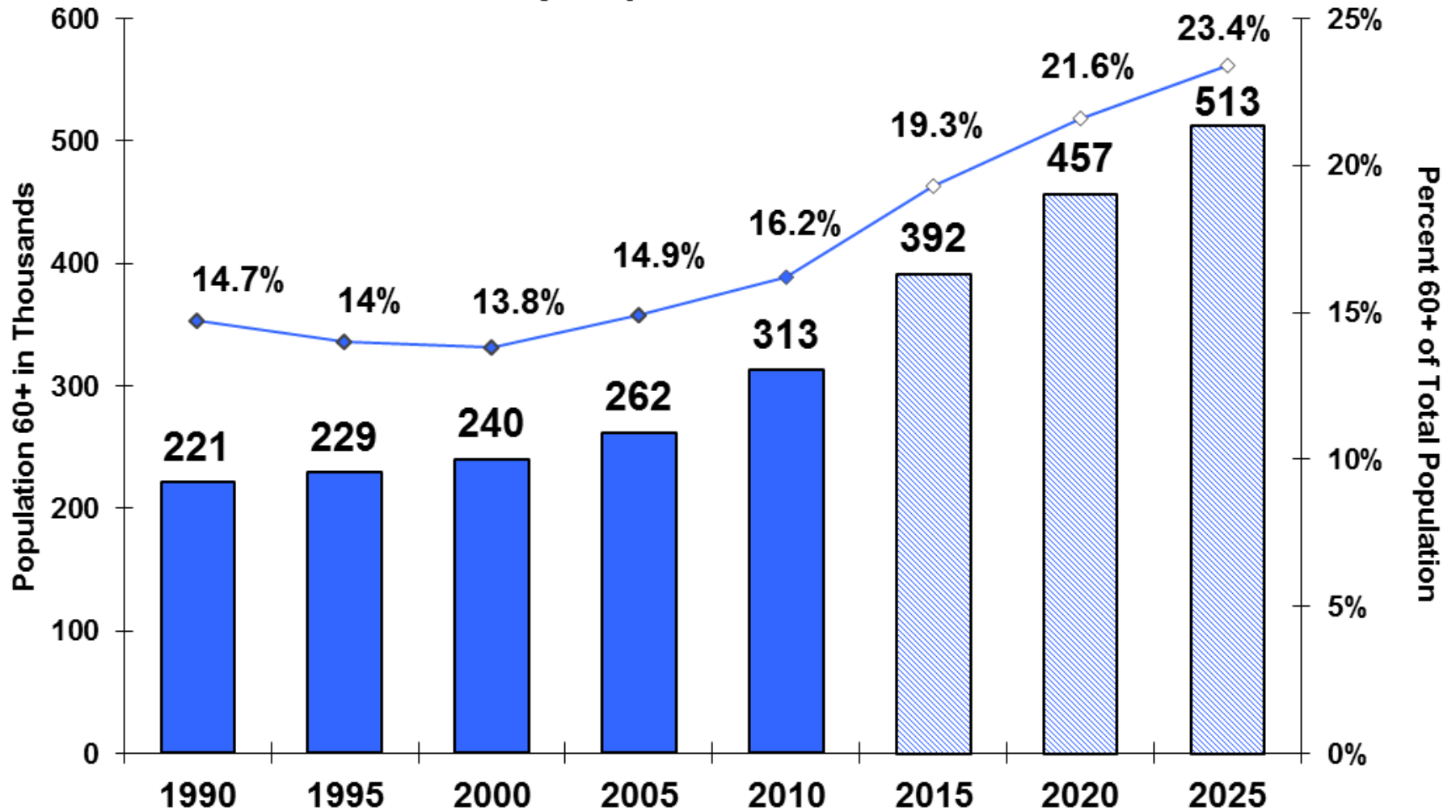


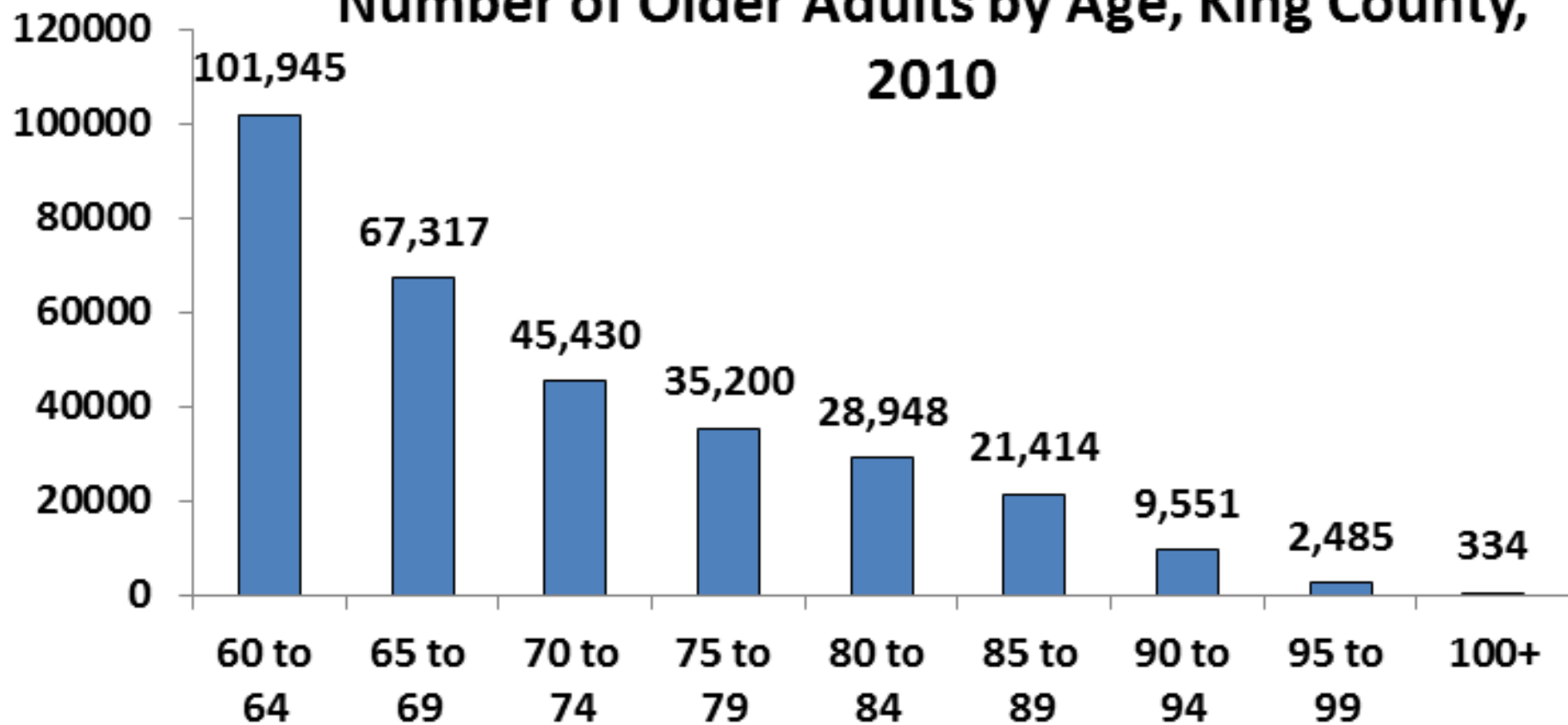
King County Adults Age 60+ and People with Disabilities: numbers, changes and risk factors by neighborhood

Data from Census 2010,
American Community Survey 2006-2010 and
Washington State Behavioral Risk Factors
Surveillance Survey (BRFSS)

King County Residents Age 60+ by Number and Percent of County Population, 1990-2025

