To: ADS Advisory Council Members and interested others  
From: Ava Frisinger, Chair, Aging and Disability Services Advisory Council  
Subject: ADS Advisory Council Monthly July Meeting Agenda  
Contact: Gigi Meinig (206) 684-0652

Agenda and Announcement for the  
Aging and Disability Services Advisory Council Meeting  
Friday, July 13, 2018  
Aegis Gardens  
13056 SE 76th Newcastle, WA 98056  

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<tr>
<th>Schedule</th>
<th>Time</th>
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<tr>
<td>Advocacy Committee Meeting</td>
<td>10:00 – 11:20 a.m.</td>
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<td>Facility Tour</td>
<td>11:30 a.m. to Noon</td>
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<td>Business Meeting* &amp; Lunch</td>
<td>Noon to 12:45 p.m.</td>
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<td>Program: Living Well and Staying Strong**</td>
<td>12:50 to 2:00 p.m.</td>
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* detailed agenda follows  
** program flyer attached

Learn how to stay strong through involvement in health promotion programs in your community -- Experience Tai Chi: Moving for Better Balance.

Presented by Michael Woo, PhD, Director of Kin On Community Care Network, Director, and Jan Voit, PT, Harborview Falls Clinic.

2:05 – 2:30 p.m. Executive Committee Meeting

Please contact Gigi Meinig with questions or to request accommodations: (206) 684-0652 or gigi.meinig@seattle.gov

In partnership with:
Business Meeting Agenda

I. Approval of Minutes

II. Reports / Action Items from AAA Partners
   • King County Community and Human Services: Marcy Kubbs
   • King County Public Health: Mary Snodgrass
   • City of Seattle: Mercedes Elizalde

III. Reports from Committees and Councils
   • Executive Committee: Ava Frisinger
   • P&A Committee: Dick Woo
   • Advocacy: June Michel
   • State Council on Aging: Ava Frisinger
   • NW Universal Design: Tom Minty
   • MCAAE: Cynthia Winters
   • Director’s Report: Cathy Knight

IV. Other Business / Announcements

NEXT REGULAR MEETING
Friday, August 10, 2018
Noon to 2pm
Seattle Municipal Tower
700 5th Ave, Room 4060
Seattle, WA 98104

Office: Seattle Municipal Tower
700 5th Avenue, 51st Floor
Seattle, WA 98124

Mailing: Aging and Disability Services
PO Box 34125
Seattle, WA 98124

Phone: (206) 684-0660
TTY: (206) 684-0274
FAX: (206) 684-0689
ADSAdvisoryCouncil.org

The Advisory Council supports the mission of Aging and Disability Services (ADS), the Area Agency on Aging, and advises ADS on matters of policy and implementation of the King County Area Plan on Aging. The Advisory Council identifies the needs of older people and adults with disabilities in our community, advises on services to meet those needs, and advocates for local, state and national programs that promote quality of life for those populations.