

Advisory Council on Aging and Disability Services

Creating choices for elders and adults with disabilities in Seattle-King County

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www.adsadvisorycouncil.org

MONTHLY MEETING

DECEMBER 11, 2015

MEMBERS PRESENT

City of Seattle	King County	United Way
<input checked="" type="checkbox"/> Claire Brannan	<input checked="" type="checkbox"/> Mayor David Baker	<input checked="" type="checkbox"/> Mary Anderson
<input checked="" type="checkbox"/> Molly Holmes	<input type="checkbox"/> Kris Fredrickson	<input checked="" type="checkbox"/> Marsha Andrews
<input checked="" type="checkbox"/> Sally Bagshaw, City Council	<input type="checkbox"/> Ava Frisinger, Chair & Former Mayor, Issaquah	<input checked="" type="checkbox"/> Katty Chow
<input checked="" type="checkbox"/> Tony Provine	<input checked="" type="checkbox"/> Bev Heyden	<input checked="" type="checkbox"/> George Dicks
<input type="checkbox"/> Kathe Matrone	<input checked="" type="checkbox"/> Kate Miller	<input checked="" type="checkbox"/> Tom Minty
<input checked="" type="checkbox"/> Mac McIntosh	<input checked="" type="checkbox"/> Dave Rogers, Senior Lobby Rep	<input type="checkbox"/> Dr. Elizabeth Phelan
<input checked="" type="checkbox"/> Sue Shaw	<input checked="" type="checkbox"/> Berta Seltzer	<input checked="" type="checkbox"/> Lorna Stone
<input type="checkbox"/> Diane Snell, SCOA, Past Chair	<input type="checkbox"/>	<input checked="" type="checkbox"/> Eric Martenson

Excused Absence	Kathe Matrone, Dr. Elizabeth Phelan, Kris Fredrickson, Ava Frisinger
Guests:	Frances Biderman, Sue Weston, Irene Swanberg, Ellie Wilson-Jones, Steve Cook, Edna Daigre
Staff	Gigi Meinig, Andrea Yip, Maria Langlais, Lori Sanford, Irene Stewart
Speakers	
United Way Staff	Sara Levin, Yuri Kim
King County Staff	Adrienne Quinn, Linda Wells, Terry Marks
City of Seattle	Maureen Linehan

Welcome and Introductions:

Molly Served as today's chair since Ava Frisinger, was unable to attend today. She welcomed Advisory Council members and ADS staff to the meeting. She asked those present to introduce themselves.

Program

Holiday gathering and meeting with the Sponsors

Adrienne Quinn, King County Director of Community and Human Services

Adrienne Quinn, King County Director of Community and Human Services briefly spoke about King County's commitment to seniors and especially senior housing. Below are some of the services provided on behalf of seniors:

- 1300 units of housing set aside for older adults
- 200 section 8 vouchers available for seniors
- 74 new units of senior housing in Redmond
- 60 new units of senior housing in Renton
- 4900 older vets were served with the veterans & human service levy
- 1500 older adults received employment information
- Senior center renovations for Vashon and Sno-Valley
- 2500 received services in shelter
- 192 were housed in transitional housing

The 2017 Veterans and Human Service levy will include drug dependency evaluation, and provisions for older adults.

Sara Levin, United Way

Appreciated the Advisory Council ability to connect with the community to share information, listen and incorporate what they learned in their decisions.

The United Way strategic plan focus is to assure everyone has home, students graduate and families are financially stable. As of July 2016, United Way will no longer fund certain outcomes or to work with some agencies. Instead United Way is developing a new structure with a goal to raise 50,000 people out of poverty.

Maureen Linehan, City of Seattle on behalf of Catherine Lester

Katherine is passionate about the work of the Human Service Department which is critical to breaking the cycle of poverty and strengthening our community. Number one is shelter and housing options for the most vulnerable, and supporting citywide consolidation of HR and IT functions, each body of work is critical to breaking the cycle of poverty and strengthening our community. Every HSD team member directly contributes to various portions of our 2016 Strategy Map.

- Addressing homelessness with better outcomes for homeless people.
- Expanding opportunities for at risk youth.
- Implementing strategies to create an age friendly communities through collaborations between City and County governments.
- Ending gender based violence.
- Supporting an agenda for affordability and livability.
- Reducing inequities in housing affordability and provider capacity.
- Developing organizations to increase their infrastructure.

Advisory Council Recognition

United Way – Sara Levin

1. *Dr. Elizabeth Phelan*, Geriatric physician at Harborview Medical Center served on the Planning and Allocations Committee. During her six year tenure she formed an important

lasting connections between geriatric programs at Harborview and Aging and Disability Service. Most recently she acted as a consultant to case managers on fall prevention.

