

# Key link between the community and the Area Agency on Aging

Aging and Disability Services—the Area Agency on Aging for King County—is funded by federal, state, and city sources to provide an extensive range of programs and services, such as:

- Information and resources for older adults, adults with disabilities, and caregivers
- Home-delivered meals and meals at senior centers
- Support for caregivers to reduce stress
- Exercise and chronic condition education classes
- Case management to help adults remain independent at home

For services, contact  
Community Living Connections  
at 1-844-348-5464

[www.ADSadvisorycouncil.org](http://www.ADSadvisorycouncil.org)

# Join us in promoting an age-friendly community

Each Advisory Council member is sponsored by the City of Seattle or King County. Contact us for more information about the appointment process.

The Advisory Council collaborates with Public Health—Seattle & King County, United Way of King County, and other community partners in promoting an age-friendly community.

Advisory Council meetings are open to the public. All meetings are ADA accessible. Contact us if you need an additional accommodation.



## CONTACT

Tel: 206-684-0660

Email: [aginginfo@seattle.gov](mailto:aginginfo@seattle.gov)

Web: [www.ADSadvisorycouncil.org](http://www.ADSadvisorycouncil.org)

# Seattle-King County Advisory Council on Aging & Disability Services

Advocating for local, state,  
and national programs that  
promote quality of life for  
older people and adults  
with disabilities.



[www.ADSadvisorycouncil.org](http://www.ADSadvisorycouncil.org)



## What is the Advisory Council?

We are a volunteer council appointed by the City of Seattle and King County to advise Aging and Disability Services—the Area Agency on Aging for King County.



## What do Advisory Council members do?

**ADVISE**—We bring our knowledge of local issues to Aging and Disability Services.

**ADVOCATE**—We advocate at the federal, state, county, and city levels.

**CONNECT**—We connect with other organizations that provide for older adults and individuals with disabilities, as well as with the general public.

**COLLABORATE**—We collaborate with local and statewide advocacy organizations to achieve mutual goals, including senior centers, disability organizations, and human services providers.



## Advocating for age-friendly communities

**STATE SENIOR LOBBY**—We take part in an annual conference and discuss priorities with our legislative delegation during Senior Lobby Day in Olympia.

**COMMUNITY FORUMS**—We host and co-sponsor forums on issues such as:

- Ageism
- Aging in place
- Alzheimer's
- Behavioral health
- End-of-life planning
- Food access
- Health care reform
- Housing
- LGBT elders
- Medicare
- Rural aging
- Transportation
- "Village model"
- Washington's aging readiness