

Service Areas

ADS provides case management services throughout King County, and funds a broad range of other programs and services through partnerships with community-based organizations.

Adult Day Services

Caregiver Support Services— Counseling, Respite, Support Groups & Trainings

Case Management

Community Living Connections

Disability Access Services

Health Promotion

Elder Abuse Prevention

Homecare

Legal Services

Mental Health

Nutrition

Community Meals
Home Delivered Meals
Farmers Market Vouchers

Senior Centers

Transportation



**COMMUNITY LIVING
CONNECTIONS**
— LINKING YOU TO —
Personalized Care & Support Options

To speak with a caring, highly-trained specialist who can give you information about service options, call Community Living Connections. Calls are free and confidential.

206-962-8467

Toll-free: 1-844-348-KING (5464)

Aging and Disability Services
700 Fifth Avenue, 51st Floor • PO Box 34215
Seattle, WA 98124-4215

Main 206-684-0660
Fax 206-684-0689 • TTY 206- 684-0702
aginginfo@seattle.gov



City of Seattle



King County

www.agingkingcounty.org



Aging Seattle & King County



City of Seattle



King County

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Aging & Disability Services (ADS)

Aging and Disability Services plans, coordinates, and advocates for a comprehensive service delivery system for older adults, family caregivers, and adults with disabilities in King County. In short, ADS helps people live independently.

ADS sponsors—City of Seattle and King County—collaborate to improve the health and quality of life for older adults, individuals with disabilities, and caregivers, connecting individuals and families with resources needed for independent living.

Area Plan on Aging

The Area Plan on Aging for King County charts our course in creating an elder-friendly community. Revised every four years, the plan presents demographic trends and outlines major goals and objectives to:



- Promote healthy aging
- Prevent disease
- Encourage financial security
- Increase independence
- Improve health care
- Create livable communities

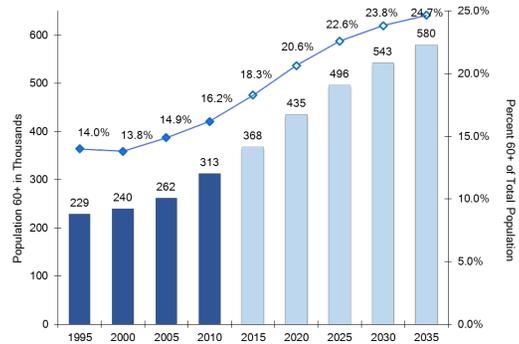
Funding

ADS funds programs and services that help older people and adults with disabilities remain in their homes and communities of choice. ADS administers approximately \$47 million in federal, state and local funds each year.



Advisory Council

Chartered under the Older Americans Act of 1965, eighteen members of the Seattle-King County Advisory Council on Aging and Disability Services guide planning and funding decisions. The Advisory Council has a significant role in advocating on behalf of older adults in King County.



Aging King County

The number of residents age 85+ is growing rapidly and is increasingly more racially and ethnically diverse. By 2025, nearly one-quarter of our county population will be over age 60.

Older adults tend to be healthier now than the generation before them, but many require special care at home. Approximately 80 percent of people serving as caregivers for older adults or adults with disabilities are family members.

Age Friendly Communities Task Force

The Age Friendly Communities Task Force supports and works with Age Friendly Seattle, which became an AARP Age Friendly city in 2017, and encourages other communities in King County to join AARP Livable Communities.



AgeWise King County

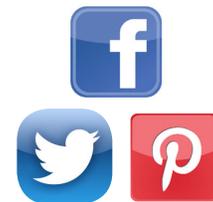
ADS promotes thoughtful discussion of disability and aging issues through several periodic publications.

AgeWise King County is a monthly e-newsletter for older adults and their caregivers, published by our Advisory Council. Sign up for a free subscription! agewisekingcounty.org

Social Media

Social media offers useful information about aging programs, services, and issues. Visit, like, tweet, follow and pin us online!

[/AgingKingCounty](https://www.facebook.com/AgingKingCounty)
[@AgingKingCounty](https://www.instagram.com/AgingKingCounty)



For information visit:
www.agingkingcounty.org