

## Seattle and King County Age Friendly Task Force Meeting Notes for August 11, 2016

### **Attending**

- Aging & Disability Services: Maria Langlais, Karen Winston, Jon Morrison Winters, James DeLappe (UW School of Public Health intern)
- Sound Generations: Joanne Donohue, Irma Farsch (board member)
- Feet First: Lisa Quinn, Kana Takano
- AARP: Amanda Frame, Cathy McCaul
- Kavan Peterson, Changing Aging:
- Dori Gillam, NW Center for Creative Aging
- Keri Pollock, Aging Wisdom
- Anita Souza, UW School of Nursing
- Sharon Meeks, WA State Housing Finance Commission
- Leighbeth Merrick, Leading Age
- Sara McVey, Horizon House
- Staci Haber, King County Mobility Coalition / Hopelink
- Darlene Storti, Northhaven
- Cecily Kaplan, Phinney Neighborhood Assoc. / Greenwood Senior Center
- John Forsythe, Seattle Housing Authority
- Scott Ninneman, King County DCHS

### **Introduction / Icebreaker**

Task force members introduced themselves, their organization and the domain(s) with which they associate both their organization and their personal interests. While some organizations are very clearly aligned with a specific domain, all organizations and task force members have interests in multiple domains.

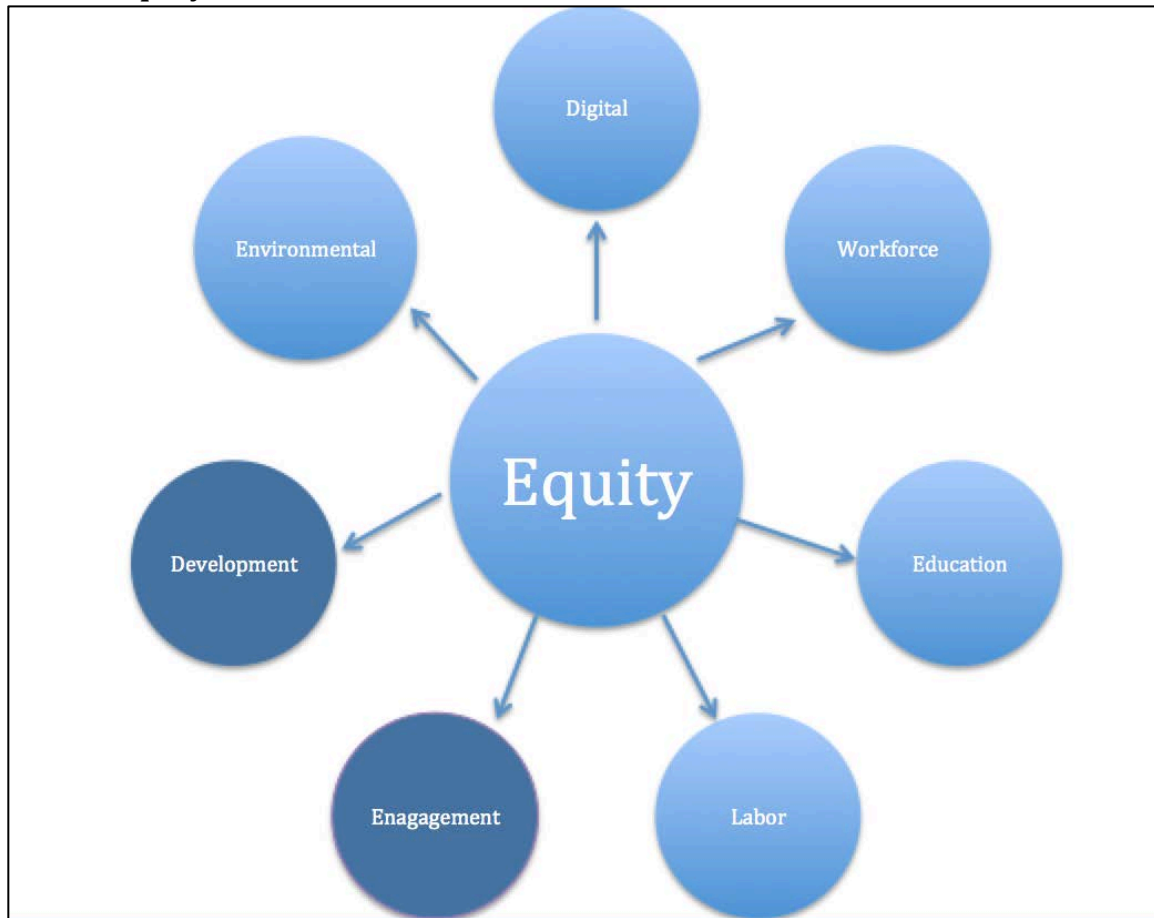
### **Designation Status / City Vision**

Effective July 27, 2016, the City of Seattle joined the network of Age Friendly Communities.

