Advisory Council on Aging and Disability Services
Creating choices for elders and adults with disabilities in Seattle-King County
Mailing Address: PO Box 34215, Seattle, WA 98124-4215
Office Address: Seattle Municipal Tower, 700 5th Ave, 51st Floor
Tel: 206-684-0660 TTY: 206-684-0702 FAX: 206-684-0689
www.adsadvisorycouncil.org

MONTHLY MEETING
NOVEMBER 14, 2014
MEMBERS PRESENT

<table>
<thead>
<tr>
<th>City of Seattle</th>
<th>King County</th>
<th>United Way</th>
</tr>
</thead>
<tbody>
<tr>
<td>☑ Claire Brannan</td>
<td>☑ Dr. Natalie Ellington</td>
<td>☑ Mary Anderson</td>
</tr>
<tr>
<td>☑ Molly Holmes</td>
<td>☑ Kris Fredrickson</td>
<td>☑ Katty Chow</td>
</tr>
<tr>
<td>☑ Sally Clark, Sea City Council</td>
<td>☑ Ava Frisinger, Former Mayor, Issaquah</td>
<td>☑ George Dicks</td>
</tr>
<tr>
<td>☑ Tony Provine, Chair</td>
<td>☑ Dave Rogers, Senior Lobby Rep, SCOA</td>
<td>☑ Timmie Faghin, Past Chair</td>
</tr>
<tr>
<td>☑ Kathe Matrone</td>
<td>☑ Berta Seltzer</td>
<td>☑ Tom Minty</td>
</tr>
<tr>
<td>☑ Mac McIntosh</td>
<td>☑ Suzanne Pak</td>
<td>☑ Dr. Elizabeth Phelan</td>
</tr>
<tr>
<td>☑ Sue Shaw</td>
<td>☑ Bev Heyden</td>
<td>☑ Lorna Stone</td>
</tr>
<tr>
<td>☑ Diane Snell, Past Chair</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Excused Absence: Dr. Elizabeth Phelan, Kathe Matrone, Katty Chow, Diane Snell, Timmie Faghin

Guests: LaTonya Brown, Kate Miller, Ginger delos Angeles, Dr. Brenda C. Jackson, Marsha Andrews

Staff: Gigi Meinig, Karen Winston, Andrea Yip, Angela Miyamoto, Lori Sanford, Rowena Rye

United Way Staff: Linda Woodall

King County Staff: Linda Wells

City of Seattle Staff: Maureen Linehan

Welcome and Introductions:
Tony Provine, Chair, welcomed Advisory Council members and ADS staff to the meeting. He asked those present to introduce themselves.
Business & Planning Meeting

Minutes: Approved as written.

Vote for slate of officers
Natalie Ellington, spokesperson for the Nominating Committee, announced the 2015 slate of officers. Advisory Council members were asked whether there were any additions to the slate. There were no additions. The slate of officers was unanimously approved:

- Ava Frisinger, Chair
- Suzanne Pak, Vice Chair
- Sue Shaw, Secretary
- Tom Minty, At Large

Iora Health Care: gave a short overview about their health care model which is dedicated to serving adults 65 and older. Doctors on staff are geriatricians with years of experience working with seniors. Care team members help patients live healthy, high quality lives and focus on patient values. Iora is located in the Central District and in Shoreline. For more information: ioraprimarycare.com/seattle/ facebook.com/ioraprimarycareseattle Phone: 206-518-9033

Planning
Natalie Ellington facilitated the 2015 planning session. The P&A, Advocacy, and Outreach and Communications Committees contributed ideas to the process during their previous meetings. Today each Advisory Council Member received a ballot to vote on their top three choices. Ballots were tallied and the final results are listed below in priority order.

1. Housing and Universal Design
2. Retirement and Long Term Support
3. Caregiver Support
4. Health Care

Suggested Speakers and Locations:

Housing
Speakers: Tom Minty, Arthur Sullivan (ARCH), Tenants Union with an emphasis on older adults who are displaced, city compliance and discrimination issues.
Location: Meet at a location which embodies universal design concepts, example: Bart Harvey.

Retirement and Long Term Support
Location: East King County - Mt.Si, SnoValley, Issaquah.

Caregiver Support
Speakers: Sally Friedman, Wendy Lustbader, Kris Fredrickson (Veterans).
Location: South or East King County.

Health Care
Speakers: Susan Johnson, single payer health care, accountable care communities, public health, HC access, policy/state plans, health care for all, Medicaid waivers, prevention e.g. diabetes, heart disease.
Location: South King County.
P&A Committee
Berta Seltzer reported there was no meeting this month. They will meet in December with a full agenda.

United Way Liaison Report
Linda Woodall reported United Way will update its five year strategic plan next year. She expects the plan will continue to focus on the most vulnerable, nutrition and hunger issues as is consistent with previous plans.

King County Liaison Report
Linda Wells reported King County’s budget will be finalized within the next few weeks. She thanked Natalie Ellington for her time on the Advisory Council and the King County Women’s Advisory Board. Her positive approach, expertise and extraordinary skills will be sorely missed.

Outreach and Communication Committee
Natalie Ellington reported the Outreach and Communication Committee will meet after the Advisory Council meeting to review today’s feedback from the Advisory Council. Similar to the 2014 forums the Committee will coordinate with senior centers and other organizations serving seniors to schedule forums, and speakers.

Advocacy Committee
Ava Reported the Committee met this morning to tackle a full agenda
1. The Advocacy Committee received copies of several articles about the changing nature of Area Agencies on Aging from the Generations magazine.

