

Advisory Council on Aging and Disability Services

Creating choices for elders and adults with disabilities in Seattle-King County

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MONTHLY MEETING

NOVEMBER 18, 2016

MEMBERS PRESENT

City of Seattle	King County	United Way
<input type="checkbox"/> Claire Brannan	<input type="checkbox"/> Mayor David Baker	<input checked="" type="checkbox"/> Mary Anderson
<input checked="" type="checkbox"/> Molly Holmes	<input type="checkbox"/> Bev Heyden	<input type="checkbox"/> Marsha Andrews
<input type="checkbox"/> Debra Juarez, Seattle City Council	<input type="checkbox"/> Carolyn Heersema,	<input type="checkbox"/> Katty Chow
<input checked="" type="checkbox"/> Florence Klein, Pending	<input checked="" type="checkbox"/> Cindy Snyder, Pending	<input checked="" type="checkbox"/> Eric Martenson
<input type="checkbox"/> Kathe Matrone	<input checked="" type="checkbox"/> Dick Woo, Pending	<input checked="" type="checkbox"/> Lorna Stone
<input type="checkbox"/> Mac McIntosh	<input checked="" type="checkbox"/> Ava Frisinger, SCOA Rep	<input checked="" type="checkbox"/> Sue Weston,
<input type="checkbox"/> June Michel, Pending	<input checked="" type="checkbox"/> Dave Rogers, Pending	<input type="checkbox"/>
<input checked="" type="checkbox"/> Sue Shaw	<input type="checkbox"/>	<input type="checkbox"/>

Excused Absence	Claire Brannan, Katty Chow, Marsha Andrews, Mac McIntosh, David Baker, Kathe Matrone, Carolyn Heersema, Kathy Wilcox, Bev Heyden
Guests:	Diana Thompson, Lawrence Low, Kacey Kroeger, Jim McGinley, Ella Williams, Rose Quimby, Paula Houston, Mattie Talpin, Dr. Brenda Jackson, Adam Halprin
Staff	Gigi Meinig, Lori Sanford, Maria Langlais, Andrea Yip, Jon Morrison Winters, Karen Winston, Angela Miyamoto
Speakers	JoAnn Donohue, Maureen Linehan
United Way Staff	
King County Staff	Linda Wells, Terry Mark Adam Schmid
City of Seattle	Maureen Linehan

Welcome and Introductions – Molly Holmes

Program
Age Friendly Communities
Speakers: JoAnn Donohue and Maureen Linehan

The City of Seattle recently passed an initiative making Seattle an Age Friendly Community with Seattle's Mayor Murray's full commitment. A stakeholder group meets regularly to implement the plan. AARP is available to provide technical assistance.

The initiative, built on local efforts, began eight years ago by Sound Generations during their "Aging Your Way" process. An intergenerational group of community members created a vision of an age friendly community which built on the talents and skills of community members. Their guiding principles included a multi-cultural approach, eliminating silos, creating connectedness, incorporating technology and sustainability.

The World Health Organization's Age Friendly framework, supported by AARP, includes eight domains and a continuous improvement process using an integrated, cooperative approach:

Domain 1: Outdoor Spaces and Buildings—safe and accessible places to gather, indoors and out.

Domain 2: Housing—accessible and affordable, for all life stages.

Domain 3: Transportation—travel options that safely support multiple modes.

Domain 4: Social Participation—social and recreation options for all age groups and incomes.

Domain 5: Respect and Social Inclusion—all generations are respected members of the community.

Domain 6: Civic Participation and Employment—meaningful paid or volunteer work is offered to older adults and economic security is within reach.

Domain 7: Communication and Information—resources, benefits, and services are accessible to the older adults who may need them.

Domain 8: Community Support and Health Services—healthy aging is encouraged through programs and support.

Why is the Age Friendly community designation important?

By 2040, 25% of the population will be over the age of 60. As the aging population continues to grow. The Age-Friendly framework provides a template for regional leaders to create communities that are great places to grow up and grow old. It will raise the visibility of the aging population, encourage coordination across sectors, identify gaps and improve opportunities to collaborate and learn from each other. While there will be challenges in developing infrastructure including transportation, housing, health and long term care. There are opportunities for:

- Entrepreneurship which is rising fastest among individuals age 55+.
- Economic growth of \$7 trillion generated by people 50+.
- Happiness – People over 60 report their happiness grows as they age.

The Age Friendly Initiative calls for a 5-year planning and implementation cycle to continuously improve through frequent assessment, feedback from stakeholders and data.

What ideas has the Age Friendly task force heard so far?

