

## **Community Transition Services**

### **Roads to Community Living (RCL) and Washington Roads (WA Roads)**

#### **When to Authorize RCL**

Service provides RCL demonstration services for:

- Intensive one on one relocation support for individuals moving from qualified institutional settings to qualified community settings. These services are provided only as authorized by case management staff in the participant's Service Plan.
- Client must meet RCL eligibility as defined in RCL Transition Guidelines.

#### **When to Authorize WA Roads**

Service provides WA Roads services for three cohorts of individuals:

- Individuals moving from qualified institutional settings to qualified community settings for intensive one on one relocation support
- Individuals living in the community who are functionally and financially eligible for waiver/state plan HCBS, and have any of these characteristics:
  - Unstable residential or in-home settings
  - Frequent institutional contacts (ER visits, SNF stays, hospital admits, etc...)
  - Frequent turnover of caregivers
  - Multiple systems involvement (DOC, psychiatric institutions, etc...)

Individuals living in subsidized housing that has been coordinated through ALTSA (including NED, Bridge, 811, etc...), regardless of whether they are currently eligible for or receiving waiver/state plan HCBS

#### **RCL/WA Roads Services**

**Community Choice Guides** - services which may include but are not limited to:

- Conducting a pre-transition consultation with potential participants to determine viability for clients interested in transitioning from an institutional setting and transition/support service needs.
- Acting as a liaison with and among the client, nursing or institutional facility staff, case managers, housing providers, medical personnel, legal representative, formal caregivers, family members, informal supports and any other involved party
- Provision of assistance and support to ensure the participant's successful transition from the institutional setting as authorized by HCS and/or AAA staff.

- Locating and arranging for appropriate, accessible housing.
- Working in partnership with local housing authorities and other community resources regarding housing availability, subsidies and voucher capacity.
- Setting up the participant's new home including services such as arranging utility hook-ups and the acquisition of furnishings and household goods.
- Arrangement of the participant's physical move from the institutional setting.
- Liaison between the participant and housing provider
- Training or education about ability to access community settings, or health services.
- Personal skill development for client and/or caregivers related to the individual's care plan.
- Community integration activities, such as exercise classes, that might be found through local YMCA-type organizations, Senior or Community Centers, etc.

### **Professional Support Services**

Covers a range of services for participants whose needs include therapeutic services not otherwise covered by Medicaid. It covers supports and services that are typically performed or provided by people with specialized skill, certification or licenses.

- Are provided only as authorized in the participant's Service Plan
- May include Physical, Occupational, Speech or other professional therapy

RCL Professional Support Services include:

**Behavioral Consultation and Technical Assistance-** services which may include but are not limited to:

- Development and implementation of services designed to help facilitate inclusion in the community.
- Training, behavior support plans and/or specialized cognitive counseling.
- Consultation may be in home or in common community settings that the person needs to navigate (i.e., stores, offices, parks, etc.).
- Mental health services for participants transitioning from institutional to community settings, such as someone experiencing mild depression or anxiety related to their transition, in those instances where the authorized Medicaid benefit amount, duration or scope of service does not meet the individual's needs.

Example: A participant who may be experiencing depression or anxiety related to their transition.

For further eligibility and service descriptions click on link to [LTC manual](#)

**Contracted Providers**

**Community Choice Guides (CCG) P1 SA263  
CCG shopping-client not present P1 SA266**

CCG - Rate: \$16.25 unit/\$65 per hour  
CCG Shopping/Purchasing without client – Rate: \$8.00 unit/\$32 hour  
CCG Client Training – Rate: \$18.75 unit/\$75 hour

Referrals need to include: Care assessment details and task and sustainable goals documents  
\*If using a CCG for coordinating environmental modification include property release statement as appropriate

