

# Advisory Council on Aging and Disability Services

*Creating choices for elders and adults with disabilities in Seattle-King County*

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www.adsadvisorycouncil.org

## MONTHLY MEETING

**JUNE 13, 2014**

### MEMBERS PRESENT

City of Seattle	King County	United Way
<input checked="" type="checkbox"/> Claire Brannan	<input checked="" type="checkbox"/> Dr. Natalie Ellington,	<input type="checkbox"/> Mary Anderson
<input checked="" type="checkbox"/> Molly Holmes	<input checked="" type="checkbox"/> Kris Fredrickson,	<input checked="" type="checkbox"/> Katty Chow
<input checked="" type="checkbox"/> Sally Clark, Sea City Council	<input checked="" type="checkbox"/> Ava Frisinger, Former Mayor, Issaquah	<input checked="" type="checkbox"/> George Dicks
<input checked="" type="checkbox"/> Tony Provine, Chair	<input checked="" type="checkbox"/> Dave Rogers, Senior Lobby Rep, SCOA	<input checked="" type="checkbox"/> Timmie Faghin, Past Chair
<input type="checkbox"/> Kathe Matrone	<input checked="" type="checkbox"/> Berta Seltzer,	<input checked="" type="checkbox"/> Tom Minty
<input checked="" type="checkbox"/> Mac McIntosh	<input checked="" type="checkbox"/> Suzanne Pak	<input type="checkbox"/> Dr. Elizabeth Phelan
<input checked="" type="checkbox"/> Sue Shaw	<input checked="" type="checkbox"/> Bev Heyden	<input checked="" type="checkbox"/> Lorna Stone
<input checked="" type="checkbox"/> Diane Snell, Past Chair	<input type="checkbox"/>	<input type="checkbox"/>

<b>Excused Absence</b>	Dr. Elizabeth Phelan, Mary Anderson, Kathe Matrone
<b>Guests:</b>	Paula Houston, Kimberly Nuber, Joy Harrison, Jerry Fave
<b>Speakers</b>	
<b>Staff</b>	Gigi Meinig, Doug Ricker, Karen Winston, Andrea Yip, Maria Langlais
<b>United Way Staff</b>	Linda Woodall
<b>King County Staff</b>	Linda Wells
<b>City of Seattle</b>	Maureen Linehan

### Welcome and Introductions:

**Tony Provine, Chair**, welcomed Advisory Council members and ADS staff to the meeting. He asked those present to introduce themselves.

## **Program**

### **Film: Place at the Table –One Nation. Underfed**

“*A Place at the Table*” showed how hunger poses serious economic, social and cultural implications for our nation, and that it could be solved once and for all, if the American public decides—as they have in the past—that making healthy food available and affordable is in the best interest of us all. According to the film, 50 Million Americans and 1 in 4 children—don’t know where their next meal is coming from. The audience heard powerful stories of three such Americans, who maintain their dignity even as they struggle just to eat and maintain their health. Experts in the fields of hunger, nutrition, obesity, as well as policy leaders and activists, like Oscar-winning actor Jeff Bridges gave important insights and surprising statistical information about the extent of hunger and how the issue could be solved forever.

See more at: Agewise <http://agewisekingcounty.org/en/141/1/823/A-Place-at-the-Table-One-Nation-Underfed.htm#sthash.6f5jI2eH.dpuf>

#### **Audience Comments:**

1. The film showed a disturbing trend where so many people in this country go hungry due to an inadequate safety net. There is no excuse for people to go hungry.
2. The lack of nutrition among the chronically mentally ill is a familiar pattern which makes mental illness worse. Many people with mental illness are unable to manage their money. A payeeship is one option to assure people are not hungry and have adequate housing.
3. One out of 3 people in King County receive their nutrition from state food programs and food banks. On Vashon Island, where people traditionally have higher incomes 1 out of 5 people use the food bank.
4. Local farmer’s market programs such as “Farm to Table” and “Farmer’s Market Voucher” programs help supplement food stamps and food banks with fresh produce.
5. The proposed \$15 per hour minimum wage in Seattle could help alleviate hunger. On the other hand, people who receive food stamps may no longer be eligible as their income increases.
6. Food banks need cash donations to buy fresh fruits and vegetables. While they receive food donations many of the items are not useful for making nutritious meals.
7. Question: Are there nutritional standards for senior meal programs in King County?  
Answer: While big system changes and increased funding are needed, Aging and Disability Services made several local system changes during a recent RFP process by:
  - a. Hiring local chefs to prepare the food onsite from scratch.
  - b. Use the farm to table program, a collaboration between farmers and senior centers to place fresh fruits and vegetables on the menu.
8. Food banks continue to see low income older adults raising grandchildren who use the food banks to supplement their food budget.
9. The University of Washington completed a study on childhood hunger and found hungry children lack the energy to do well in school.

