

Advisory Council on Aging and Disability Services

Creating choices for elders and adults with disabilities in Seattle-King County

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MONTHLY MEETING

NOVEMBER 14, 2014

MEMBERS PRESENT

City of Seattle	King County	United Way
<input checked="" type="checkbox"/> Claire Brannan	<input checked="" type="checkbox"/> Dr. Natalie Ellington	<input checked="" type="checkbox"/> Mary Anderson
<input checked="" type="checkbox"/> Molly Holmes	<input checked="" type="checkbox"/> Kris Fredrickson	<input type="checkbox"/> Katty Chow
<input checked="" type="checkbox"/> Sally Clark, Sea City Council	<input checked="" type="checkbox"/> Ava Frisinger, Former Mayor, Issaquah	<input checked="" type="checkbox"/> George Dicks
<input checked="" type="checkbox"/> Tony Provine, Chair	<input checked="" type="checkbox"/> Dave Rogers, Senior Lobby Rep, SCOA	<input type="checkbox"/> Timmie Faghin, Past Chair
<input type="checkbox"/> Kathe Matrone	<input checked="" type="checkbox"/> Berta Seltzer	<input checked="" type="checkbox"/> Tom Minty
<input checked="" type="checkbox"/> Mac McIntosh	<input checked="" type="checkbox"/> Suzanne Pak	<input type="checkbox"/> Dr. Elizabeth Phelan
<input checked="" type="checkbox"/> Sue Shaw	<input checked="" type="checkbox"/> Bev Heyden	<input checked="" type="checkbox"/> Lorna Stone
<input type="checkbox"/> Diane Snell, Past Chair	<input type="checkbox"/>	<input type="checkbox"/>

Excused Absence	Dr. Elizabeth Phelan, Kathe Matrone, Katty Chow, Diane Snell, Timmie Faghin
Guests:	LaTonya Brown, Kate Miller, Ginger delos Angeles, Dr. Brenda C. Jackson, Marsha Andrews
Staff	Gigi Meinig, Karen Winston, Andrea Yip, Angela Miyamoto, Lori Sanford, Rowena Rye
United Way Staff	Linda Woodall
King County Staff	Linda Wells
City of Seattle	Maureen Linehan

Welcome and Introductions:

Tony Provine, Chair, welcomed Advisory Council members and ADS staff to the meeting. He asked those present to introduce themselves.

Business & Planning Meeting

Minutes: Approved as written.

Vote for slate of officers

Natalie Ellington, spokesperson for the Nominating Committee, announced the 2015 slate of officers. Advisory Council members were asked whether there were any additions to the slate. There were no additions. The slate of officers was unanimously approved:

- Ava Frisinger, Chair
- Suzanne Pak, Vice Chair
- Sue Shaw, Secretary
- Tom Minty, At Large

Iora Health Care: gave a short overview about their health care model which is dedicated to serving adults 65 and older. Doctors on staff are geriatricians with years of experience working with seniors. Care team members help patients live healthy, high quality lives and focus on patient values. Iora is located in the Central District and in Shoreline. For more information: ioraprimarycare.com/seattle/ [facebook.com/ioraprimarycareseattle](https://www.facebook.com/ioraprimarycareseattle) Phone: 206-518-9033

Planning

Natalie Ellington facilitated the 2015 planning session. The P&A, Advocacy, and Outreach and Communications Committees contributed ideas to the process during their previous meetings. Today each Advisory Council Member received a ballot to vote on their top three choices. Ballots were tallied and the final results are listed below in priority order.

1. Housing and Universal Design
2. Retirement and Long Term Support
3. Caregiver Support
4. Health Care

Suggested Speakers and Locations:

Housing

Speakers: Tom Minty, Arthur Sullivan (ARCH), Tenants Union with an emphasis on older adults who are displaced, city compliance and discrimination issues.

Location: Meet at a location which embodies universal design concepts, example: Bart Harvey.

Retirement and Long Term Support

Speakers: SHIBA, Puget Sound Advocates for Retirement Action (PSARA), Robbie Stern.

Location: East King County - Mt.Si, SnoValley, Issaquah.

Caregiver Support

Speakers: Sally Friedman, Wendy Lustbader, Kris Fredrickson (Veterans).

Location: South or East King County.

Health Care

Speakers: Susan Johnson, single payer health care, accountable care communities, public health, HC access, policy/state plans, health care for all, Medicaid waivers, prevention e.g. diabetes, heart disease.

Location: South King County.

P&A Committee

Berta Seltzer reported there was no meeting this month. They will meet in December with a full agenda.

United Way Liaison Report

Linda Woodall reported United Way will update its five year strategic plan next year. She expects the plan will continue to focus on the most vulnerable, nutrition and hunger issues as is consistent with previous plans.

King County Liaison Report

Linda Wells reported King County's budget will be finalized within the next few weeks. She thanked Natalie Ellington for her time on the Advisory Council and the King County Women's Advisory Board. Her positive approach, expertise and extraordinary skills will be sorely missed.

Outreach and Communication Committee

Natalie Ellington reported the Outreach and Communication Committee will meet after the Advisory Council meeting to review today's feedback from the Advisory Council. Similar to the 2014 forums the Committee will coordinate with senior centers and other organizations serving seniors to schedule forums, and speakers.