<i>Provider #</i>	<i>Provider Name</i>	<i>Contact Information</i>
P1# 102702405	<b>Full Life Care</b> 800 Jefferson Ste 620 Seattle, WA 98104	Phone: (206) 224-3775 Fax: (206) 436-8388 Email: <a href="mailto:roads@fulllifecare.org">roads@fulllifecare.org</a>
P1# 203955201	<b>Dekel Zuhri</b> 126 SW 148 <sup>th</sup> St C100 PMB 460 Burien, WA 98166	Phone: (425)905-0608 Email: Dekel.Zuhri@yahoo.com
P1# 111413201	<b>Validus Consulting &amp; Services</b> 24421 34th Ave Court East Spanaway, WA 98387	Phone: (253) 847-7887 Fax: 1-866-823-7887 Email: <a href="mailto:referrals@validusconsulting.org">referrals@validusconsulting.org</a>

**Pest Control  
Moving Service  
Dig Out-Cleaning**

**P1 SA297 RCL; P1 SA291 WA Roads**

*At the discretion of the case manager and when desired by the client, a Community Choice Guide can be authorized by the CM to make arrangements for the service (including date and time) and oversee the work performed by the company.*

Provider #	Provider Name	Contact Informati	Rate
P1# 209454501	<b>Pest Control</b> Guard Pest Control (GPC) 7715 74 <sup>th</sup> Dr NE Marysville, WA 98270	Phone: (206) 486-1110 Email: katetaylor@guardpestcontrol.com	<ul style="list-style-type: none"> <li>• <b>Ants</b> (Sugar, Carpenter, Pavement, Moisture*)</li> <li>• \$449 per Inspection, Treatment, &amp; One Follow-up Visit in a 45-day time frame *GPC does not recommend chemical treatments to treat moisture ants which are best resolved through the removal and replacement of wet wood. At the request of our clients we will provide chemical treatment in cooperation with remediation of moisture issues to fully resolve this issue. Estimate for remediation work provided after completion of initial inspection.</li> <li>• <b>German Cockroach</b></li> <li>• \$449 per Inspection, Initial treatment, up to Two Follow-up Treatments in a 45-days. Cockroach infestations are closely linked to client cooperation following cleaning recommendations—beyond 45 days would require compliance with recommended cleaning &amp; initiation of new treatment cycle.</li> <li>• <b>Fleas</b> \$229/\$249/\$269 per Inspection, Treatment, One Follow-up Visit as needed 45 days following initial treatment per &lt;1,000/1,000-2,000/&gt; 2,000 sq. ft.</li> <li>• <b>Stinging Pests*</b> \$279/\$329 per Unit Inspection &amp; Treatment Nest &amp; Entry Area/Exterior Multi-unit Bldg. up to 2 Stories, respectively (excludes Honey Bees).</li> <li>• <b>Pantry Pests</b> (Moths, Beetles, Other Pantry Pests) \$429 per Unit Inspection &amp; Treatment. Includes 60-day warranty.</li> <li>• <b>Occasional Pest Invaders</b> (Spiders, Springtails, Earwigs, Silverfish, Mites, Millipedes, Centipedes, Firebrats, Pill Bugs, Sow Bugs, Clothes Moths, Flies) \$449 per Inspection &amp; Treatment. Includes 60-day warranty.</li> <li>• <b>Bedbugs</b> <ul style="list-style-type: none"> <li>➢ \$249 per Unit for Inspection, Installation of monitoring device and follow-up visit. *If more than 10 units at same site, price reduced to \$149/Unit. GPC recommends inspection monitoring of all adjoining units.</li> <li>➢ \$1,349/\$1,549/\$1,749 per Residence (up to 1,000 sq. ft - 25% cost increase for each additional 500 Square Feet) for Level I Infestation (&lt;20 bedbugs)/ Level II Infestation (20-100 bedbugs)/ Level III Infestation (&gt;100), respectively. Includes Chemical Treatment of Affected Area/Personal Items, 1 Mattress Cover, Monitor Stations and Follow-up Visit. Excludes residents with treatment complications including – excessive cluttering, overcrowding, resident sleeping on floor, excessive spotting – these will be treated with Level 2 Protocol.</li> <li>➢ \$99/\$15/\$30/\$5 per Additional Mattress Cover/Treatment Bag in Excess of 50 bags/Packing per bag (client fails to or is unable to complete prep) /Lost Monitoring Stations. GPC utilizes a standard bio-pesticide and chemical treatment of residence &amp; personal items followed with monitoring to ensure resolution. Resident must be away from home during treatment and 4 hours following. Includes follow up visit. All beds must be encased.</li> </ul> </li> <li>• <b>Rodents</b> <ul style="list-style-type: none"> <li>➢ \$449 per Unit Initial Inspection, Trap Placement, Follow-up Trap Check. Exterior rodent bait stations monitored monthly: \$20.00 per a bait station (minimum bait stations - 4 bait stations/bldg) for a total of \$80.00/ month. *Rodent access points will be identified on inspection and GPC will provide a written report of repairs needed along with an estimate.</li> <li>➢ \$200-\$1200 for Rodent Access Point Exclusion. Estimate provided after inspection. *If extensive damage/repair necessary &amp; estimate exceeds quoted average, GPC will provide photos/report detailing recommended work to be completed.</li> </ul> </li> </ul>

