

2015 Senior Center Service Evaluation Survey

2015 年服務檢討調查

(edited 2015/5/18 修訂)

Date 日期 : _____

Think about your life since you started attending the senior center. Below are some ways that senior centers might make a difference. Please put a CHECK IN THE BOX that best matches your response for each statement. 自從你開始參加老人中心後，想一下你的生活有沒有因參加中心後可能出現以下不同的改變，請逐一按你的情況對以下各題打上「X」號！

Because I go to the Senior Center I... 因為參加中心活動，我...	Most of the Time 經常	Sometimes 有時	Almost Never 幾乎沒有	Not Applicable 不適用
1. Do more volunteer work 較以前多做義務工作				
2. See friends more often/make new friends 經常見到朋友 / 認識新朋友				
3. Take better care of my health 懂得更好的照顧自己的健康				
4. Eat meals that are better for me 可吃到對我好的餐食				
5. Have more energy 較以前多些精力				
6. Feel happier or more satisfied with my life 感覺較以前開心及較滿意我的生活				
7. Have something to look forward to each day 每日總有期待要做的事				
8. Know where to ask if I need a service such as a ride to the doctor or an aide 當有需要尋求服務時，知道在那裏求助				
9. Feel more able to stay independent 感覺更能獨立生活				
10. Feel that the senior center has had a positive effect on my life 感覺老人中心已在我生活中帶來 正面影响				
11. Learn new things 學習新事物				
12. Have learned about services and benefits 較多明白服務及福利				
13. Am more physically active 較以前活躍				
14. Would recommend the senior center to a friend or family member 會推薦老人中心給朋友或家人				

Please tell us how participating in the senior center has changed your life.

請講述參加老人中心後，你的生活有何改變

I participate in the following activities at the senior center 我在老人中心參與以下的活動

Race/Ethnicity 種族 (check one or more, as appropriate 按合適答案，可選一或多項)

<input type="checkbox"/> American Indian or Alaska Native 美國印第安人或阿拉斯加原住民	<input type="checkbox"/> Hispanic/Latino 西班牙人/拉丁美洲人
<input type="checkbox"/> Asian, Asian-American 亞洲人或亞裔美國人	<input type="checkbox"/> White/Caucasian 白人
<input type="checkbox"/> Black, African, or African-American 黑人或非洲裔美國人	<input type="checkbox"/> Other 其他
<input type="checkbox"/> Native Hawaiian or Pacific Islander 夏威夷原住民或其他太平洋島民	

What is your zip code? 你的郵政編號是: _____

Income 收入

Select the column for the number of people in the household, and find your income range* based on last year's gross income. 根據你在去年的總收入，按你的家庭人數，在以下表格內選取出你的收入幅度

Check One 選一	1 person 一人	2 persons 二人	3 persons 三人	4 persons 四人
1 <input type="checkbox"/>	\$0 - \$18,550	\$0 - \$21,200	\$0 - \$23,850	\$0 - \$26,450
2 <input type="checkbox"/>	\$18,551 - \$30,900	\$21,201 - \$35,300	\$23,851 - \$39,700	\$26,451 - \$44,100
3 <input type="checkbox"/>	\$30,901 - \$44,750	\$35,301 - \$51,150	\$39,701 - \$57,550	\$44,101 - \$63,900
4 <input type="checkbox"/>	\$44,751 or more 或以上	\$51,551 or more 或以上	\$57,551 or more 或以上	\$63,901 or more 或以上

*Income guidelines will be updated in accordance with federal standards 收入準則調較是按照聯邦標準

Thanks you 多謝填寫