10. Poverty must be addressed using a systematic community wide approach. Raising the minimum wage will help, but safety net programs must be in place.

## **Business Meeting**

**Minutes:** Approved as written.

**Welcome and Introductions:** Tony Provine, Chair, welcomed Advisory Council members and guests to the meeting.

### **P&A Committee**

Berta Seltzer Reporting

#### *Federal Update*

The Older Americans Act (OAA) still has not been reauthorized. This is a critical time to ask congress to fund the OAA and other vital aging services which rely upon annual federal funding. The committee hopes the OAA will be reauthorized at pre-sequestration levels.

#### *State Update*

State agencies are currently preparing their budgets. The Governor's budget is expected to be released in December 2014.

#### *City of Seattle Update*

City of Seattle departments are in the process of preparing their 2015 budgets. Mayor Murray will introduce his proposed budget in September 2014.

### 2014 Discretionary Allocation Recommendations

Public Hearing Summary: ADS received three written comments requesting information about how the \$50,000 for nutrition services will be allocated within the Senior Nutrition Service Area. After the public hearing, the P&A Committee voted to finalize the recommendation with no changes. The criteria for Senior Nutrition funding allocations will be based on several factors.

- The amount of anticipated over-performance in 2014
- The number of underserved and high need populations served.
- Increase services in South King County suburban cities due to demographic changes.
- Negotiations with ADS subcontractors.

#### *Advisory Council Action Requested on the 2014 recommendations:*

A motion was made and seconded to approve the final 2014 discretionary allocation recommendation. Motion passed. The recommendations will be forwarded to the ADS Sponsors for final adoption on June 19.

### 2015 Discretionary Allocation Recommendations

The outlook for the 2015 federal and state discretionary allocation is status quo - no cuts/adds. Therefore, the P&A Committee's draft recommendation is to adopt the budget "as-is."

#### *Advisory Council Action Requested on the 2015 recommendations:*

A motion was made and seconded to adopt the draft 2015 discretionary budget "as-is." Motion passed. The recommendations will be forwarded to the ADS Sponsors for final adoption on June 19. A public comment period will follow from June 23 to August 7. A public hearing will be held on July 7.

## **United Way Liaison Report**

On June 21 at 3 PM an all-star softball game at Safeco Field will be held as a fund raiser for homeless youth. Tickets are \$15. <http://www.uwkc.org/news-events/event-calendar/softballclassic/>

1. *“The Assessment of Assets and Opportunities of the King County Urban Indian Population”* is a report developed by Kauffman and Associates under contract with United Way of King County with the support from the City of Seattle, the Seattle Foundation and the Muckleshoot Charity Fund. The purpose was to facilitate a broad-based community engagement process to identify a shared vision. The report documents the assets, opportunities, hopes and aspirations of community leaders. The findings indicate the Seattle-King County urban Indian community is vibrant and alive. Yet, it is impacted by poverty, racism, and isolation. Some of the oldest organizations serving this population face deep funding cuts. Still, the community remains united and focused and can be an effective voice to change the city for the better.

## **Communication Committee**

The Committee is planning a trip to Vashon Island to scope out the location for the September 12 Advisory Council meeting.

In July, the Advisory Council will meet at the Kent Senior center to hear Senator Karen Keiser and Liz Mercer from the Insurance Commission give us an update on Health care insurance.

In August the Advisory Council is back at the SMT for an educational program on low income housing.

## **Advocacy Committee**

Diane Snell reported the Advocacy Committee heard two speakers on the topic of housing, Sharon Lee, Executive Director, Low Income Housing Institute and Katie Porter, Housing Developer, Capitol Hill Housing. They stressed the importance of affordable housing. Currently, there is less housing stock, making rents less affordable and 90% of new housing is unaffordable for people with low and even middle incomes. On average yearly incomes for residents of low income are \$12,600 (the median is \$8400).

