

Introductions – Meet the Age Friendly Seattle Team

- Brent Butler, Program Manager
- Lenny Orlov and Sarah Demas, Program Coordinators
- Irene Stewart, former Age Friendly Project Manager, now Communications Manager for Aging and Disability Services

Speed Networking

Inspired by the presentation from 880 Cities at last week's Age-Friendly City Pecha Kucha event at the downtown library, we put on our "880 goggles" in an exercise to help us get to know each other and inform our age-friendly work. In three one-on-one rounds, participants shared a little about themselves and something they see, or would like to see, in their neighborhood that's great for both an 8-year-old and 80-year-old.

- Feedback on this exercise – hard to hear when lots of pairs are talking.

Info / Announcements

- 4/29, 11AM-4PM Co-housing Open House in Port Townsend.
- 5/2, 1-3PM LGBTQ Self Defense and Personal Safety event sponsored by the Lifelong Recreation Program with Tyrone Davis of SPD, at Montlake Community Center, 1618 E. Calhoun St., Seattle 98112. Free!
- 5/4, 1-3PM Engage at Every Age Forum, with special guest Council Member Sally Bagshaw, hosted by Age Friendly Seattle, at Mirabella Seattle, 116 Fairview Ave N, Seattle 98109. RSVP: www.surveymonkey.com/r/engageMay4
- 5/5 Elderwise Spring Art Auction, 2-4PM at Horizon House Performance Hall, 900 University St, Seattle 98101.
- 5/6, 3-7PM Russian American Cultural Celebration and WWII victory celebration at the Mural Amphitheater in Seattle Center.
- 5/16 AARP Community Challenge Grant applications are due. Grants of several hundred to several thousand dollars available for "quick action" projects to support livable communities. Consider applying to support committee work!
- 5/17, 10-11AM, Age Friendly Seattle Coffee Hour with presenter Christine Wheeler-Sinclair, Program Manager from Generations Aging with Pride. She will present on GAP's programming for LGBT elders and ways to get involved.
- 5/17, 6:30-8:00PM West Seattle Timebank's Third Thursday event - Craft Night and Potluck at Senior Center of West Seattle, 4217 SW Oregon St.
- 5/23, 12-4PM, Stress-Free Aging Event/Resource Fair with speaker Dr. Jim DeMaine, hosted by Healthy Aging Partnership, at Renton Community Center, 1715 Maple Valley Hwy, Renton. [Flyer is posted here.](#)
- 5/31 National Aging and Disability Transportation Center grant applications are due. Grants up to \$20,000 for projects that increase access to transportation for older adults and people with disabilities.
- 6/21 West Seattle Timebank is hosting a Repair Café at Youngstown Cultural Arts Center, 4408 Delridge Way SW, Seattle 98106.

- First Thursdays after 1PM, the Seattle Japanese Garden has free admission and demonstrations of Japanese arts.
Age Friendly Discussion Groups, supported by AARP and King County Libraries, are being featured in NW Primetime starting in May. Each month will focus on an Age Friendly domain, and May's topic is Housing. Age Friendly Seattle will host virtual Kitchen Table Conversations each month on the selected topic, starting May 16, 1-2PM. More info on the May event coming soon. Join this conversation and start your own too!
- Here is the link to the Crosscut article on the housing crisis faced by older adults in Seattle, featuring Age Friendly Coalition member Denise Malm, who is the social worker at Wallingford Community Senior Center. This story is also slated to be featured in the May edition of NW Primetime.
- New resources are available from Generation to Generation and eEncore.com: Learning Hub and Ten Steps Guide (Design compelling roles for people 50+).

Age Friendly Housing Report: <https://bit.ly/2K0BGKH>

Presentation by Jon Morrison-Winters, ADS Planning and Development Specialist

- Report was prepared by WA State University in partnership with Aging and Disability Services, Seattle Office of Housing, and others (acknowledgements in report, link above).
- Key points from presentation:
 - People want to age in their current residence and community. This is not always possible due to affordability, home design/accessibility and transportation issues.
 - There is not enough housing stock to meet demand, most of what is being built is high-end/expensive, smaller, not necessarily accessible.
 - Universal design as a social justice issue – important to incorporate these principles into design of new housing, think about options to retrofit existing housing stock.
 - Focus needs to be on livable communities, more all-ages but good for older adults.
 - Land use is regulated locally, so need to research advocacy options by community.
 - Summary of findings from the study – see attached handout.
 - Recommendations – need to create more accessible and affordable housing that meets the needs of diverse older adults.
 - Still working on setting priorities, timetables, performance measurement, continued community engagement.
- **-An Age Friendly housing committee/work group is forming. Sign up sheet was passed around. Contact Jon if interested in joining/ more info: Jon.MorrisonWinters@seattle.gov.**
- Questions and comments from discussion:

- Do we have data on the impacts on older POC/demographic shifts? Fair housing assessment was recently completed for King County.
- Mortgages can be hard to maintain, many people lost homes in the mortgage crisis/recession, some are now homeless. Gentrification is a problem, especially in SE Seattle.
- Mortgage assistance, counselling and referrals available through groups like <http://www.homeownership-wa.org/>
- Many homeowners are struggling to pay rising property taxes.
- Zoning laws can impact displacement.
- Role of the city/ using permitting power to drive construction.
- Rent control?
- The Housing Advisory Group needs the perspective of renters, community members, and the business community
- Need to make sure housing is accessible, affordable, and inclusive, with room for caregivers, multi-generational, etc.
- We need examples of who is doing it right. We should look for examples worldwide, to meet different cultural needs. Need to consider local attributes, topography, etc. Examples from Berlin, California. Co-housing is an option but generally has a high price point which excludes a lot of people.
- Conflict between desire to age in place and the push to convert single family homes to denser housing types. Homesharing programs are a possible solution.
- Need commitment from policy makers/electeds. Make their goals and progress public, accountable.
- Need \$ support for smaller scale building projects, e.g., backyard cottages/subdividing lots to add units. Currently financial support only available for larger building projects.

Working Groups and Committee Updates:

- **Outreach, Advocacy and Communications**

- Most recent meeting focused on getting to know each other, brainstorming project ideas.

- Next meeting 5/11 (info below)

- **Social and Civic Participation**

- Last meeting was at Central Area Senior Center

- Voted on project ideas. Top choices were: A social event over food, creating an age-friendly neighborhood toolkit, intergenerational tech events, creating criteria for vetting age-friendly businesses, pedestrian potlucks.

Age-Friendly Coalition for Seattle and King County
April 20, 2018 Meeting Minutes

-Next meeting 5/25 (info below)

- **Transportation and the Built Environment**

-Have been meeting for a few months, next meeting 4/27 (info below)

-Two projects this year: one focused on promoting cycling for older adults, one neighborhood focused project.

- Project guidelines and criteria for selecting a neighborhood have been developed. Working on collecting data to focus in. Will start meeting in selected neighborhood this summer.

- **Steering Committee**

-Accepting new members – please consider joining!

-Next meeting 5/18 (info below)

Check Out

Upcoming Meetings

- **Age-Friendly Coalition for Seattle & King County**
Friday, 6/15, 9-11AM, Seattle Municipal Tower (SMT), Room 1600
- **Coalition Steering Committee**
Friday, 5/18, 9-11AM, Seattle Municipal Tower, Room 4050
- Project Teams / Domain-based Committees
 - Transportation & Built Environment: Friday, 4/27, 8:30-9:30AM, 401 5th Ave, Seattle, Room 120 (1st floor, past elevators on left)
 - Outreach, Advocacy & Communications: May 11, 8-9AM, SMT 4070
 - Social & Civic Participation: Friday, May 25, 10-11:30AM, location TBA. Contact Lenny.orlov@seattle.gov for more info.

Age Friendly Task Force
April 19, 2018 | 9:00–11:00 a.m.

Sorted alphabetically by first name.

Initials	Name	Organization / Affiliation
	Aditi Kambuj	Seattle Dept. of Transportation
	Allison Boll	City of Seattle – Human Services - ADS
	Amanda Frame	AARP Washington
	Ana Pinto da Silva	Amazon
A	Andrea Yip	City of Seattle – Human Services - ADS
a	Andy Oden	Gen to Gen - Seattle
	Anita Souza	UW – School of Nursing
	Barbara Miller	Downtown Emergency Service Center
	Basia Belza	UW Health Promotion Research Center
	Becca Aue	Feet First
	Beryl Schulman	Lifelong Recreation Advisory Council
	Betsy Conrad	Kaiser Permanente
	Bette Robbins	AARP WA, Volunteer
	Boeun Kim	University of Washington – School of Nursing
	Brenda Charles	AARP Volunteer / Mayor’s Council on African American Elders - Chair
	Brigid “Jo” Hurley	Senior Advisory
✓	Brent Butler	City of Seattle – Human Services - ADS
	Candance Faber	
cdh	Carol Kachadoorian	Toole Design Group
	Caroline Cicero	Community Member
	Cathy Knight	City of Seattle – Human Services - ADS
	Cecily Kaplan	Phinney Neighborhood Association / Greenwood Service Center
CB	Cheryl Brown	Parks
	Cindy Snyder	ADS Advisory Council
CBP	Claire Pendergrast	UW School of Public Health
	Darlene Storti	Northaven Senior Living
	David Keyes	City of Seattle - IT
	Denise Klein	Wider Horizons
	Diane Wiatr	Seattle Dept. of Transportation
✓	Dolores Rossman	Healthy Aging Partnership
	Dominique Stephens	City of Seattle – Human Services - LAD
	Dori Gillam	Northwest Center Creative Aging
	Florence Klein	ADS Advisory Council
dx	Irene Stewart	City of Seattle – Human Services - ADS
	Jen Pretty	Aegis Living
	Jennifer Herrmann	Providence Heritage House at the Market
	Joanne Donohue	Sound Generations
JMW	Jon Morrison Winters	City of Seattle – Human Services - ADS
	Karen Lucas	SHAG
KW	Karen Winston	City of Seattle – Human Services - ADS
KW	Katherine Wuestney	Washington State University
	Katheryn Howell	
	Kavan Peterson	ChangingAging.org
	Keri Pollock	Aging Wisdom
	LeighBeth Merrick	LeadingAge WA
✓	Lenny Orlov	City of Seattle – Human Services - ADS

