



Advisory Council on Aging and Disability Services

Advocating for local, state, and national programs that promote quality of life for older adults and people with disabilities in partnership with Seattle Human Services and King County.

To: ADS Advisory Council Members and interested others
From: Ava Frisinger, Chair, Aging and Disability Services Advisory Council
Subject: ADS Advisory Council Monthly July Meeting Agenda
Contact: Gigi Meinig (206) 684-0652

Agenda and Announcement for the Aging and Disability Services Advisory Council Meeting

Friday, July 13, 2018
Aegis Gardens
13056 SE 76th Newcastle, WA 98056

Schedule	
10:00 – 11:20 a.m.	Advocacy Committee Meeting
11:30 a.m. to Noon	Facility Tour
Noon to 12:45 p.m.	Business Meeting* & Lunch
12:50 to 2:00 p.m.	Program: Living Well and Staying Strong** Learn how to stay strong through involvement in health promotion programs in your community -- Experience Tai Chi: Moving for Better Balance. Presented by Michael Woo, PhD, Director of Kin On Community Care Network, Director, and Jan Voit, PT, Harborview Falls Clinic.
2:05 – 2:30 p.m.	Executive Committee Meeting

**detailed agenda follows*

***program flyer attached*

Please contact Gigi Meinig with questions or to request accommodations:
(206) 684-0652 or gigi.meinig@seattle.gov

Business Meeting Agenda

I. Approval of Minutes

II. Reports / Action Items from AAA Partners

- King County Community and Human Services: Marcy Kubbs
- King County Public Health: Mary Snodgrass
- City of Seattle: Mercedes Elizalde

III. Reports from Committees and Councils

- Executive Committee Ava Frisinger
- P&A Committee Dick Woo
- Advocacy June Michel
- State Council on Aging Ava Frisinger
- NW Universal Design Tom Minty
- MCAAE Cynthia Winters
- Director's Report Cathy Knight

IV. Other Business / Announcements

NEXT REGULAR MEETING

Friday, August 10, 2018

Noon to 2pm

Seattle Municipal Tower

700 5th Ave, Room 4060

Seattle, WA 98104

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The Advisory Council supports the mission of Aging and Disability Services (ADS), the Area Agency on Aging, and advises ADS on matters of policy and implementation of the King County Area Plan on Aging. The Advisory Council identifies the needs of older people and adults with disabilities in our community, advises on services to meet those needs, and advocates for local, state and national programs that promote quality of life for those populations.