

**Age Friendly Coalition for Seattle & King County**  
**Social and Civic Participation Committee Meeting**  
**June 15, 2018, 10:00 - 11:00AM**

In-person: Dori Gillam (Positive Endings); Joanne Donohue (Sound Generations); Linda Woodall (Eastside Friends of Seniors); Sharon Meeks (WA State Housing Finance Commission); Ty Nolan (Generations Aging with Pride); Denise Malm (Wallingford Community Senior Center); Cecily Kaplan (Greenwood Senior Center); Nancy Robb (Wider Horizons); Edna Daigre (community); Lenny Orlov (City of Seattle).

Via conference: Tamsen Spengler (West Seattle Time bank);

Other members: Carol Redfield (Seattle Pacific University); Keri Pollock (Aging Wisdom); Yun Pitre (City of Seattle). Carol Frillman (West Seattle Senior Center); Rebecca Crichton (NWCCA);

## **Minutes**

### **1. Intros / Check In**

- Dori was the facilitator. Lenny provided admin support: video conference call, etc. Edna Daigre and Ty Nolan attended for the first time.
- Attendees went around the room stating their names and the nature of their work and/or community involvement as they pertain to this committee/workgroup.
- Dori suggested the idea of bringing new members up the speed before they attend. Per Dori, this will reduce the time the group spends doing that during meetings.

### **2. Discussion**

- Dori posed a question about the purpose of the committee: is it a work group or an idea-generating group? Per Maria Langlais' presentation at the main Coalition this morning, the former seems to be true. However, Dori brought up concerns about the time commitment for some of the members she was in touch with.
- The other point of discussion as to the committee's "purpose and charter" is whether the group is here to promote/support something that is already going on, or to create a new project.
- Joanne [who has been involved with the group from the beginning] said she assumed the group would be doing the work by leveraging already existing orgs, e.g., senior centers, villages, timebanks, etc. She brought up the idea of "working with the willing."
- Cecily said that in her mind, the purpose of this group is to review the two AF Seattle domains from the Action Plan: *Social Participation* and *Civic Participation & Employment*. The committee would then define what may be missing and/or not handled by the City and come up with projects to fill those "holes." Just like Cecily reaches out to senior centers on behalf of [Momentia](#), so could the CSP committee be seeking out community partners who are already engaging with older adults.
- The follow up question from Dori was, is the committee getting together to make an impact on one project, or are each of the members going to have a discrete task of engaging the community? Per Joanne, it's better to use the energy in the room towards a common purpose.
- Edna talked about the universal health benefits of dance. Although it's beneficial for people of all ages, she has observed that as people age they tend to be less engaged in it. Edna received a grant that allows her to go out and promote the health benefits of dance until December of this year. She calls the technique "Music, Memory and Movement." Cecily offered to connect Edna with the Healthy Aging Partnership (HAP) for collaborating on various events.
- Lenny offered to condense what's been said so far around two areas: 1) the idea of this group reaching out to older adults who don't have the belief in their ability to engage (via dance,

etc.) and 2) intergenerational engagement facilitated by the committee. Dori added that just the exposure to the positive images of older adults dancing could go a long way.

- Ty brought up the idea of a Speaker's Bureau for projects like Edna's. The purpose would be to facilitate engagement along various dimensions (e.g., dance), but also to have a lineup of presenters that "match" each community (vs. someone who doesn't represent it going in and saying "join us"). Ty further clarified that Speaker's Bureau allows for balanced speaker representation, e.g., involving both males and females, people from the dominant and non-dominant cultures, etc.
- Cecily added that the speakers' Bureau would need to be anchored in Age Friendly Seattle's principles based on the 8 domains.
- Tamsen said that she likes the idea of the Speaker's Bureau but that she would like to check in with the Outreach, Advocacy & Communications Committee. She wants to know if they (or Age Friendly Seattle) will have a booth at Pride and other festivals. Lenny reported that HSD is participating in Pride this month and ADS will have a booth. Lenny further offered to display any of the committee members' organizations' materials.

### 3. Committee work

- Dori suggested that the group move towards figuring out its project. So, if the project is "creating a Speaker's Bureau" then there should be specific actions that would accomplish that, e.g., who is in it, what are the topics, how to get invited to speak, etc. This is to be completed at the next meeting.
- Dori also suggested fleshing out this and other ideas that committee has come up with so far as they pertain to the AF Action Plan. Joanne volunteered to do this between now and the next meeting.

### 4. Looking forward:

- Dori volunteered to be the facilitator again on July 27. Lenny reminded the group that the next meeting is not at the Municipal Tower, but out in the community. Dori asked Cecily if Greenwood Senior Center is a possibility. Cecily will find out and get back to Dori.

## Action Items

1. Dori: create the agenda and secure the venue for the next meeting (7/27). **Update: the 7/27 and 8/17 meetings were canceled d/t venue availability. Next meeting: August 31, 9:00-10:30 am at Greenwood Senior Center in the West Room, lower level.** Address: 525 N 85th Street, 98103.
2. All members: send any materials to Lenny for PrideFest booth display. **[completed]**
3. Lenny: upload the video to YouTube and link it (along with the minutes) on the Coalition Materials webpage (when the latter is completed). **[completed]**
4. Joanne: align all of the group's project ideas with the AF Action Plan. **[completed]**