Steve Lee is the point person in the Mayor's Office and a tremendous champion of this work. He envisions "age-friendly" as aligning with the City's equity initiatives and his goal is to integrate this work into everything the City does – equity as the driver. Of the city's seven equity initiatives (see image below), age friendly is most currently aligned with opportunities in both Engagement and Development initiatives, which will be led by Dept. of Neighborhoods and the Office for Planning and Community Development, respectively.

The City will work to cultivate "age-friendly" champions in other departments – people who can raise awareness and elevate this work. ADS is compiling a list of "warm" contacts in other departments and would like to include connections from task force members.

## Seattle Equity Initiatives



## Other Updates

- On Aug 12, Rep. Ryu and CM Juarez are hosting an “age friendly communities” listening session with the ADS Advisory Council. Task force members drafted several questions to help guide the session.
- Interns – Amanda is facilitating a connection with the Evans School for a capstone project team. Application is due at the end of August. Please let Maria know if you are interested in helping with the development of project proposal. Jon and Leighbeth agreed to help, and Jay Woolford was volunteered in absentia (per his earlier consent ☺).
- Joanne will attend the Find It Fix It event in Judkins Park on 8/24 – opportunity to dialogue with Mayor Murray and his staff.
- Pedestrian Master Plan comments are due on 8/22 – Lisa will share a link.
- King County is accepting comments on their draft Strategic Equity Plan through 8/12. Maria will send a link. She submitted a comment about including age in the plan, also shared a brief update on the Age Friendly Initiative with Matias Valenzuela, KC Equity Director.

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- AARP met with staff at King County DCHS (Linda Wells and Pat Lemus) about becoming an Age Friendly Community, possibly in coordination with the 39 municipalities.

### **Elder Friendly Futures Conference**

The age-friendly poster session, submitted by ADS on behalf of the task force, was accepted. The broad abstract was culled from previously developed materials, including governance draft, concept paper and speaking points. Task force suggestions for development of the poster content included:

- Complement the age friendly panel session
- Highlight local processes and efforts, including Puyallup – where we are and where we hope to go
- Resource sharing – how to get involved or find more info.
- Use opportunity to engage stakeholders for assessment

The panel session includes Kavan, Maureen (ADS) and a representative from Puyallup. Amanda will inquire about getting someone from AARP national office to participate. Age-friendly communities will be one of the topics for the lunchtime round table sessions – Amanda will be staffing one of the tables.

Task force members with connections to Public Health Seattle & King County will reach out to make sure that agency is aware of the event and encouraged to participate.

### **Assessment Phase**

The assessment process will inform the action plan by identifying gaps and opportunities. Components will include:

- AARP consumer survey - AARP will support distribution
- External stakeholder survey or engagement
- Inventory of strategic plans and initiatives, both internal (City of Seattle) and external
- Analysis of population data and other metrics

Task force had the following suggestions regarding conducting the assessment:

- “Think globally, act locally” in terms of assessment phase (e.g., go beyond Seattle city limit for data gathering).
- SHA’s Senior Housing Program Advisory Board could be a great resource – need to consider timing of when to bring them in – make sure the feedback loop isn’t too long.
- Ask AARP if there are examples of stakeholder surveys we can build on.
- Cecily volunteered to help with external stakeholder component, and Anita offered expertise on methodology. Note: Other volunteers for any aspects of this work are welcome!

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- Build on results from other efforts, such as recent engagement by the Seattle Office for Immigrant and Refugee Affairs (OIRA) and UW healthy aging conversations with community partners (connect with Barb Cochrane). Results will help us identify gaps to target for further outreach.
- Consider approaches other than surveys to ensure the process is inclusive and representative of this region's diversity. Connect with OIRA
- When gathering zip code data via surveys, clarify home v. work location.

### **Communication**

Seattle IT will set up a SharePoint site for the task force –no timeline yet for development. Maria will share other recommendations (e.g., Slack) with IT there are other City approved tools. She will also request a generic [@Seattle.gov](mailto:@Seattle.gov) email address for this initiative -- need this before Elder Friendly Futures Conference.

AARP and the City of Seattle Communication teams are coordinating a media release, expected later this month. Until then, they ask task force members to hold off on broad circulation of the city designation.

The Mayor's Office has also requested a fact sheet to have on hand. City communication staff will develop. Kavan and Keri agreed to review when draft is available.

### **Action Items**

- **Next meeting Friday, 9/23, 9:00-11:00 a.m.**, location TBD (ALL)
- Contact Maria if you are interested helping with: poster session; development of assessment tools; proposal for Evans school capstone project interns. (ALL)
- Outreach to public health contacts re: Elder Friendly Futures conference (Keri P and anyone else with warm contacts)
- Share links for public comment – [King County Strategic Equity Plan](#) and [Seattle Pedestrian Master Plan](#). (Maria, Lisa)
- Email address for initiative and other IT/communication follow up (Maria)
- Assessment related follow up – research external stakeholder engagement models (Maria, Amanda)
- Compile list of champions: Send Maria names of warm contacts in local government who are potential champions for age-friendly (ALL).