King County Developmental Disabilities Division

Older Adults with Intellectual and Developmental Disabilities
Presentation for Aging & Disability Service Advisory Council

Holly Woo
April 10, 2015
Role of King County Developmental Disabilities Division

- The King County Developmental Disabilities Division (KCDDDD) provides a full range of services and supports through contracts and partnerships with organizations that assist King County residents with intellectual and developmental disabilities (I/DD) and their families to lead full, active, integrated, and productive lives in their communities.

- Services may begin at birth and last throughout an individual’s life.
Role of KCDDD (cont.)

The KCDDD contracts with a large network of providers throughout King County to provide the following services:

- Early intervention supports for birth-to-three year old children with developmental delays and their families;
- Employment services for high school transition students and adults;
- Housing supports;
- In-home behavior support services for families with children ages 3 to 17;
- Community Access services for adults to learn how to actively and independently engage with local communities; and
- Community information and education.
Partnerships

The KCDDD has a strong role in creating and supporting local opportunities for individuals with I/DD to participate as contributing members of their communities and works in close partnership with several government and community organizations, including:

- Washington State Department of Social & Health Services (DSHS), Developmental Disabilities Administration
- DSHS, Division of Vocational Rehabilitation
- The King County Board for Developmental Disabilities
- The King County Interagency Coordinating Council
- School Districts
- Service Providers
Services for Older Adults

Community Access Services

- These services are individualized services provided in typical integrated community settings for individuals of retirement age.

- Services promote individualized skill development, independent living, and community integration for individuals to learn how to actively and independently engage in their local community.

- Working age individuals (ages 21 – 61) with I/DD who have received nine months of employment supports, have not found a job and decide not to continue looking for work, are eligible for services.
# Services for Older Adults (cont.)

## King County

### Community Access Statistics

<table>
<thead>
<tr>
<th>Community Access</th>
<th>2014</th>
</tr>
</thead>
<tbody>
<tr>
<td>Participants Served</td>
<td>205</td>
</tr>
<tr>
<td>Age:</td>
<td></td>
</tr>
<tr>
<td>20 -- 30</td>
<td>13</td>
</tr>
<tr>
<td>31 – 40</td>
<td>25</td>
</tr>
<tr>
<td>41 – 50</td>
<td>34</td>
</tr>
<tr>
<td>51 – 60</td>
<td>51</td>
</tr>
<tr>
<td>61 – 70</td>
<td>53</td>
</tr>
<tr>
<td>71 – 80</td>
<td>22</td>
</tr>
<tr>
<td>&gt;80</td>
<td>7</td>
</tr>
</tbody>
</table>
Services for Older Adults (cont.)

Community Information and Education Services

- Provided to assist individuals and families to access information, support, and services that meet their needs and assist service providers, school district staff, and other community stakeholders to enhance the early intervention and adult service delivery systems.

- Main focus areas include outreach, information and referral, advocacy and leadership development, family support, and training and technical assistance.
Eligibility for Community Access Services

- Individuals need to be enrolled in the State Developmental Disabilities Administration (DDA) system

- DDA is responsible for determining eligibility for services

- Services are available to the extent that funding is available

- In King County, approximately 900 of 5,350 adult DDA clients are 55+ (17%)
Issues/Needs

- Approximately 68% of all DDA clients in Washington live with their parents/relatives, or are supported by parents/relatives to live on their own.

- No specialized services for seniors with I/DD in DD service world and there is a need to start partnering with Aging services.

- People with I/DD develop chronic health conditions at earlier ages and may need more medical care.
  - Caregiver stresses are magnified by fewer family and financial resources.

- Caregivers are more likely to need skills to deal with behavioral and mental health concerns.
Issues/Needs (cont.)

- More generic community resources that individuals and families can access (e.g., community centers, parks, and recreation options) are needed.

- Some providers find it challenging to serve aging individuals who are developing dementia and other symptoms of aging.

- Organizations need to increase their capacity to provide Community Access services to individuals from diverse communities.
Issues/Needs (cont.)

• Need to bridge gaps between Aging and I/DD service systems

• Cross training for Medical/Mental Health professionals

• Support for Family Caregivers
  • Respite/ transportation/ personal care/ etc.

• Training for Adult Day Health, Adult Family Homes
The Future

- Continue to develop partnerships with Aging organizations and collaborate with I/DD system partners to enhance expertise in planning for Aging services

- New KCDDD Outreach Program Manager will engage communities over next six months to solicit feedback on community needs at the local level
Questions?

Please contact Holly Woo, Assistant Division Director, at 206-263-9017 or holly.woo@kingcounty.gov