

Seattle and King County Age Friendly Task Force
MINUTES | April 21, 2017
 Seattle Municipal Tower | Room 4050 | 9:00am – 11:00am

| Topic |
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| <p>Introductions & Check-In Question “Please share one word to describe how you are feeling about today’s breakout sessions.” (Pre-Check In / Post-Check In)</p> <ul style="list-style-type: none"> ▪ Happy✓ ▪ Excited✓✓✓✓ ▪ Outdoor Spaces/Buildings ▪ Energized✓ / Relieved (after breakout groups) ▪ Productivity ▪ Moving ▪ Interested✓ ▪ Love ▪ Inspiration ▪ Anxious / Non-Anxious (after breakout groups) ▪ Gratitude ▪ Looking forward (technology) ▪ Ready |
| <p>Updates and Announcements</p> <p><u>EVENTS:</u></p> <p>May 3, 2017 Changing Aging Tour – Kavan distributed flyers. May 10, 2017 Care Transitions Conference – May 10th April 21, 2017 Momentia Talent Share at Northgate Community Center May 16, 2017 Mobility Coalition Meeting at Shoreline City Hall. Topics of discussion will include Fare Changes and Para Transit.</p> <p><u>UPDATES:</u></p> <ul style="list-style-type: none"> ▪ West Seattle Time Bank: Brochure distributed by Tamsen Spengler. They have 290 members ▪ Silver Kite: Art Kits with Nature theme. Box includes art supplies, paper, 14 activities. Art Kits can be ordered on-line. Flyers distributed by Robin Cherry. ▪ Technology Matching Fund Grants due date is May 3, 2017. Applications are available on-line at www.seattle.gov/tech/TMF. <p><i>*If you have an event you would like us to share via the Listserv, please email the details to Maria.Langlais@seattle.gov</i></p> |
| <p>Project Updates</p> <ul style="list-style-type: none"> ▪ Age-Friendly is breaking down department silos, leveraging focus on older adults and accessing time resources from departments to engage in this work. An example is Sidewalk Assessments. The work was already underway prior to Age-Friendly, however SDOT is now including an age-friendly perspective by inviting older adults to the table that were not previously included. SDOT will be bringing on 19 interns to assess the sidewalk conditions of Seattle and will be walking with older adults as they do their assessments. There are opportunities for the Task Force to be involved in this work. ▪ LGBTQ Forum – Equity, Respect, and Inclusion: Scheduled for June 3rd. Planning is underway! It will be an all-day event. Complimentary lunch, dinner and entertainment will be provided. The |

Mayor will open the event and receive report outs from group work. Currently determining 4 different topics with UW and including some of the Age-Friendly domains.

- Older Women Equity Form: This forum will focus on economic security for older women. It is not just about employment.
- Civic Technology Event: Opportunity to identify one or two problems that could be solved with technology that are facing older adults. The event would include bringing tech gurus to determine how find a solution. Send your ideas to Irene: irene.stewart@seattle.gov

Break Out Groups

Instructions and a mock facilitation presentation was provided on the structure of break out groups using NCI Charrette + Design Thinking Vision Wall and Ease, Impact mapping. Break out groups are as follows:

- **Transportation**
 - a. **Facilitator:** Allison Boll
 - b. **Participants:** Joanne Donohue, Staci Haber
- **Housing**
 - a. **Facilitator:** Jon Morrison Winters
 - b. **Participants:** Cecily Kaplan, Kavan Peterson, John Forsyth, Sharonn Meeks, Dolores Rossman
- **Community Support & Health Services**
 - a. **Facilitator:** Karen Winston
 - b. **Participants:** Tamsen Spengler, Robin Dawn Cherry, Irma Farsch
- **Outdoor Spaces & Buildings**
 - a. **Facilitator:** Terry Ann Lee
 - b. **Participants:** Steve Lee, Linda Woodall

Reconvene / Report Out from Work Groups

Transportation:

- For the purposes of this activity and group discussion, the Access category could be thought of as having two sub-categories: access related to physical infrastructure/environment and access to information/education.
- Added category: System Coordination; Identified as very Hard on Ease/Impact sheet as it was place off the sheet and on the wall! Also, System Coordination requires both political will and additional dollars identified to move this work forward.
- Renamed Walking/Mobile Environment category as Active Transportation.
- Education & Affordability was identified as Easy.
- Safety, Affordability, and Active Transportation was identified as Medium ease.
- Many of the Vision categories fell on Tier 1 and associated with many of the early action items.

Housing:

- Combined many categories together (Livability & Safety, Affordability & Unsheltered, Innovative & Housing Models, Partnerships & Services).
- Good conversations.
- Category of Respect underlines housing. Opportunity to addresses ageism. It doesn't cost anything to do this. Identified as Easy/High Impact.
- All other categories were identified as hard on ease/impact sheet with Partnerships & Services having medium difficulty.
- All categories were identified as Tier 1 /Early Action, except for Innovative Housing Models which was identified as Tier 3.

Community Support & Health Services:

- Many categories were renamed for clarity.
- Focus discussions on decrease isolation, increase independence, promote healthy living, and happy healthy care givers.
- Advocacy for Health and Home Care were identified as easy/high impact.
- Partnerships was identified as varying hard to easy difficulty with high impact.
- Residential/Alternative to Home Care identified as medium difficulty with high impact.
- Employer, Education, & Training identified as hard with high impact.
- Affordability concerns were raised and shared housing discussed.
- Program Services, Partnerships and Advocacy for Health & Homecare were identified as Tier 1/Early Action Plan.
- Residential Services / Alternatives to Homecare were identified as being between Tier 2 & 3.
- Employer Education/Training was identified as Tier 3.

Outdoor Spaces & Buildings

- Clarified category names and created a new one.
- Filtered “Gathering Spaces” category into other existing categories thereby eliminating it.
- Concluded the Planning and Development category is an over-arching category over all the others
- All the categories were classified in Tier 1 – Early Action Items. Only one category, Community Partnerships, was classified in Tier 2 which was identified as the largest opportunity moving forward.

Check Out / Action Items

- Terry Ann will type up notes for each workgroup and debrief with Maria.
- Maria will communicate next steps prior to next meeting on May 19, 2017.