# Creative **Auburn Library**

# **Poetry**

#### Friday, September 29, 10:30am-12pm

Through photographs, music and objects explore the theme of "flight," and create simple and elegant individual and group poems based on the group's ideas and imagination.

## **Circle Dance** Friday, October 6, 10:30am-12pm

A gentle, community building dance experience for everyone, including people living with memory loss, care partners, and staff members. Engage in a variety of international and contemporary folk dances with inspiring music and simple moves. Seated options available.

### Watercolor

### Friday, October 13, 10:30am-12pm

During this hands on workshop, explore contemporary watercolor paintings, and learn how to express an idea or an object by painting a still life.

# **Sharing Our Stories** Friday, October 20, 10:30am-12pm

Everyday objects, old photos, advertisements, and favorite music become sparks for celebrations of past and present moments during this interactive storytelling workshop. Engage in a reminiscence session, and work together to tell the stories using storytelling techniques, improvisation and drama.



#### Registration preferred.

All adults welcome, including people with memory loss and their care partners.

Each workshop is taught by an experienced and trained Silver Kite Community Arts (www.silverkite.us) teaching artist who will invite participants into gentle and creative arts experiences designed to be fun and relaxing. Silver Kite teaching artists Jen Kulik and Susan Wickett-Ford among others will be facilitating the workshops.