Less funding is available to build affordable housing. Low income housing developers are finding they continue to be priced out of certain neighborhoods as the price of land increases. This is the first year the legislature did not fund the Washington State Housing Trust fund, although municipalities have the opportunity to raise funds for affordable housing through impact fees and developer incentives, it's not enough to keep pace with the demand.

They also expressed concern about the selling of buildings which house low income seniors and people with disabilities. While it may be too late for the residents of Lochhaven and the Theodora whose residents will be displaced, the Advisory Council was asked to send a letter to the city council to preserve Squire Park Plaza at 1710 Jackson as low income housing.

The Advocacy Committee made a motion to write a letter to the Mayor and the City Council to stop the sale of Squire Park Plaza by the City's Office of Economic Development. The motion passed.

Katie encouraged Advisory Council members to advocate with their legislators to restore funding for the Housing Trust Fund and developer impact fees.

The Advocacy Committee suggested several speakers for the August 8<sup>th</sup> Advisory Council housing program. Ideas include: Arthur Sullivan, ARCH, Sharon Lee, LIHI, Representative from the Committee to end Homelessness, legislative champion.

#### OAA Funding

The W4A asked Advisory Councils to contact Senator Murray (a senior member of the Labor, Health and Human Services Appropriations Subcommittee) to request \$16 million in funding for Aging and Disability Resource Center (ADRC) programs to continue the program beyond September when the funding expires.

#### *Advisory Council Action Requested:*

A motion was made to write a letter to Senator Murray and have it in her office by Monday, June 17<sup>th</sup>. Motion passed.

The Committee agreed to call their congressional representatives about the reauthorization of the Older Americans Act.

#### Meetings with legislators

The Committee plans to schedule meetings with legislators, Gigi is available to help. Current priorities include:

- Housing Trust Fund
- Public Guardianship
- Case Management rate adjustment
- Consumer protections for the recipients of the duals health care program.

#### SCOA

State Council on Aging representative, Dave Rogers resigned due to personal issues. Diane Snell agreed to take his place.

#### Regionalism Committee

Ava Frisinger, Chair of the Regionalism Ad-hoc Committee reported on its goal to build relationships and collaborations to create an effective service network - since the need transcends municipalities. The committee will begin by completing an inventory of King County services. Ava asked Berta Seltzer, Cathy VonWald and Kaylene Moon to serve as members.

A letter was sent to the Bellevue Planning Commission about the importance of including aging in place and universal design in their comprehensive plan.

#### **Director's Report**

1. Maureen Linehan continues to make regionalism a priority. She met with Kelli Carroll the Senior Principal Legislative Analyst at the King County Council. Maureen introduced Kelli to the role of the Area Agency on Aging, explained the funding system that supports ADS programs for seniors and people with disabilities.
2. Catherine Lester, Heidi Albritton and Maureen Linehan met with Mayor Murray to discuss the need for a regional focus on Aging Services. They explained the role of the Area Agency, funding, services and the importance of building strong relationships with representatives from other local municipalities and government agencies.

3. Maureen asked the Advocacy Committee to prioritize support for a consumer protection provision in the duals health care program.

### **Northwest Universal Design Council**

Tom Minty attended the Bellevue City Council/Planning Commission on April 24. He had the opportunity to speak about universal design and encouraged the Council to include a Universal design policy in the comprehensive plan, which they did.

The July 10 meeting of the Northwest Universal Design Council will feature architect, author and entrepreneur Aaron D. Murphy. He is a certified Aging in Place Specialist (CAPS certification through NAHB). His book “*Aging In Place: 5 Steps to Designing a Successful Living Environment for Your Second Half of Life*” came out earlier this year.

Please attend this free event on **Thursday, July 10, 2014 (9:30–11:30 a.m.)** in **Seattle Municipal Tower Room 4080** (700 Fifth Avenue, Seattle). To download a color event flyer, [click here](#).

**Advisory Council  
NEXT REGULAR MEETING:  
Friday, July 11, 2014  
Noon – 2:00 PM  
Kent Senior Center  
600 E Smith Street  
Kent, WA 98030  
Reservations: Phone: 253-856-5150**

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