- Grandparent parks
- Multi-generational housing
- Neighborhood hubs
- Longer crosswalk signals
- Microphones at meetings
- Job-share opportunities
- Employer training on ageism
- Cooperative models for housing, transportation, and other programs

What is the role for advocates?

- Learn more
- Talk with others
- Engage partners
- Uncover gaps

Business Meeting

Minutes: Approved as Written

The Nominating Committee: Sue Shaw, Mary Anderson and Bev Heyden presented their 2017 slate of officers for final vote:

2017 Slate of Officers PASSED BY ACCLIMATION

- Chair: David Baker
- Vice Chair: Marsha Andrews
- Secretary: Lorna Stone
- At large: Eric Martenson

Encore.org

Jim Mc Ginley, reported Encore.org is building a movement to tap into the skills and experience of people in midlife and beyond to improve their local communities and the world. They are spearheading an effort to engage millions of people in later life to create a better future. The organization is beginning a new campaign called Generation to Generation to mobilize over a million people over 50 years of age to support innovative projects to bring generations together to make life better for all. For more information, click the link <http://encore.org/>

Nutrition RFP

Angela Miyamoto, ADS staff described the upcoming Nutrition RFP process. ADS invests:

- \$2.6 million in community dining programs which serve 13,276 clients, and provides 379,950 meals.
- \$1.19 million in the home delivered meals programs which serves 2,779 clients, and provides 503,297 meals.

Angela is gathering community feedback about service gaps and will explore new creative approaches to provide meals throughout King County. Advisory Council members expressed concern about the lack of capacity in rural areas where directors scramble to serve an influx of new participants every day and senior centers struggle to make ends meet financially as the

population of seniors grows. Angela encouraged Advisory Council members to email Gigi feedback.

Sponsors' Reports

King County – Linda Wells

Linda thanked the council for their input into the Veterans and Human Services Levy. King County Sponsor, Terry Mark, expressed her appreciation for the impressive feedback given to her today by the Advocacy Committee. Click the link to give additional feedback to the King County and Human Services Levy kingcounty.gov/VHSL.

Planning and Allocations Committee

Committee did not meet

Communications Committee – No report

Advocacy Committee

Dave Rogers reported members discussed the wide variety of community organizations and events they participated in recently. Secondly, the committee spent almost an hour providing feedback into the King County Veterans and Human Service Levy.

SCOA – no report

Northwest Universal Design Council

Tom Minty reported on the following events:

- Tuesday, November 15, 2016, the Northwest Universal Design Council welcomed architects Karen Braitmayer, FAIA, Accessible Design and Accessibility Consulting, and Debra Guenther, FASLA, LEED AP BD+C, Mithun. They discussed the role of landscape design in improving accessibility. By incorporating the principles of Universal Design into landscape design, people are encouraged to fully participate in the outdoor environment.
- Monday, November 21st is the next Steering Committee. He encouraged Advisory Council members to join him.

Mayor's Council on African American Elders (MCAAE)

Mattie Taplin gave an overview of the MCAAE which is to inform the Mayor's Office and Seattle City Council about issues that affect the African American Community. The most recent issues of concern include homelessness, and support for the African American Elders Program.

Director's Report

Maureen Linehan asked Jon Morrison Winters to give an overview of the Housing and Aging Forum. Jon reported the turnout was approximately 170 and included people from a variety of housing, and social service organizations. The participants were very involved in the discussions and excited about the opportunity to engage with other community providers.

Jon also reported he plans to work on three projects:

1. Updating the information and data originally published in the Quiet Crisis.
2. Housing Plus services an effort to improve services in conjunction with housing.

3. In collaboration with Metro, and Sound Generations, Jon wrote a successful grant to continue the much needed Hyde Shuttle Service.
- Federal Budget: ADS receives funding from several federal funding sources including the Older Americans Act, could be at risk. Other funds connected to the Affordable Care Act including the 1115 waiver and the funding for Health Homes are also at risk. It's important to continue to monitor these fund sources.
 - The governor's budget will be released in late December. DSHS asked for a rate increase for AAA case management and Adult Family Homes.
 - ADS hired Theresa Tanoury, as the new case management director. She previously worked for the UW School of Social Work and brings a strong background in training, recruiting and work force development.
 - The ADS Division Director Job closes December 13. Interviews will begin in January. Advisory Council members will be represented during the interview process.
 - Maureen recognized planners and the support they provide ADS and the Advisory Council.

Announcements

Age Friendly Task force meets December 16. Let Maria or Gigi know if you would like to attend. Everyone is welcome.

**NEXT REGULAR MEETING:
December 9, 2016 Noon – 2:00 PM
Seattle Municipal Tower
Room 4060
Seattle Municipal Tower
700 5th Ave, Seattle**

<http://www.agingkingcounty.org/advisory-council/>