



MEMORY SUNDAY

June 10, 2018



**SAVE
THE
DATE**

What is Memory Sunday?

Memory Sunday—the second Sunday in June—is a designated Sunday within congregations serving African Americans that provides education on Alzheimer's prevention, treatment, research studies, and caregiving.

Memory Sunday brings national and local attention to the tremendous burden that Alzheimer's and other dementias are having on the African American community, utilizing the power and influence of the African American pulpit, to bring awareness, distribute facts, encourage participation in research studies, and support persons living with Alzheimer's and their caregivers.

FACTS ABOUT ALZHEIMER'S AND MEMORY LOSS

- Alzheimer's is a type of dementia that causes problems with memory, thinking, and behavior. Symptoms usually develop slowly and get worse over time, becoming severe enough to interfere with daily tasks.
- Alzheimer's disease accounts for 60%–80% of dementia.
- Available statistics indicate that, in the U.S., older African Americans are twice as likely as older whites to have Alzheimer's disease and other dementias.
- Alzheimer's disease is the sixth leading cause of death in the United States, and the third leading cause of death in King County. It kills more than breast cancer and prostate cancer combined.

PARTICIPATING CHURCHES

**Emerald City
7th Day Adventist**

801 25th Ave, Seattle 98122

Emerald City Fellowship
7728 Rainier Ave S, Seattle 98118

First AME Church
1522 14th Ave, Seattle 98122

Mount Zion Baptist Church
1634 19th Ave, Seattle 98122

**On June 10,
join us for
Memory Sunday.
Wear your purple!**



City of Seattle

Mayor's Council on
African American Elders



Aging and Disability Services

Area Agency on Aging for Seattle and King County

Public Health

Seattle & King County



**Seattle
Parks & Recreation**

healthy people healthy environment strong communities



Southeast Seattle Senior Center

For general information, visit www.balmingilead.org/memorysunday.

For information about local Memory Sunday programs and resources, contact Karen Winston, Aging and Disability Services, Seattle Human Services Department (karen.winston@seattle.gov or 206-684-0706).