<p>P1# 204353501</p>	<p><b>Moving Service</b> Friends &amp; Family Moving 3402 W Valley Hwy N C 101 Auburn, WA 98001</p>	<p>Phone: (253) 854-6683 Fax: (253) 736-6566 Email: john@friendsandfamilymoving.com</p>	<ul style="list-style-type: none"> <li>• \$141 hr (\$35.25 1/4 hr) w/ 2 men</li> <li>• \$191 hr (47.75 1/4 hr) w/ 3 men</li> <li>• \$3.25 unit for small packing box</li> <li>• \$5.01 unit for medium packing box</li> <li>• \$6.01 unit for large packing box</li> <li>• \$13.50 unit/mirror carton</li> <li>• \$16.50 unit/wardrobe box</li> <li>• \$11.00 unit/mattress bag</li> <li>• \$16.01 unit/dish pack</li> <li>• \$10.00 unit/individual item shrink wrap</li> <li>• \$1.50 unit (pound) for brown paper</li> <li>• \$3.00 unit 3-ply paper pad</li> <li>• \$150 unit (ton) for dump service fee</li> </ul>
<p>P1# 203984601</p>	<p><b>Dig Out/ Cleaning</b> ServiceMaster 15000 Woodinville Redmond Rd STE B600 Woodinville, WA 98072</p>	<p>Phone: (425) 637-9770 Fax: (425) 637-9769 Email: lmack@seattle.com</p>	<ul style="list-style-type: none"> <li>• \$33.00 hr (\$8.25 1/4 hr) general labor clean out services</li> <li>• \$39.60 hr (\$9.90 1/4 hr) skilled labor clean out services</li> <li>• \$52.80 hr (\$13.20 1/4 hr) restoration technician services</li> <li>• \$99.00 hr (\$24.75 1/4 hr) project management services</li> </ul>

**Professional Support Services:**  
**Behavioral Consultation & Technical Assistance**  
**P1 H2019**

*Includes development of skills to work with care providers.*

*Note: Client training services under COPES Ancillary can also be used for WA Roads and RCL clients.*

<b>Provider #</b>	<b>Provider Name</b>	<b>Contact Information</b>	<b>Rate</b>
P1# 102702405	<b>Full Life Care</b> 800 Jefferson Ste 620 Seattle, WA 98104	Phone: (206) 224-3775 Fax: (206) 436-8388 Email: <a href="mailto:roads@fulllifecare.org">roads@fulllifecare.org</a>  Send a copy of the CARE assessment detail pages.	Authorize 3 months at 80 units (20 hours) per month at \$32.50 unit (\$130 per hour).