









## Seattle and King County Age-Friendly Task Force Meeting Notes for October 28, 2016

### Future Meeting Dates

- Next Task Force meeting is **December 16, 9-11am**. Location TBD
- **2017 Task Force meetings will be on third Thursdays** – dates for the first six meetings: 1/20, 2/17, 3/17, 4/21, 5/19, 6/16
- **Friday, November 18, ADS Advisory Council meeting** - will focus on age-friendly and is an opportunity to inform councilmembers and solicit their input. Task force members are welcome to attend.

### Attending

	Domain	Name / Organization
	Outdoor Spaces & Buildings	<ul style="list-style-type: none"> <li>• Irene Stewart, City of Seattle, ADS</li> <li>• Darlene Storti, Northhaven</li> </ul>
	Housing	<ul style="list-style-type: none"> <li>• Sharonn Meeks, Washington State Housing Finance Commission</li> <li>• Leighbeth Merrick, Leading Age Washington</li> <li>• Linda Woodall, SHAG</li> </ul>
	Transportation	<ul style="list-style-type: none"> <li>• Staci Haber, King County Mobility Coalition / Hopelink</li> <li>• Jon Morrison Winters, City of Seattle, ADS</li> </ul>
	Respect & Inclusion	<ul style="list-style-type: none"> <li>• Irma Farsch, Sound Generations Board</li> <li>• Dave Sarju, Human Services Dept. (HSD) Deputy Director</li> </ul>
	Social Participation	<ul style="list-style-type: none"> <li>• Cecily Kaplan, Greenwood Senior Center / Phinney Neighborhood Association</li> <li>• Joanne Donohue, Sound Generations</li> </ul>
	Civic Participation & Employment	<ul style="list-style-type: none"> <li>• Florence Klein, ADS Advisory Council / Silver Planet</li> <li>• Amanda Frame, AARP</li> <li>• Andrea Yip, ADS</li> </ul>
	Communication & Information	<ul style="list-style-type: none"> <li>• Keri Pollock, Aging Wisdom</li> </ul>
	Community Support & Health Services	<ul style="list-style-type: none"> <li>• Jeff Sakuma, City of Seattle, HSD Health Strategist</li> <li>• Linda Wells, King County DCHS</li> <li>• Maria Langlais, ADS</li> <li>• Maureen Linehan, ADS</li> </ul>

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**Introduction / Icebreaker**

Task force members introduced themselves, their organization and shared their favorite local example of age-friendly in action.

Domain	Name / Organization
Outdoor Spaces & Buildings	<ul style="list-style-type: none"> <li>• Northgate redevelopment</li> </ul>
Housing	<ul style="list-style-type: none"> <li>• Northaven – housing units as strategy to create age-friendly intergenerational neighborhood (part of Northgate redevelopment)</li> </ul>
Transportation	<ul style="list-style-type: none"> <li>• Sound Transit 3 – opportunities for transit oriented development and improving walkability</li> <li>• City of Seattle curb ramp prioritization</li> <li>• City of Seattle’s commitment to community to community engagement process on transportation related issues</li> </ul>
Respect & Inclusion	<ul style="list-style-type: none"> <li>• Holocaust for Humanity – focus on civility</li> <li>• City and AAA support for programs that better serve immigrant and refugees, such as Latino Senior Program</li> <li>• City of Seattle embracing ADA through assessment, workgroups on accessible communication and meetings - result will be recommendations on policies, training and tools</li> <li>• Momentia</li> </ul>
Social Participation	<ul style="list-style-type: none"> <li>• Frye Art Museum – great programs</li> <li>• Elder Friends – mutual benefit, volunteers and elders</li> <li>• Senior Center w/o walls – Northgate and Lake City</li> <li>• Vashon Senior Center</li> <li>• Rainbow Bingo – brings generations together</li> </ul>
Civic Participation & Employment	<ul style="list-style-type: none"> <li>• Mayor’s Office for Senior Citizen’s – Seniors Training Seniors program – computer training for employment seekers</li> <li>• AARP support for legislation on hearing and vision</li> <li>• Seattle Mariners – great employer for older adults</li> <li>• Puget Sound Association of Retired Americans (PSARA) - advocacy</li> </ul>
Communication & Information	<ul style="list-style-type: none"> <li>• Collaboration with City departments and initiatives – many willing partners and opportunities</li> <li>• Hearing Loops in public spaces</li> <li>• Hearing Loss Association</li> <li>• Use of microphones and assisted devices in meetings</li> </ul>
Community Support & Health Services	<ul style="list-style-type: none"> <li>• Seattle/King County Clinic @ Seattle Center</li> <li>• Mount St. Vincent’s intergenerational programs</li> </ul>

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The above examples will be added to our ongoing inventory of initiatives, programs and partners.

### **Project Updates**

Maria gave a brief overview of initiative to date – from early stakeholder coordination in the summer of 2015 to the Seattle’s designation as an Age-Friendly Community one year later.

