Today’s Agenda

- Aging and Disability Services (ADS)
  - Mission and function
  - 60+ demographic highlights
- 2020-2023 Area Plan Overview
  - What is the Area Plan
  - Highlights: Issue areas & proposed objectives
- Area Plan timeline and next steps
- 2020 Discretionary Budget
- Receive public comment
ADS Mission

... to develop a community that promotes quality of life, independence, and choice for older people and adults with disabilities in King County.
Area Agency on Aging

- Chartered under the Older Americans Act
- Advocate, plan and coordinate services for older adults
- 622 AAAs in the US (N4A)
- 13 AAAs in WA state (W4A)
- Our AAA represents approximately ¼ of the state and is guided by a 21-member Advisory Council in partnership with King County
Who We Serve

- Priority populations as defined by Older Americans Act
- Unpaid caregivers age 18+
- Medicaid long-term care clients, age 18+
ADS by the Numbers

- 2019 Budget: $54 million
- 125 contracts with 75 community provider agencies to provide services throughout King County
- 201 ADS Staff (2018)
- Served 48,226 older adults in King County in 2017 (unduplicated)
2019 Revenue Sources

- OAA
- State Funds
- Medicaid (Title XIX)
- City of Seattle
- Other
- Federal

- OAA 16%
- State Funds 12%
- Medicaid (Title XIX) 55%
- City of Seattle 12%
- Other Federal 1%
- Other Local 4%
- Other Federal 1%
- OAA 16%
- State Funds 12%
- Medicaid (Title XIX) 55%
Service Areas Funded by ADS

- Adult Day Services
- Case Management
- Health Promotion
- Elder Abuse Prevention
- Family Caregiver Support
- Mental Health
- Community Living Connections
- Legal Services
- Nutrition
- Senior Centers*
- Transportation
- Homecare / COPES Waiver services **

* City Of Seattle Funds Only
** Medicaid LTC clients only
King County 60+ by Age & Gender

<table>
<thead>
<tr>
<th>Gender</th>
<th>Age Range</th>
<th>Male</th>
<th>Female</th>
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<tbody>
<tr>
<td>≥ 60</td>
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<tr>
<td></td>
<td>70-79</td>
<td>4.8%</td>
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<td></td>
<td>60-69</td>
<td>9.6%</td>
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<tr>
<td></td>
<td>≥ 80</td>
<td>2.1%</td>
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<tr>
<td></td>
<td>≥ 60</td>
<td>16.5%</td>
<td>19.6%</td>
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</table>
King County Total Population & 60+ Population, by Race

Source: Washington State Office of Financial Management, Forecasting Division, single year intercensal
King County Longevity Map

Rank
Highest = 87 years

Average = 81.7 Years

Lowest = 74 years
Projected Growth of Persons Aged 65+ With Dementia, King Co. & WA State
King County Alzheimer’s deaths

Average: 41.5 deaths per 100,000 people

Most recent: 2015 - 903 deaths

Source: Death certificate data, WA State Department of Health, Center for Health Statistics
Overdose deaths increasing among age 60+ in King County

Number of people with opioid related overdose deaths 2008-18
What is 2020-2023 Area Plan?

- A four-year plan required by State & Older Americans Act
- Will guide ADS work from 2020–2023
- Each AAA is charged with creating a plan unique to their service area
What’s in the 2020-2023 Area Plan?

- Profile of King County 60+ population
- AAA services in King County
- Current issues and emerging trends
  - Healthy Aging
  - Enhanced Well Being
  - Maximize Independence
- Strategies to address the issues
- ADS 2020 budget
Healthy Aging

**Goal:** To help consumers age healthfully and avoid the need for services.

**Issues Addressed:**
- Chronic disease self management
- Oral health
- Brain health & dementia-friendly communities
- Built environment & Universal Design
- Social isolation
Healthy Aging - Issues

- More than 84% of 65+ have at least one **chronic health** condition.
- About 150,000 of adults 60+ in WA have untreated **oral health** needs.
- Approximately 117,000 people in WA have some **dementia**; and disproportionately impacts women and people of color.
- Many Seattle residents age 65+ **live alone** (24,000) and a sizeable percentage of Seattleites age 65+ have a significant **disability**.
Healthy Aging Goals - Highlights

1. Build public awareness about risks associated with falls prevention, oral health, and social isolation.
2. Expand Chronic Disease Self-Management Education throughout King County.
4. Encourage older people and adults with disabilities to engage in the life of their community.
Enhance Well-Being

**Goal:** To enhance well-being, stabilize and support consumers, and reduce dependence on Aging Network services.

**Issues addressed:**
- Caregiver needs
- Housing affordability
- Long Term Care Act
Enhance Well-Being - Issues

- About 40 million caregivers in the U.S. provide $470 billion in unpaid services.
- A shortage of certified paid caregivers in King County, especially in rural areas.
- As housing affordability worsens, putting older adults at risk for homelessness.
- Implementation of the WA State Long-Term Care Act.
Enhance Well-Being Goals - Highlights

1. Coordinate with other local funders including King County, e.g., Veterans, Seniors and Human Services Levy.

2. Implement strategies in the Moving Toward Age Friendly Housing in King County Report.

3. Raise awareness about the LTCA benefit through statewide.
Maximize Independence

**Goal:** To maximize/maintain client independence and avoid the need for institutionalized care.

**Issues:**
- Transportation
- Support for senior centers
- Supportive housing
Maximize Independence - Issues

- Multiple transportation barriers for those with special needs; Many have difficulty navigating the transportation system; acute need for improved transportation in rural areas.

- Senior centers face challenges serving people with serious, complex needs.

- Lack of service coordination and available affordable housing.
Maximize Independence Goals - Highlights

1. Support the coordination of available community transportation.
2. Continue to support strong programming within senior centers.
3. Continue to coordinate with King County on senior centers and on improving behavioral health services for older adults.
Partnership with Tribes

**Goal:** Ensure greater success for Native American elders in King County.

**Issues addressed:**
- Access to services
- Affordable housing
- Information re available resources
Partnership with Tribes - Issues

- About 47,852 American Indians/Alaskan Natives (AI/AN) in King County representing more than 40 different villages (about 10.8% are age 60+).
- Urban AI/AN are more likely to have lower socioeconomic status; higher rates of disability.
- Lack affordable housing.
- Need assistance with navigating and accessing community resources.
Partnership with Tribes Objectives

1. Continue 7.01 Implementation Plan collaboration with federally recognized tribes in King County.
2. Identify training opportunities as identified by each tribe.
3. Coordinate efforts to connect King County tribes and organizations to the Community Living Connections network.
2020 Discretionary Budget

The Planning & Allocations Committee considered the following when developing recommendations for 2020:

- Priority Areas: Case Management, Information & Assistance, Elder Abuse Prevention, Nutrition, and volunteer Transportation
- Service area trends and issues
- Impacts from the King County Veterans, Seniors, and Human Services Levy

Voted to recommend the proposed budget “as is”.
Area Plan Timeline & Next Steps

- **August 5, 2019**
  Public Hearing
  SHAG Tukwila Village
  14350 Tukwila Internat’l Blvd

- **August–September**
  Final edits to the plan

- **October 4, 2019**
  Final draft 2020–2023 Area Plan submitted to the DSHS State Unit on Aging
Public Comments
Information & Resources

August 5, 2019 - last day to submit comments regarding the Area Plan

Email: karen.winston@seattle.gov

Questions re older adults or disability issues?

Community Living Connections
1-844-348-5464