



# Advisory Council on Aging and Disability Services

Advocating for local, state, and national programs that promote quality of life for older adults and people with disabilities in partnership with Seattle Human Services and King County.

**To:** ADS Advisory Council Members and interested others

**From:** Ava Frisinger, Chair, Aging and Disability Services Advisory Council

**Subject:** ADS Advisory Council Monthly Meeting Agenda

**Contact:** Maria Langlais (206) 684-0651

Agenda and Announcement for the  
Aging and Disability Services Advisory Council Meeting

**Friday, November 9, 2018**  
**Seattle Municipal Tower**  
**700 5<sup>th</sup> Ave, 40<sup>th</sup> Floor, Seattle, WA 98104**

Schedule	
10:00 – 11:30 a.m.	Advocacy Committee Meeting <i>(detailed agenda attached)</i>
<b>Noon to 1:00 p.m.</b>	<p><b>Main Program</b></p> <p>Cary Goodman, Director of the National Brain Health Center for African Americans, Balm in Gilead</p> <p>Cary will speak about his work on brain health education, mobilization and advocacy, and networking.</p> <p>The <a href="#">Balm in Gilead</a> develops educational and training programs specifically designed to meet the unique needs of African American and African congregations that strive to become community centers for health education and disease prevention. <a href="#">The National Brain Health Center for African Americans</a>, an initiative of Balm in Gilead, raises awareness of cognitive health among African Americans and serves as an information hub.</p>
<b>1:05 to 1:55 p.m.</b>	<p><b>Business Meeting</b></p> <p>I. Approval of Minutes (5 min)</p> <p>II. Vote. Slate of Officers: (5 min)</p> <ul style="list-style-type: none"> <li>o Chair: Ava Frisinger</li> </ul>

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In partnership with:



	<ul style="list-style-type: none"> <li>○ Vice Chair: Dick Woo</li> <li>○ Secretary: Cynthia Snyder</li> <li>○ At Large: Larry Low</li> </ul> <p>III. Reports / Action Items from AAA Partners (10 min)</p> <ul style="list-style-type: none"> <li>○ King County: Mary Snodgrass, Public Health; Traci Adair, Community and Human Services</li> <li>○ City of Seattle, Mercedes Elizalde</li> </ul> <p>IV. Reports from Committees and Councils (20 min)</p> <ul style="list-style-type: none"> <li>○ Executive Committee, Ava Frisinger</li> <li>○ P&amp;A Committee, Dick Woo</li> <li>○ Advocacy Committee, June Michel</li> <li>○ Nominating Committee, Andrea Sawczuk</li> <li>○ State Council on Aging, Ava Frisinger</li> <li>○ NW Universal Design Council, Tom Minty</li> <li>○ Mayor’s Council on African American Elders, Cynthia Winters</li> <li>○ Age-Friendly Coalition for Seattle &amp; King County, Maria Langlais</li> </ul> <p>V. Director’s Report, Cathy Knight (10 min)</p> <p>VI. Meeting reminders (<i>see schedule below</i>) and other announcements. (5 min)</p>
<b>2:00 – 2:30 p.m.</b>	<b>Executive Committee</b>

**Upcoming Advisory Council Meetings and Events**

**December 14, ADS Advisory Council Meeting**

Noon – 2:00 pm @ Seattle Municipal Tower

**January 11, 2019 – ADS Advisory Council Retreat**

Time/Location TBD

Please contact Lori Sanford with questions or to request accommodations:  
(206) 684-7581 or [lorraine.sanford@seattle.gov](mailto:lorraine.sanford@seattle.gov)