Advocacy Committee

Ava Reported the Committee met this morning to tackle a full agenda

1. The Advocacy Committee received copies of several articles about the changing nature of Area Agencies on Aging from the *Generations* magazine.
2. Ava expressed her gratitude to Advocacy Committee members for their exceptional efforts.
 - a. Molly for sending thank yous to all 19 candidates who attended the legislative forums.
 - b. Tony for writing the Ageism article which appeared in the Seattle Times.
 - c. Diane Snell for speaking at the Sr. Lobby Conference about transportation.
 - d. Everyone who took time to attend the candidate forums and the October events.
3. Letter RE: Urban Rest Stop:
The Committee discussed the importance of restoring funds to the Urban Rest Stop which recently lost Federal funds. The Urban Rest Stop offers basic hygiene, and laundry services for the homeless. It's especially critical for homeless participants who have jobs or are actively looking for jobs. Today the City Council voted to restore those funds as part of the 2015 budget.

A motion was made to send a letter to the City Council thanking them for restoring the funding to the Urban Rest Stop. Motion Passed.

4. March 2014 Medicare Observation follow-up:
Federal Senate Bill 569 "*Improving Access to Medicare Coverage Act of 2013*" is stuck in committee. The bill addresses the issue of Medicare beneficiaries who are hospitalized for several nights without being formally admitted. Generally patients are not told about their "observation status", yet are financially liable for hospital and skilled nursing facility bills not paid by Medicare.

Washington State legislators Judy Clibborn and Eileen Cody are championing a Washington State bill requiring hospitals to notify seniors in advance of entering the hospital about charges for services under “Observation status”.

5. Joint Legislative Executive Committee (JLEC) Letter

The Advocacy Committee agreed to send a letter to King County legislators regarding the continuation of the Joint Legislative Executive Committee on Aging and Disability Issues (JLEC) and express their preference to establish standing committees in each chamber.

After discussion, a motion was made and seconded to send a letter to King County State Legislators asking them to continue the Joint Legislative Executive Committee on Aging and Disability Issues, and therein to express their preference for establishing standing committee in each chamber. Motion passed.

6. One-on-one meetings with legislators

The meetings with legislators went well. The Advocacy Committee showed interest in setting up additional meetings.

7. Advocacy priorities

- a. Medicaid Case management rate.
- b. Medicare Observation status notification - at the time of hospital entry.
- c. W4A priorities including support and protection for vulnerable elders, support for the family caregiver program, development of programs to support a secure economic future for seniors, and restoration of eroded SCSA funding.

8. Regionalism

- a. Over 20 letters were sent to suburban city planners requesting that demographics and the future needs of the older population be included in Comprehensive Plans.
- b. A second letter will be sent to mayors and city council members requesting to meet with them and/or give a presentation about the changing population demographics.
- c. David Baker, Kenmore’s new Mayor will serve on the Advisory Council as a King County appointee.

9. Seattle Commission for People with Disabilities

Sue Shaw gave an update on her meeting with the Seattle Commission for People with Disabilities. The Commission plans to celebrate the anniversary of the ADA. Sue wrote an email to Patricia Lally, Director, Seattle Office of Civil Rights to request additional city staff support to maximize the efforts of the volunteer members.

Northwest Universal Design Council

The quarterly meeting was held October 9th. The agenda included a 3 part presentation:

1. Falls prevention,
2. Aging-in-place: Little changes go a long way - mobility and safety aides,
3. Aging-in-place: Health/medical perspective for clients using a proactive approach to aging, sudden trauma or illness

Councilmember Sally Clark, City of Seattle Report

Councilmember Clark gave several highlights from the 2015 budget.

1. The City Council allocated funds to use hearing loop technology in the City Council Chamber.

2. The City Council voted this morning to allocate almost \$200,000 to the urban Rest Stop. They will continue to collaborate with the Committee to End Homelessness, King County and nonprofit organizations.
3. The City Council allocated \$50,000 to the Fresh Bucks program, which provides nutrition assistance through the SNAP (food stamp program) to purchase food at Seattle Farmers' Markets. The project is a collaborative effort by the City of Seattle's Office of Sustainability and Environment, the Washington State Farmers Market Association and Seattle's farmers markets to expand access to healthy food for low-income shoppers.
4. The N Seattle University District food bank will receive capital funding for a new 5,000 square foot facility to operate the food bank and storage facility.
5. The Council is studying options for the North Seattle Community Center in Lake City to determine whether to rebuild or remodel. A Lake City senior center could be part of the project after the study is complete.
6. Other funding initiatives include investments in pedestrian safety and utilities.

Director's Report

Maureen Linehan, ADS Director reported:

1. The Mayor's budget could include funding to build a senior center in Lake City. Planning efforts continue.
2. DSHS submitted a budget request to the Governor's budget to increase the case management rate by 26%. Case management programs have not seen an increase in 10 years. The rate increase is needed to rebuild the case management program infrastructure by hiring social workers, nurses, and supervisors; increasing training to reduce risk, and reducing high caseloads to enable staff to handle the highly complex client cases.
3. Other DSHS budget requests to the governor include needed funding for pre-Medicaid programs such as family caregiver, and retirement planning.
4. The Medicare/Medicaid duals demonstration is on track. Voluntary enrollment is expected to start July 2015. Passive enrollment will begin September 2015. The State will contract with Agencies to do outreach.
5. Maureen continues to participate in the State Alzheimer's workgroup. A survey was sent to identify gaps in service and gather information about what communities need to support patients and family. Maureen forwarded the survey to the Advisory Council and asked them to pass it along to their networks. The final plan and recommendations are due September 2015.



NEXT REGULAR MEETING:

December 12, 2014, Noon

Seattle Municipal Tower

700 5th Ave, Room 4060

Seattle, WA

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