



# Advisory Council on Aging and Disability Services

Advocating for local, state, and national programs that promote quality of life for older adults and people with disabilities in partnership with Seattle Human Services and King County.

**To:** ADS Advisory Council Members and interested others

**From:** Ava Frisinger, Chair, Aging and Disability Services Advisory Council

**Subject:** ADS Advisory Council Monthly Meeting Agenda

**Contact:** Sariga Santhosh, (206) 684-0652

Agenda and Announcement for the  
Aging and Disability Services Advisory Council Meeting

**Friday, September 13, 2019**  
**Seattle Municipal Tower**  
**700 5<sup>th</sup> Ave, 40<sup>th</sup> Floor, Seattle, WA 98104**

| Schedule                  |   |
|---------------------------|---|
| <b>10:00 - 11:30 a.m.</b> | <b>Advocacy Committee</b> <i>(detailed agenda attached)</i>   |
| <b>12:00 – 1:00 p.m.</b>  | <p><b>Panel Presentation:</b></p> <ul style="list-style-type: none"> <li>• <b>Mary Pat O’Leary - Aging and Disability Services Planner</b></li> <li>• <b>Carolyn Maurseth - Highline Medical Center Trauma Coordinator</b></li> <li>• <b>Milton Curtis – Kenmore City Councilmember and Retired Family Medicine Doctor</b></li> <li>• <b>Jeffery Scott - Kline Galland Home Health Physical Therapist</b></li> </ul> <p>Our speakers join us on Fall Prevention Awareness Month for a special panel discussion on falls and the importance of early screening, exercise and other lifestyle adjustments to prevent injuries. They bring different perspectives from diverse fields in medicine and healthcare and will share how their work and programs support older adults in King County.</p> |
| <b>1:00 – 1:15</b>        | <p><b>HSD Update, Jason Johnson</b></p> <p>Jason will provide updates on the regional homelessness entity in development.</p>   |

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*In partnership with:*



|                                |   |
|--------------------------------|---|
| <p><b>1:15 – 2:00 p.m.</b></p> | <p><b>Other Business</b></p> <ul style="list-style-type: none"> <li>I. Approval of Minutes (1 min)</li> <li>II. Reports from Committees and Councils (30 min) <ul style="list-style-type: none"> <li>○ Executive Committee, Ava Frisinger</li> <li>○ Planning &amp; Allocations Committee, Dick Woo</li> <li>○ Advocacy Committee, June Michel</li> <li>○ VSHSL Board Seniors Committee – Dick Woo/Cindy Snyder</li> <li>○ State Council on Aging, Ava Frisinger</li> <li>○ NW Universal Design Council, Tom Minty</li> <li>○ Mayor’s Council on African American Elders, Cynthia Winters</li> <li>○ Age-Friendly Coalition for Seattle &amp; King County, Maria Langlais</li> </ul> </li> <li>III. Reports / Action Items from AAA Partners (5 min)</li> <li>IV. Director’s Report, Cathy Knight (10 min)</li> <li>V. Other announcements and meeting reminders (see schedule below).</li> </ul> |
| <p><b>2:00 – 2:30 p.m.</b></p> | <p><b>Executive Committee</b></p>   |

**Upcoming Advisory Council Meetings and Events**

**October 23, Annual W4A-WSCOA Fall Gathering**

All Day, Location TBD – please contact Sariga ([sariga.santhosh@seattle.gov](mailto:sariga.santhosh@seattle.gov)) for registration!

**October 24, 2019 Senior Lobby Conference**

All Day @ Hotel Murano (1320 Broadway, Tacoma, WA 98402) – please contact Sariga ([sariga.santhosh@seattle.gov](mailto:sariga.santhosh@seattle.gov)) for registration!

**November 8, ADS Advisory Council Meeting**

Noon – 2:00 pm @ Seattle Municipal Tower

Please contact Sariga Santhosh with questions or to request accommodations:  
(206) 684-0652 or [sariga.santhosh@seattle.gov](mailto:sariga.santhosh@seattle.gov)