2. *George Dicks*, is a Certified Geriatric Mental Health Specialist and Lead Mental Health Practitioner at Harborview's Mental Health and Addiction Services. As a member of the Outreach and Communication Committee he helped develop many successful programs for the Community. His wildly successful presentation on Alzheimer's disease for residents of Vashon Island is still talked about -2 years later!
3. *Tom Minty* brought passion to the topic of Universal Design. During his tenure, the NW Universal Design Council expanded to include many professionals, and the council created an easy to use website <http://www.environmentsforall.org/>. Now many people in the housing field attend the quarterly meetings. Tom was also instrumental in presenting a number of educational programs to the community including the annual home show.

King County - Terry Mark

1. *Ava Frisinger*, former Mayor of Issaquah chaired the Advisory Council during 2015. She was a devoted chair and attended every committee meeting. She gave members and staff quiet encouragement. She was also the driving force behind the ADS regionalism efforts. Her network opened doors for the Advisory Council and her community presentations about the age wave received a lot of interest.
2. *Berta Seltzer* was tireless in her efforts as chair of the Planning and Allocations committee. She served as chair for 4 years - during difficult economic times. Under her leadership the committee made fair and rational decisions on behalf of the Advisory Council, ADS clients and the community.
3. *Dave Rogers*, a retired lobbyist, always made himself available to the Advisory Council. He pitched in wherever needed whether backing up the chair at the sponsors meeting or attending United Way meetings. As an advocate he was eloquent - giving one liners summing up the discussion. He was a wonderful mentor to Advocacy Committee members as he explained how to approach politicians.
4. *Kris Fredrickson*, Social Worker at the Veterans Administration, gave Advisory Council members an understanding of Veterans services. Her presentations gave the Advisory Council a better understanding of veterans' issues. Her participation on the King County Elder abuse council gave the council another perspective on the prevalence of elder abuse.

City of Seattle – Maureen Linehan

1. *Sally Clark*, retired Seattle City Council member attended almost every Advisory Council meeting. Sally was forthright and honest as she described the workings of the council and the decisions they made.
2. *John Okamoto*, retired Seattle City Council member and HSD Division Director brought compassion and understanding of aging through his family ties, upbringing and director of the Human Service Department.

Advisory Council Accomplishments 2015 – Maureen Linehan

December marks the end of Ava's term as chair and 9 exceptional members of the Advisory Council are retiring. The Advisory Council plays a significant role in guiding Aging and Disability Services as it administers services for older people in King County. The year 2015 was a year full of many Advisory Council accomplishments including:

1. Participating in the annual Senior Lobby Day, on February 26. Members met with 25 legislators to advocate for an increase in the Medicaid Case Management program reimbursement. Their efforts along with others resulted in a nine percent increase. This

important outcome meant Aging and Disability Services could continue operation of the program in King County.

2. Meeting with over 15 State legislators and members of Congress while legislators were out of session. Plus they met with city and county councilmembers.
3. Strengthening our regional focus on aging services by attending local meetings, giving presentations and building partnerships with other aging service organizations. They partnered with AARP and the Seattle City Council to help sponsor an AgeWave briefing for Seattle City Council members on November 20th.
4. Helping develop the draft Area Plan for 2016–2019, which was submitted to the State Unit on Aging on October 5, 2015.
5. Holding five community forums in 2015:
 - End-of-Life Planning;
 - Housing Challenges in Later Life;
 - Debunking the Myths of Mental Illness;
 - Living Longer and Stronger in Sno-Valley;
 - Aging in Place in Your Community.
6. Participating in the creation of *Our Elders, Our Selves: Visiting the Past, Planning for Our Future*, a documentary about the evolution of aging programs and services in Seattle-King County, which was shown on The Seattle Channel.
7. Participating in several ADS investment processes.
8. Holding four NW Universal Design forums in 2015:
 - The Beauty of Universal Design;
 - Should I Stay or Should I Go?
 - Deciding how and where to live in your last decades;
 - Universal Design: Best practices, challenges & compromises;
 - A presentation about the U.S. Access Board.
9. Continuing AgeWise King County—our monthly e-magazine started originally by Advisory Council members, has continued to draw readers. Subscriptions topped 2,000 this year.

Looking ahead: Setting the Stage – Ava Frisinger & Molly Holmes

Molly Holmes, the 2016 Advisory Council chair welcomed New Officers and Committee Chairs. Officers:

- David Baker, Vice Chair
- Sue Shaw, Secretary
- Marsha Andrews, At Large

Committee Chairs & Liaisons

- Kathe Matrone, Planning and Allocations Chair
- David Baker, Advocacy Chair
- Eric Martenson, Outreach and Communications Committee – *Tentative?*
- Ava Frisinger, State Council on Aging Representative

- Tom Minty, NW Universal Design Council liaison
- Frances Biderman, Seattle Commission for People with Disabilities

Advisory Council Committee Highlights

Advocacy Committee Accomplishments

Besides the statewide case management program funding increase by \$9million. The Advocacy Committee accomplishments include:

1. Continuing funding for the Hyde Shuttle through a letter writing campaign to City of Seattle and King County councilmembers.
2. Restoration of \$39,000 for the Kinship program by the City of Seattle Mayor and City Council.
3. Making headway on “Observation Status”. Although, the state legislature did not pass a law requiring 24 notification (if a patient is categorized as Observation Status), Congress passed a bill required 36 hour notification. More work to do.
4. Continuing advocacy regarding the United Way cuts to senior programs.
5. Meeting with Congressman Dave Reichert resulted in a second meeting for ADS staff and the King County Prosecutor’s office to discuss elder abuse and elder justice.

