



MEMORY SUNDAY

June 2019



SAVE THE DATE

What is Memory Sunday?

Memory Sunday is an annual event in June in which congregations serving African Americans provide education on Alzheimer's prevention, treatment, research studies, and caregiving.

Memory Sunday brings national and local attention to the tremendous burden that Alzheimer's and other dementias are having on the African American community, utilizing the power and influence of the African American pulpit, to bring awareness, distribute facts, encourage participation in research studies, and support persons living with Alzheimer's and their caregivers.

FACTS ABOUT ALZHEIMER'S AND MEMORY LOSS

- Alzheimer's is a type of dementia that causes problems with memory, thinking, and behavior. Symptoms usually develop slowly and get worse over time, becoming severe enough to interfere with daily tasks.
- Alzheimer's disease accounts for 60%–80% of dementia.
- Available statistics indicate that, in the U.S., older African Americans are twice as likely as older whites to have Alzheimer's disease and other dementias.
- Alzheimer's disease is the sixth leading cause of death in the U.S. and the third leading cause of death in King County. It kills more than breast cancer and prostate cancer combined.

PARTICIPATING CHURCHES

Saturday, June 8

Emerald City 7th Day Adventist

801 25th Ave, Seattle 98122
206-322-0717

Sunday, June 9

Emerald City Bible Fellowship

7728 Rainier Ave S, Seattle 98118
206-722-0455

First AME Church

1522 14th Ave, Seattle 98122
206-324-3664

Martin L. King, Jr. Memorial Baptist Church

4519 NE 10th St, Renton 98059
425-255-1446

Tabernacle Missionary Baptist Church

2801 S Jackson St, Seattle 98144
206-329-9794

Call for times and other information.



City of Seattle

Mayor's Council on
African American Elders



ads Aging and Disability Services
Area Agency on Aging for Seattle and King County

Public Health 
Seattle & King County


MOMENTIA


**Seattle
Parks & Recreation**
healthy people healthy environment strong communities


**Center for
Multi-Cultural
Health**


**SouthEast
Seattle
Senior
Center**
Vibrant Diverse Caring

For general information, visit www.balmingilead.org/memoriesunday.

For information about local Memory Sunday programs and resources, contact Karen Winston, Aging and Disability Services, Seattle Human Services Department (karen.winston@seattle.gov or 206-684-0706).