### Current and upcoming actions

- Conduct Assessment Q4 2016 thru Q1 2017
  - Gather input from internal and external stakeholders (city departments, community partners, etc.) and consumers, to identify gaps, opportunities, alignment
  - Identify indicators / measures – begin with internal city work group
- Develop Action Plan Q2 2017
- Launch / Implement Q2 2017

### Related opportunities for visibility

- Nov 2016
  - Mayor Murray will make opening remarks at the November 17 [Housing and Aging Forum](#); Doug Shadel, AARP WA Director, will present the Mayor with their official age-friendly certificate.
  - City Council considering a joint council resolution to confirm their support for age-friendly initiative.
  - AARP WA Bulletin [article on Seattle’s age-friendly](#) initiative was sent to 950,000 AARP members in Washington state.
- Dec 2016 / Jan 2017 – Seattle Channel release of local documentary on aging
- Feb 2017 – State of City Speech – opportunity to share findings, signal direction
- May 2017 – Older Americans Act Month

To help inform the assessment phase, task force members contributed ideas on “gathering opportunities” – events, meetings or places that are potential forums for community listening sessions, survey distribution, as well as opportunities for the Mayor to hear directly from residents.

### Ongoing / Regular Gatherings

- Northwest LGBT Partnership – monthly meeting of providers, aging professionals (40-60 people)
- Monthly meeting of social workers at Aegis Living on Madison
- Senior center bingo nights – rainbow and karaoke
- Senior center programs and activities – look at monthly program calendar for opportunity ideas – others have had success hosting specific “tabling” sessions at senior centers.

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- Senior housing buildings and resident councils
- Zoo walks – every Monday
- Mariner employees / games
- LGBTQ Enhance Fitness and Tai Chi classes – Miller Community Center and Group Health on capitol hill
- Health care clinics
- Places where homeless elders seek services or gather
- King County Mobility Coalition (opportunity for data coordination)
- Coffee shops
- Use buttons, stickers as conversation starters

### Upcoming Events/Opportunities

#### *November 2016*

- Momentia (dementia-friendly) event at the Royal Room in Columbia City (11/12)
- Housing and Aging Forum (11/17)
- ADS Advisory Council and MCAAE Meeting (11/18)
- World Dance Party in Lake City (11/18)
- Community Health Center RFP Announcement – signal inclusion of age-friendly components

#### *December 2016*

- [Seattle Stand Down](#), Georgetown Campus of South Seattle College (12/1-12/2)
- Mayor's Office for Seniors Volunteer Appreciation Party (12/7)
- King County Behavioral Health Forum (12/7)
- ADS Advisory Council meeting (12/9)
- Volunteer Transportation Luncheon, Renton (12/13)
- Greenwood Senior Center Holiday Meal (12/25)

#### *2017*

- Seattle Channel documentary on aging; release in December 2016, opportunities for screenings in January.
- Citizen University Conference, March 24-25
- Neighbor Appreciation Day – February
- Community Health Center RFP - inclusion of age-friendly components, spring release for 2018 contracts
- Healthy Aging Partnership Event, May
- Elder Friendly Futures Conference, Sep 21-22

### **Partner Updates**

- Maureen Linehan and Linda Henry from Puyallup gave presentation on age-friendly communities to the statewide gathering of AAA Advisory Councils. They heard from participants that challenges for rural communities include the

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- limitations of their tax base – difficult to generate enough revenue for improvements in infrastructure and services.
- AARP is having an open house on 11/9 to welcome volunteers and partners to their new office in Sea Tac.
- The Northwest Universal Design Council is hosting a forum on [Universal Design in Landscape](#) on 11/15 from 2-4pm.
- Reminder that the Housing and Aging Forum is on 11/17. Register here: <http://www.housingconsortium.org/events/calendar/#!event/2016/11/17/housing-and-aging>

### AARP Livability Conference

Maria, Joanne and Amanda shared a few ideas/learnings from the conference.

- Communication – create a hashtag, #AgeFriendly Seattle (Irene may have already done this); tell stories and report back – progress reports to remind people where we've been; use photos.
- Partnership and collaboration – need leadership at top but don't lose focus on "bottom up" – for the community, by the community
- Visibility – buttons and other tools to help initiate conversations, dialogue – Awareness, access, ubiquity
- Survey – AARP national office supports consumer survey in fourteen communities each year. Other cities have used a combination of survey types - the full AARP survey and shorter ones, as well as different ways to distribute (online, at events, etc). Need adequate sample size (500). Cleveland focused their survey on gaps – framed in negative – felt this gave them more actionable information. Letter from mayors/elected can help increase participation.
- Incentives for assessment – Value people's time and input. One community reported success in using a raffle to promote participation in survey or focus group – rather than giving everyone a small gift card, they provided a larger gift card for a few randomly drawn winners.
- Rural communities - Maine has 22 communities on board and had developed a "rural tool kit" to help others.
- Sharing ideas - AARP will create a Facebook page as a forum for AF communities to share ideas and info. They will also be improving their website content.

### Action Items

- Send links for Mt St Vincent video (who?)
- Find more info on Mariner contacts/connections to this work (who?)
- Research sticker / button idea (ADS)
- Follow-up on Citizens University connection (Cecily)