P&A Committee 2015 Accomplishments

Berta Seltzer thanked the P&A Committee for their 2015 accomplishments including:

1. Monitoring local, state and federal budgets.
2. Advocating for increasing the State case management rate.
3. Receiving briefings on the following topics and ADS service areas:
 - a. Case Management
 - b. Community Living Connections
 - c. Elder Abuse
 - d. Nutrition
 - e. Senior I&A
 - f. Transportation
 - g. Fair Housing Update (including Senior Housing)
4. Developing allocation recommendations for 2015 one-time only discretionary funding allocations totaling \$400,000.
5. Developing recommendations for the 2016 discretionary funding allocations.
6. Monitoring development of the 2016-2019 Area Plan on Aging and helped shape Issue Area C-5 Livable Communities.
7. Hosting three public hearings in Bellevue, Kent and Seattle.
8. Receiving monthly reports regarding regional partnership development.
9. Attending community meetings sponsored by United Way regarding their funding shift away from supporting programs for older adults.

NW Universal Design Council: Tom Minty

Although Tom is going off the Council he agreed to continue as the liaison for the NW Universal Design Council and make regular updates to the Advisory Council. He reported the Northwest Universal Design Council is proud to partner with the Seattle Commission for People with disAbilities, Aging and Disability Services, Feet First, King County Mobility Coalition, Seattle Department of Transportation, and the Seattle Human Services Department in hosting “*Walk-, Stroll- & Roll-Ability: Designing a Pedestrian Network for All*” on Thursday, January 14, 2016 (10:00–11:30 a.m.). The program will take place in Seattle Municipal Tower, Conference Room

4060, located at 700 Fifth Avenue, between Columbia & Cherry Streets in downtown Seattle. For directions to the Municipal Tower, visit <http://bit.ly/1NQugTm>.

Seattle Department of Transportation ADA coordinator Mike Shaw and design and construction engineers John Ricardi and Eugene Pike will discuss challenges and solutions in developing a pedestrian network that works for all—sidewalks, curb ramps, street crossings, accessible pedestrian signals, transit access, and more—from a Universal Design perspective. <http://bit.ly/1O0d8B1>.

Seattle Commission for People with Disabilities.

Sue Shaw will no longer serve as the liaison to the [Seattle Commission for People with Disabilities](#), However, Frances Biderman agreed to take on that role. She will attend the Commission meetings and report out to the Aging and Disability Service Advisory Council. Thanks Frances!

Minutes

Minutes were approved as written.

Director's report

Maureen Linehan reported:

- ADS is in the process of generating more visibility about homeless seniors and those served by shelters.
- Maureen serves on the King County Physical/Behavioral Health Integration Design Committee which works to integrate behavioral and physical health using a cross sector approach which is expected to increase health and well-being across the region.
- Maureen continues to work with the Alzheimer's disease State planning group as they begin implementation of the plan.
- During the 2016 legislative session DSHS will request funding up to \$19 million for the family caregiver program.
- The Medicaid 1115 global waiver contains a family caregiver component for those who meet Medicaid eligibility.
- The Joint Legislative Committee on Aging and Disability Services was extended for more than two years. The Committee faces a number of big issues including the need to develop and promote long term care policy and financing. Middle income people can no longer afford the cost of financing their long term care and most end up spending their assets and become poverty stricken.
- The W4A plans to ask for additional case management funding in 2017. While the 9% funding increase in 2015 helped maintain the case management programs through 2016 it did not make the programs whole.

Announcements:

Retreat January 8, 9 AM – 3 PM, Tukwila Community Center Social Hall
Senior Lobby Day – February 25, 2016

NEXT REGULAR MEETING:



NEXT REGULAR MEETING:

Friday, February, 12, 2016

Noon –2:00 PM

Seattle Municipal Tower

700 5th Ave. Suite 4060

www.adsadvisorycouncil.org

Purpose of the Advisory Council:

The Advisory Council supports the mission of Aging and Disability Services (ADS), the Area Agency on Aging, and advises ADS on matters of policy and implementation of the King County Area Plan on Aging. The Advisory Council identifies the needs of older people and adults with disabilities in our community, advises on services to meet those needs, and advocates for local, state and national programs that promote quality of life for those populations.

Please notify Gigi Meinig by phone 206-684-0652 or email gigi.meinig@seattle.gov if you are unable to attend.

Co-sponsored by:

