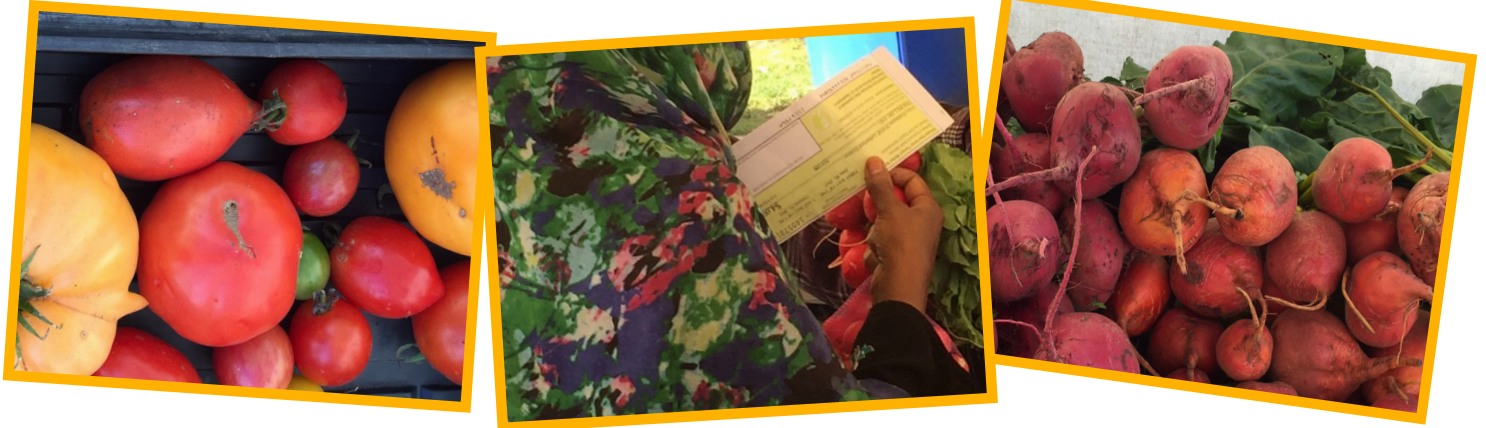


Barnaamijka Nafaqada Suuqa

Beeralayda Dadka Waaweyn

In la siiyo dadka waaweyn ee u qalma khudaar iyo miro cuseyb ah oo ka ahaada suuqyada beeralayda degmada



U qalimid loogu talagalay lacag dhan \$40 oo waraaqo lacag bixin ah:

- Da'du waa 60+ (ama da'da 55+ haddii aad tahay qof Maraykan Asal dhallad ah)
- Dakhli hoose (oo aan ka badnayn \$1,872 oo dakhli bileed ah midkaas oo loogu talagalay hal qof ama \$2,538 oo loogu talagalay labbo qof- lagu daray \$666 oo ah qofkasta oo dheeraad ah ama lagu soo daro)

Sidee loo codsadaa:

Biloowga Abriil 9, 2018, ka daabaco codsiga bogga internetka hoos lagu qoray. U dir codsigaaga oo buuxa- muddo aan dib uga dhicin Maajo 11, 2018 ama 8,000 codsadeyaal ee ugu horreeya si aad ugu qalanto - dhinaca:

Senior Farmers Market Nutrition Program
140 Lakeside Avenue, Suite A-180, Seattle WA 98122

Fax: 206-374-2390

Foomkaaga waxaa la gelin doonaa hawsha doorashada nasiibka ah. Haddii magacaaga la doorto, waxaad ku heli doontaa jeegagaaga tooska boosto marka ay tahay Luulyo 1, 2018.

www.agingkingcounty.org/SFMNP/

Ma u baahantahay caawimaad?

Wac 206-962-8467 lambarka lacag la'aanta ah 1-844-348-5464
communitylivingconnections.org