added to the email list.

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## Age Friendly Steering Committee

### About:

The Age Friendly Steering Committee provides guidance and leadership to the Age Friendly Coalition for Seattle and King County and alignment with other age-friendly work. The Steering Committee is made up of community leaders who plan and lead Coalition activities and provide perspective on project prioritization and resource alignment. The Steering Committee is supported by City staff and led by two community co-leads.

### 2019 highlights:

- Conducted a strategic planning and visioning process to build a more empowered, aligned and representative committee.
- Defined member roles and commitments and drafted an assessment, recruitment and onboarding process for new members.
- Planned two convenings of the Age Friendly Coalition, in April and December.
- Analyzed and categorized data gathered at the Age Friendly Coalition's Pike Place Market walking assessment in Fall 2018 in partnership with AARP, Pike Market Foundation and Pike Market PDA.

### 2020 plans:

- Finalize assessment, recruitment and onboarding process, and recruit additional Steering Committee members.
- Evaluate subcommittees, on hold since mid-2019, and define next steps for committee work around Housing and other areas.
- Plan and coordinate 2-4 gatherings of the Age Friendly Coalition for Seattle and King County.

More info here: [agingkingcounty.org/age-friendly-coalition/](https://agingkingcounty.org/age-friendly-coalition/) or talk to a current co-lead or member!

Contacts: [sarah.demas@seattle.gov](mailto:sarah.demas@seattle.gov) or [maria.langlais@seattle.gov](mailto:maria.langlais@seattle.gov).

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## Age Friendly Coalition for Seattle and King County

### About:

The Age Friendly Coalition is a network of stakeholders passionate about aging issues and about making our region a great place to grow up and grow old. It is made up of community members, service providers, members of the business community, staff from both City of Seattle and King County governments and others. This group is convened 2-4 times per year at locations around King County for networking and information sharing.

### 2019 highlights:

- April Coalition Gathering, where participants learned about results of Pike Place Market walking audits conducted over 2018 using Stanford University's Discovery Tool smartphone app. Updates were shared from Coalition members and workgroups reported out on status of their projects.
- December Coalition Gathering!

### 2020 plans:

- The Coalition will be convened 2-4 times in 2020 for networking, updates and resource sharing.
- Members of the Coalition will support activities of many of the other member groups in their projects and events.
- Add your vision to our 2020 planning by attending an Age Friendly Steering Committee meeting!

Get involved! All gatherings are open to the public. Email [agefriendly@seattle.gov](mailto:agefriendly@seattle.gov) to be added to the listserv.

More info: <https://www.agingkingcounty.org/age-friendly-coalition/>

Contact [sarah.demas@seattle.gov](mailto:sarah.demas@seattle.gov), [maria.langlais@seattle.gov](mailto:maria.langlais@seattle.gov) or talk to a Steering Committee member to get involved!

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## Age Friendly Seattle

Through the work of advocates like the Age Friendly Coalition, in 2016, the City of Seattle joined the AARP network of Age Friendly States and Communities. In 2018, we hired up a team of 3 and submitted our Action Plan, with 86 actions to improve livability for older adults and adults with disabilities over 4 years. Staff support many of the groups in the Age Friendly network, work on Action Plan objectives, and conduct outreach and marketing efforts to raise awareness of aging and disability issues and programs.

2019 highlights:

- Age Friendly Day at the Seattle Sounders on 9/15 was a huge success, planned in partnership with AARP. Attendees' support helped our hometown team win against the New York Red Bulls!
- We held 12 Age Friendly Coffee Hour events, connecting representatives of local government with engaged audiences of older adults. This year, we expanded accessibility by offering a livestream for remote viewing as well as interpretation in Russian, Amharic and Vietnamese.
- The Age Friendly Business program launched [goagefriendly.org](http://goagefriendly.org), a new website with tips and tools for businesses to become more age-friendly employers and service providers, re-branded the Gold Card and FLASH Card programs and began work to expand offerings in our online Discount Directory at <http://seattle.gov/agefriendlydiscounts>.

2020 plans:

- Through expanded partnership with Seattle Public Libraries and their Older Adult Program,
  - Age Friendly Civic Coffee Hours will be held at the downtown library in 2020, expanding our attendance capacity and offering the opportunity to reach new audiences.
  - Age Friendly and SPL will produce a Lifelong Learning Summit in Fall 2020, showcasing organizations who support adults of all ages to keep learning and stay engaged.
- Age Friendly Business hopes to expand offerings in our Discount Directory to include every zip code in Seattle, and is in early planning stages for a public launch event in Spring 2020.
- Age Friendly staff are coordinating with the City of Seattle's ADA program to produce a series of trainings on providing great customer service to older adults and adults with disabilities, as well as an introduction to the network of services available in King County. Trainings will be offered in person and online to all City of Seattle staff who work with the public.

How to get involved: Follow us on Facebook ([@AgeFriendlySeattle](https://www.facebook.com/AgeFriendlySeattle)) and Twitter ([@agefriendlysea](https://twitter.com/agefriendlysea)). To learn more, contact [brent.butler@seattle.gov](mailto:brent.butler@seattle.gov), [sarah.demas@seattle.gov](mailto:sarah.demas@seattle.gov), or [Lenny.orlov@seattle.gov](mailto:Lenny.orlov@seattle.gov).

URL: <http://www.seattle.gov/agefriendly>

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