

Seattle and King County Age Friendly Task Force December 16, 2016 Meeting Notes

Attending

- AARP WA: Amanda Frame and Better Robbins
- Aging & Disability Services Advisory Council: Molly Holmes, Florence Klein and Sue Shaw
- Aging Wisdom: Keri Pollock
- Changing Aging: Kavan Peterson (also PNA Village)
- City of Seattle, Human Services Dept. (HSD), Aging & Disability Services Division (ADS): Allison Boll, Maria Langlais, Maureen Linehan, Irene Stewart, Karen Winston, and Jon Morrison-Winters
- City of Seattle, Information Technology: David Keyes
- City of Seattle, Mayor's Office: Dominique Stevens, External Affairs; Steve Lee, Office of Policy and Innovation
- Dementia Action Collaborative: Marigrace Becker and Carla Calogero
- Hopelink: Mark Carson
- King County: Scott Ninneman, DCHS; Holly Rohr-Tran, Public Health
- Leading Age: Leighbeth Merrick
- NW Center for Creative Aging: Dori Gillam
- Phinney Neighborhood Assoc./Greenwood Senior Center: Cecily Kaplan
- Seattle Housing Authority: John Forsyth
- SHAG: Linda Woodall
- Sound Generations: Joanne Donohue, Marxa Marnia and Irma Farsch (board member)
- University of Washington: Jacqueline Wu and Rebecca Zhao, Evans School Public Service Clinic Scholars; Marissa Black, Geriatrics Fellow; Anita Souza, School of Nursing
- UW Evans School: Jacqueline Wu, Rebecca Zhao
- WA State Housing Finance Commission: Sharonn Meeks

Check-In

Task force members shared age-friendly holiday traditions, activities, events and commitments for the new year. Info shared during check-ins helps task force members get to know everyone around the table and better understand why this work matters to each of us, both on personal and professional levels.

Age-Friendly Updates

- HSD has been working closely with the Mayor's Office to identify messaging and engagement opportunities for the Mayor for 2017. Many thanks to task force members for sharing ideas at November meeting.
- Seattle City Council is planning to introduce a resolution supporting Age-Friendly Seattle. CM Bagshaw has reached out to staff and task force members to learn more.
- UW Evans School students will begin working on AFS in January. Work scope is still being determined but may include developing an evaluation plan, identifying related metrics, and surveying best practices from other age-friendly communities related to funding and governance.
- Seattle's current timeline is to conclude assessment and engagement through early Q2 2017 and develop action plan by end of Q2 2017. External data discussions were postponed and we hope to convene in early 2017 (aligns with Evans school onboarding).
- AARP has had conversations with King County, Kirkland and Tumwater about becoming Age-Friendly Communities. Age-Friendly Puyallup is planning to gather consumer input

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via surveys (online and library distribution) and listening posts at community gathering spots.

Upcoming events

- NW Universal Design Quarterly Meeting on Feb. 9. – Open to All: Accessible Design Integration.
- King County Library Strategic Planning Process - survey opportunity
- Seattle Channel video series on aging will debut in January featuring local aging experts from Aegis Living, UW and ADS and caregiver story from CISC.
- UW School of Nursing is working with senior centers in supporting women at the Woodland Park Shelter.
- Alzheimer's Association Discovery Conference is April 7, with a pre-conference Town Hall event on April 6.
- Creative Aging Festival in Edmonds, April 28-29
- Elder Friendly Futures Conference, September 14-15

Other Updates from Task force members

- King County Library Strategic Planning Process - survey opportunity (wills hare link).
- Seattle Channel video series on aging will debut in January featuring local aging experts from Aegis Living, UW and ADS and caregiver story from CISC.
- Seattle's Pedestrian Advisory Board will have several openings this spring. Joanne Donohue is on the board and her term will be ending. She'll share more information with the AF listserv. The board was successful in advocating for Seattle City Council funding for a sidewalk assessment.
- Other "age-friendly" related items in the Seattle budget process: funding for LGBTQ housing study; and request for analysis on need for innovation fund.
- King County Library is hosting Wisdom Café's – great opportunities for people to connect with their communities. KCLS is also engaged in a strategic planning process and is gathering input via surveys and stakeholder interviews.
- N4A will launch a national campaign on social isolation. Related comments from task force members: social isolation is the number one issue seen in primary care clinics; opportunity for forums such as NextDoor to help people connect.
- UW School of Nursing is working with senior centers in supporting women at the Woodland Park Shelter. Partners include Greenwood Senior Center, Compass and Hammond House.
- Seattle is working on a Fair Housing Report – unclear what impact the new administration will have on this requirement and related recommendations/strategies.

Dementia Action Collaborative (DAC) Presentation

Carla Calogera and Marigrace Becker gave an overview of the work of the DAC, which is tasked with leading implementation of the Alzheimer's State Plan:

<https://www.dshs.wa.gov/altsa/stakeholders/alzheimers-state-plan>

Marigrace shared a fact sheet that DAC developed which identified nine elements to a dementia friendly community (DFC):

1. Respect
2. Participation and awareness

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3. Connection and relationships
4. Access to recreation, education, work, culture
5. Voice and leadership
6. Early and post-diagnostic support
7. Transportation options
8. Housing options
9. Supportive physical environment

(will share soft copy of full document with listserv)

Amanda shared a related AARP report: Better Together: A Comparative Analysis of Age-Friendly and Dementia Friendly Communities, March 2016 Report by AARP:

<http://www.aarp.org/content/dam/aarp/livable-communities/documents-2016/Better-Together-Research-Report.pdf>

Comments/feedback from task force

- Task force will explore opportunities to coordinate and align our work.
- Minnesota and San Francisco are examples of places where AFC and DFC are in alignment. Globally, Ireland is a model for advancing DFC.
- Also consider connections to “Welcoming City” for immigrant and refugee communities.
- Suggestions for engagement and awareness opportunities include working with state associations, such as libraries, to raise awareness. Need to be aware of and identify ways to address equity issues related to quantitative metrics (e.g., surveys).

Next Meetings

2017 meetings will be on third Thursdays beginning in January, from 9-11. Primary location is Seattle Municipal Tower, but may shift depending on availability. Contact Maria if you have not received calendar appointments.