2. Ava expressed her gratitude to Advocacy Committee members for their exceptional efforts.
   a. Molly for sending thank yous to all 19 candidates who attended the legislative forums.
   b. Tony for writing the Ageism article which appeared in the Seattle Times.
   c. Diane Snell for speaking at the Sr. Lobby Conference about transportation.
   d. Everyone who took time to attend the candidate forums and the October events.

3. Letter RE: Urban Rest Stop:
The Committee discussed the importance of restoring funds to the Urban Rest Stop which recently lost Federal funds. The Urban Rest Stop offers basic hygiene, and laundry services for the homeless. It’s especially critical for homeless participants who have jobs or are actively looking for jobs. Today the City Council voted to restore those funds as part of the 2015 budget.

   A motion was made to send a letter to the City Council thanking them for restoring the funding to the Urban Rest Stop. Motion Passed.

4. March 2014 Medicare Observation follow-up:
Federal Senate Bill 569 “Improving Access to Medicare Coverage Act of 2013” is stuck in committee. The bill addresses the issue of Medicare beneficiaries who are hospitalized for several nights without being formally admitted. Generally patients are not told about their “observation status”, yet are financially liable for hospital and skilled nursing facility bills not paid by Medicare.
Washington State legislators Judy Clibborn and Eileen Cody are championing a Washington State bill requiring hospitals to notify seniors in advance of entering the hospital about charges for services under “Observation status”.

5. Joint Legislative Executive Committee (JLEC) Letter
The Advocacy Committee agreed to send a letter to King County legislators regarding the continuation of the Joint Legislative Executive Committee on Aging and Disability Issues (JLEC) and express their preference to establish standing committees in each chamber.

After discussion, a motion was made and seconded to send a letter to King County State Legislators asking them to continue the Joint Legislative Executive Committee on Aging and Disability Issues, and therein to express their preference for establishing standing committee in each chamber. Motion passed.

6. One-on-one meetings with legislators
The meetings with legislators went well. The Advocacy Committee showed interest in setting up additional meetings.

7. Advocacy priorities
   a. Medicaid Case management rate.
   b. Medicare Observation status notification - at the time of hospital entry.
   c. W4A priorities including support and protection for vulnerable elders, support for the family caregiver program, development of programs to support a secure economic future for seniors, and restoration of eroded SCSA funding.

8. Regionalism
   a. Over 20 letters were sent to suburban city planners requesting that demographics and the future needs of the older population be included in Comprehensive Plans.
   b. A second letter will be sent to mayors and city council members requesting to meet with them and/or give a presentation about the changing population demographics.
   c. David Baker, Kenmore’s new Mayor will serve on the Advisory Council as a King County appointee.

9. Seattle Commission for People with Disabilities
   Sue Shaw gave an update on her meeting with the Seattle Commission for People with Disabilities. The Commission plans to celebrate the anniversary of the ADA. Sue wrote an email to Patricia Lally, Director, Seattle Office of Civil Rights to request additional city staff support to maximize the efforts of the volunteer members.

Northwest Universal Design Council
The quarterly meeting was held October 9th. The agenda included a 3 part presentation:
   1. Falls prevention,
   2. Aging-in-place: Little changes go a long way - mobility and safety aides,
   3. Aging-in-place: Health/medical perspective for clients using a proactive approach to aging, sudden trauma or illness

Councilmember Sally Clark, City of Seattle Report
Councilmember Clark gave several highlights from the 2015 budget.
   1. The City Council allocated funds to use hearing loop technology in the City Council Chamber.
2. The City Council voted this morning to allocate almost $200,000 to the urban Rest Stop. They will continue to collaborate with the Committee to End Homelessness, King County and nonprofit organizations.

3. The City Council allocated $50,000 to the Fresh Bucks program, which provides nutrition assistance through the SNAP (food stamp program) to purchase food at Seattle Farmers’ Markets. The project is a collaborative effort by the City of Seattle’s Office of Sustainability and Environment, the Washington State Farmers Market Association and Seattle’s farmers markets to expand access to healthy food for low-income shoppers.

4. The N Seattle University District food bank will receive capital funding for a new 5,000 square foot facility to operate the food bank and storage facility.

5. The Council is studying options for the North Seattle Community Center in Lake City to determine whether to rebuild or remodel. A Lake City senior center could be part of the project after the study is complete.

6. Other funding initiatives include investments in pedestrian safety and utilities.

Director’s Report
Maureen Linehan, ADS Director reported:

1. The Mayor’s budget could include funding to build a senior center in Lake City. Planning efforts continue.

2. DSHS submitted a budget request to the Governor’s budget to increase the case management rate by 26%. Case management programs have not seen an increase in 10 years. The rate increase is needed to rebuild the case management program infrastructure by hiring social workers, nurses, and supervisors; increasing training to reduce risk, and reducing high caseloads to enable staff to handle the highly complex client cases.

3. Other DSHS budget requests to the governor include needed funding for pre-Medicaid programs such as family caregiver, and retirement planning.


5. Maureen continues to participate in the State Alzheimer’s workgroup. A survey was sent to identify gaps in service and gather information about what communities need to support patients and family. Maureen forwarded the survey to the Advisory Council and asked them to pass it along to their networks. The final plan and recommendations are due September 2015.

NEXT REGULAR MEETING:
December 12, 2014, Noon
Seattle Municipal Tower
700 5th Ave, Room 4060
Seattle, WA
www.adsadvisorycouncil.org

11-14-2014 minutes Advisory Council