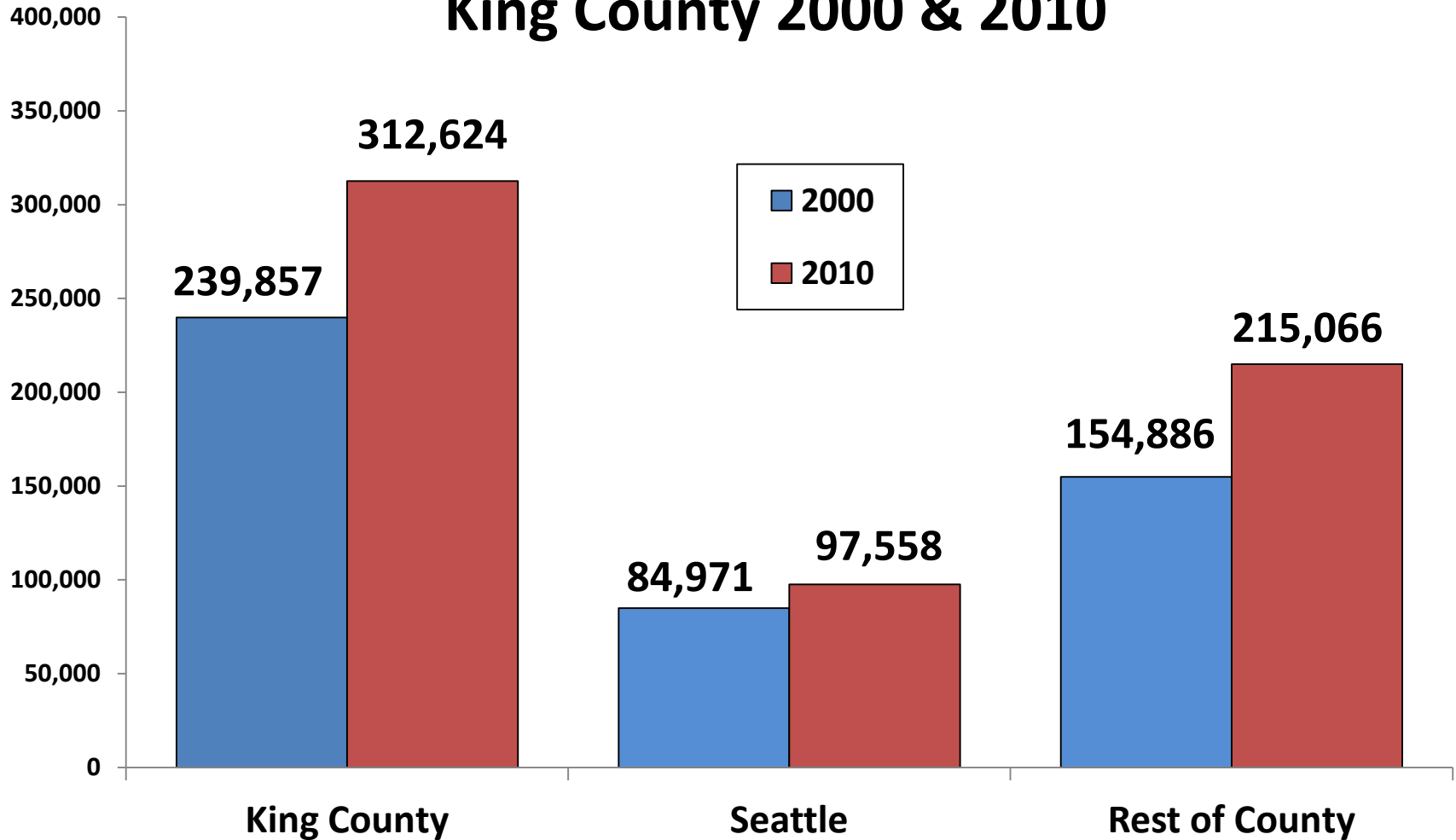


Number of Older Adults by Age, King County, 2010



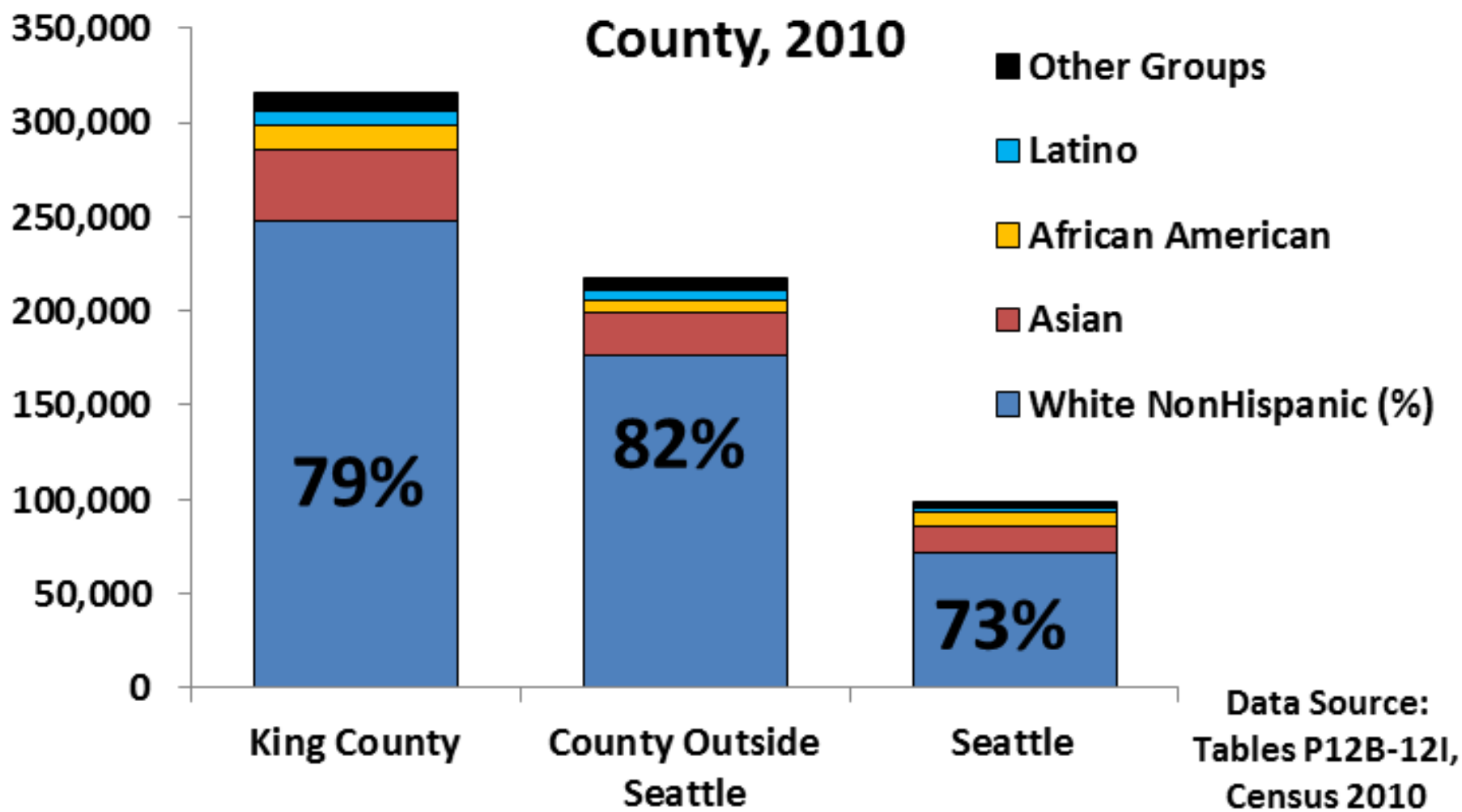
Data source: Table QT-P2. Census 2010

Number of Adults Age 60 and Older, King County 2000 & 2010



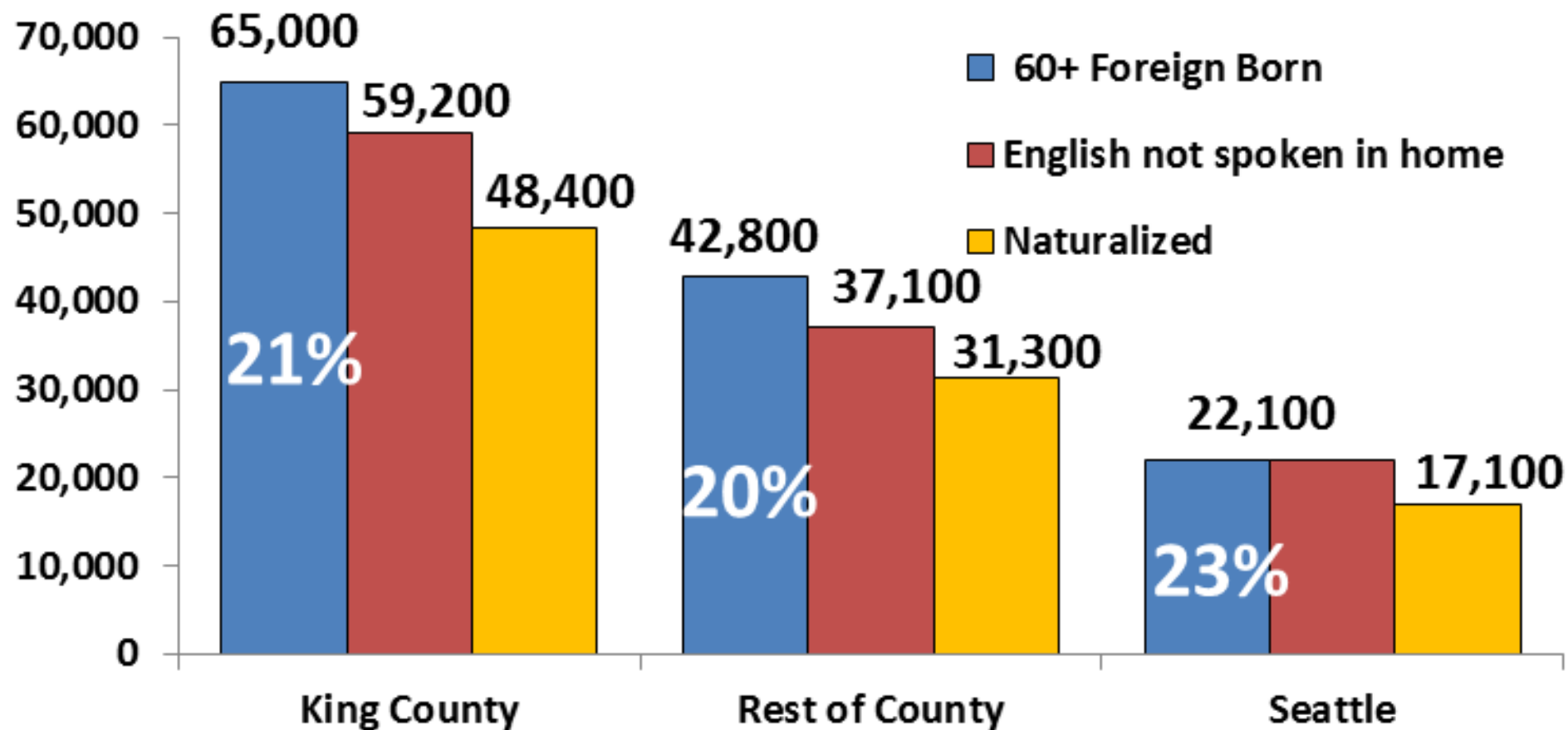
Data Source: Table QT-P1, Census 2000 & 2010

Adults Age 60+ by Race and Ethnicity, King County, 2010



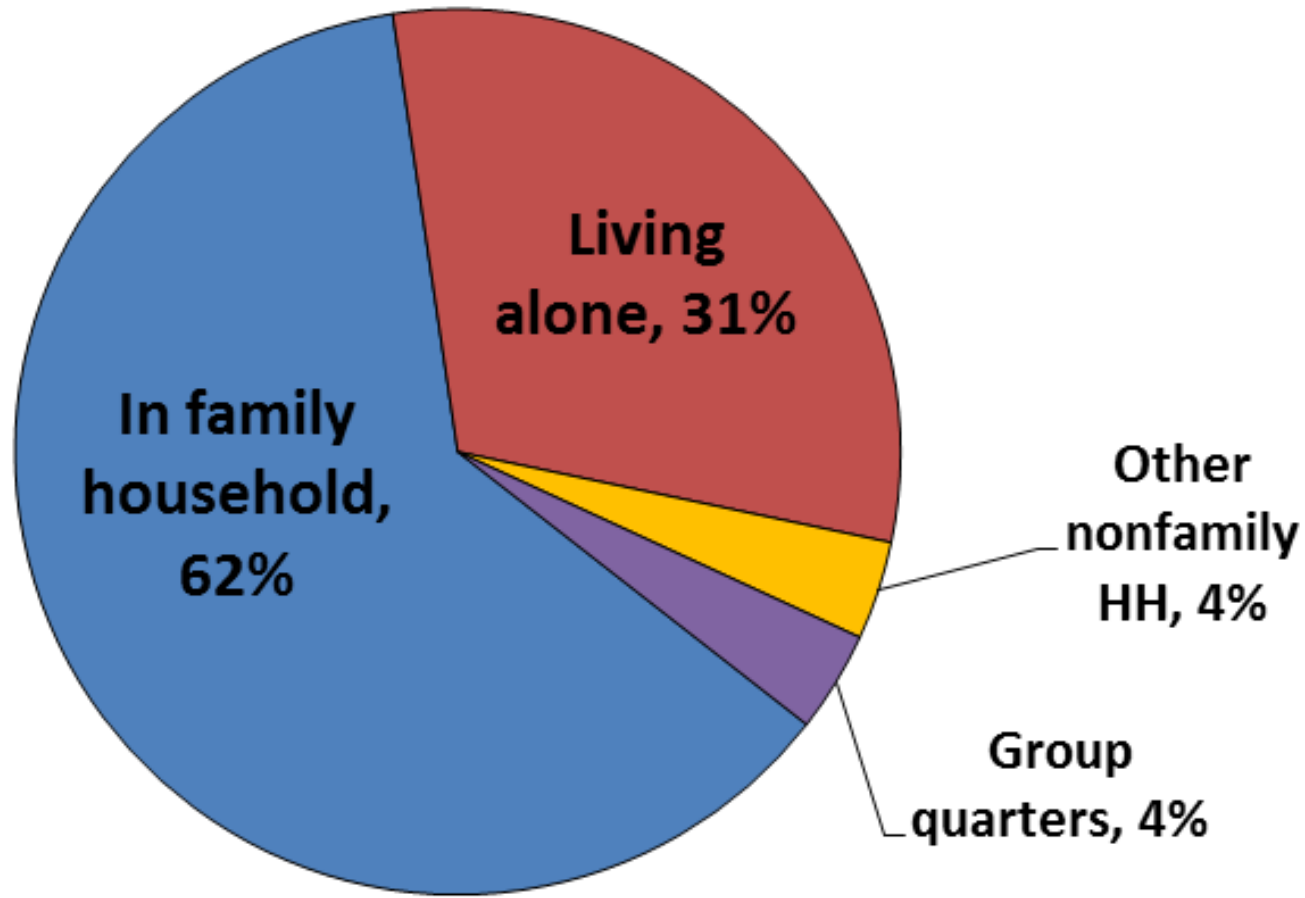
Data Source:
Tables P12B-12I,
Census 2010

N & % of Foreign-Born Adults 60+ by Language Spoken at Home & Naturalization Status



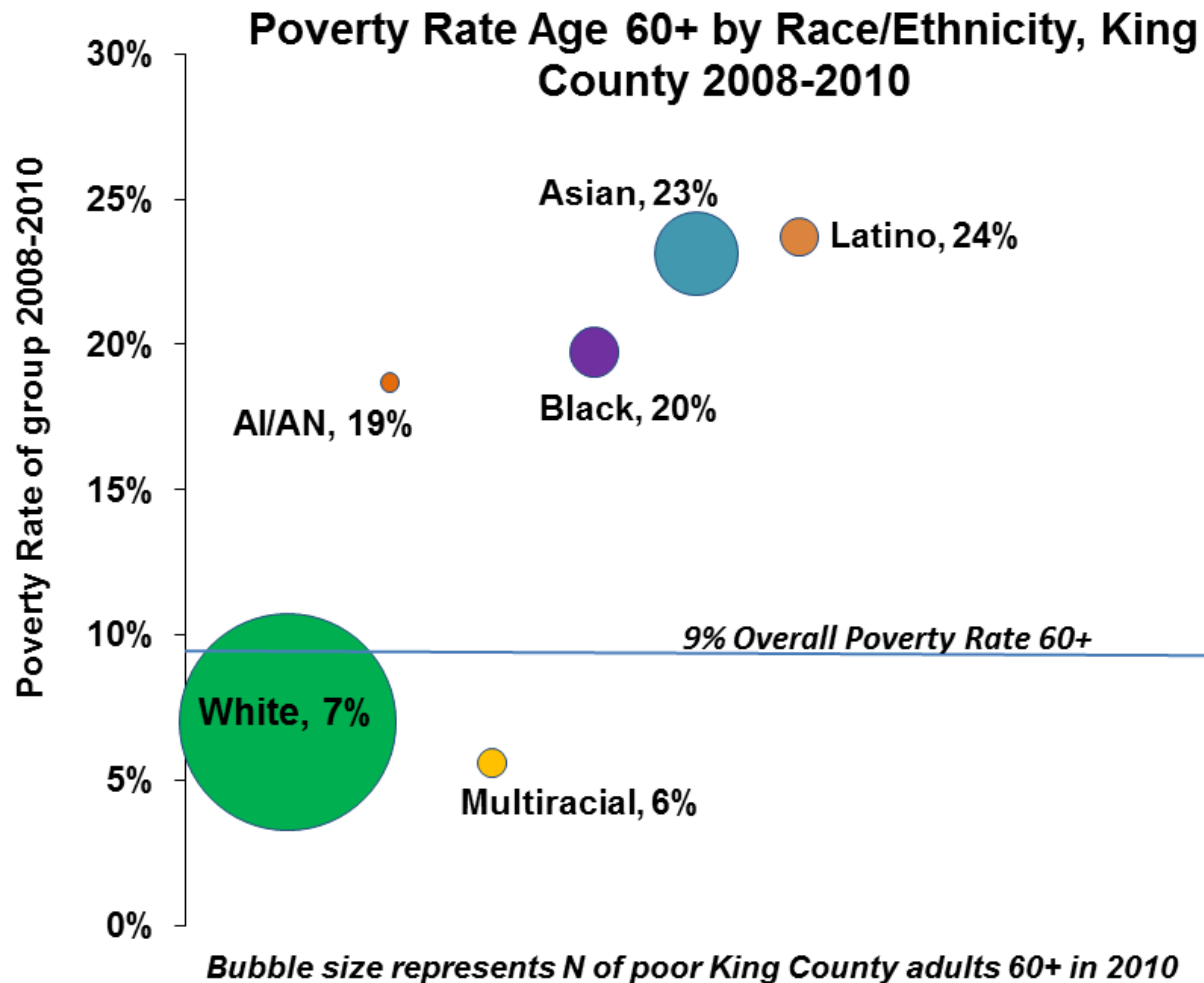
Data Source: Table S0102, 2010 ACS

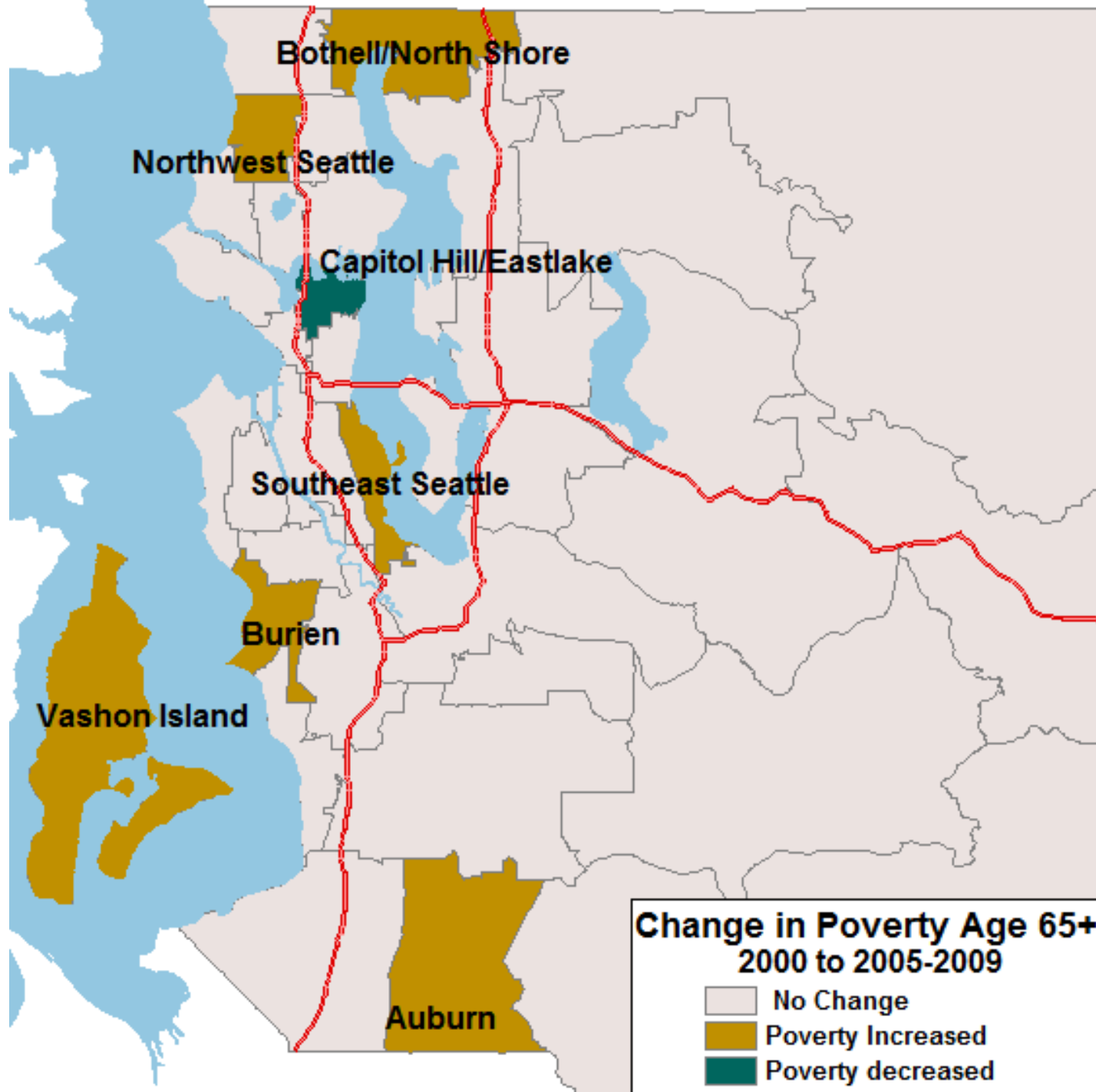
Most people age 65+ live in family households with spouses and relatives



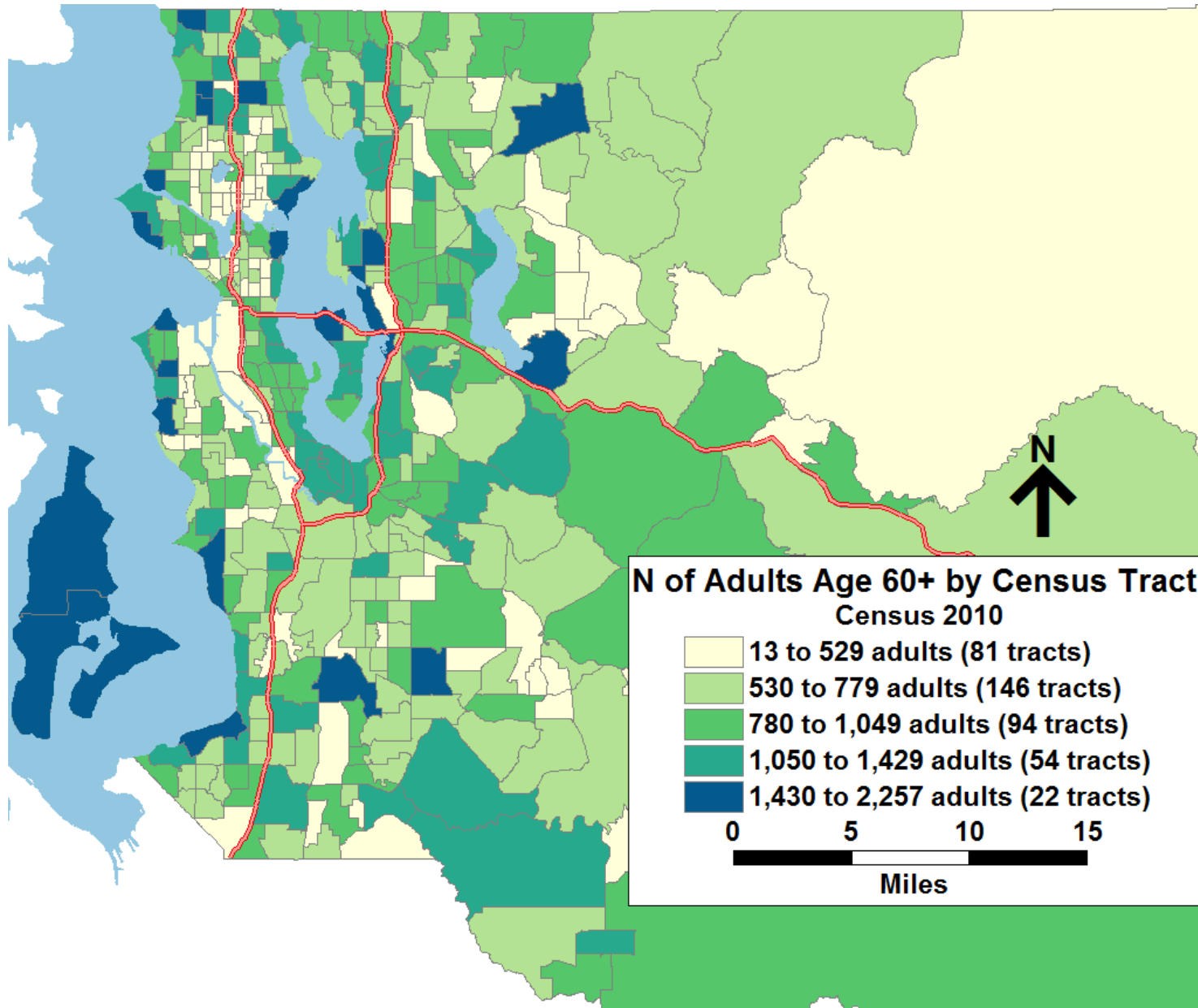
Data source: Table B09017, 2008-2010 ACS

Poverty age 60+ is strongly related to race/ethnicity

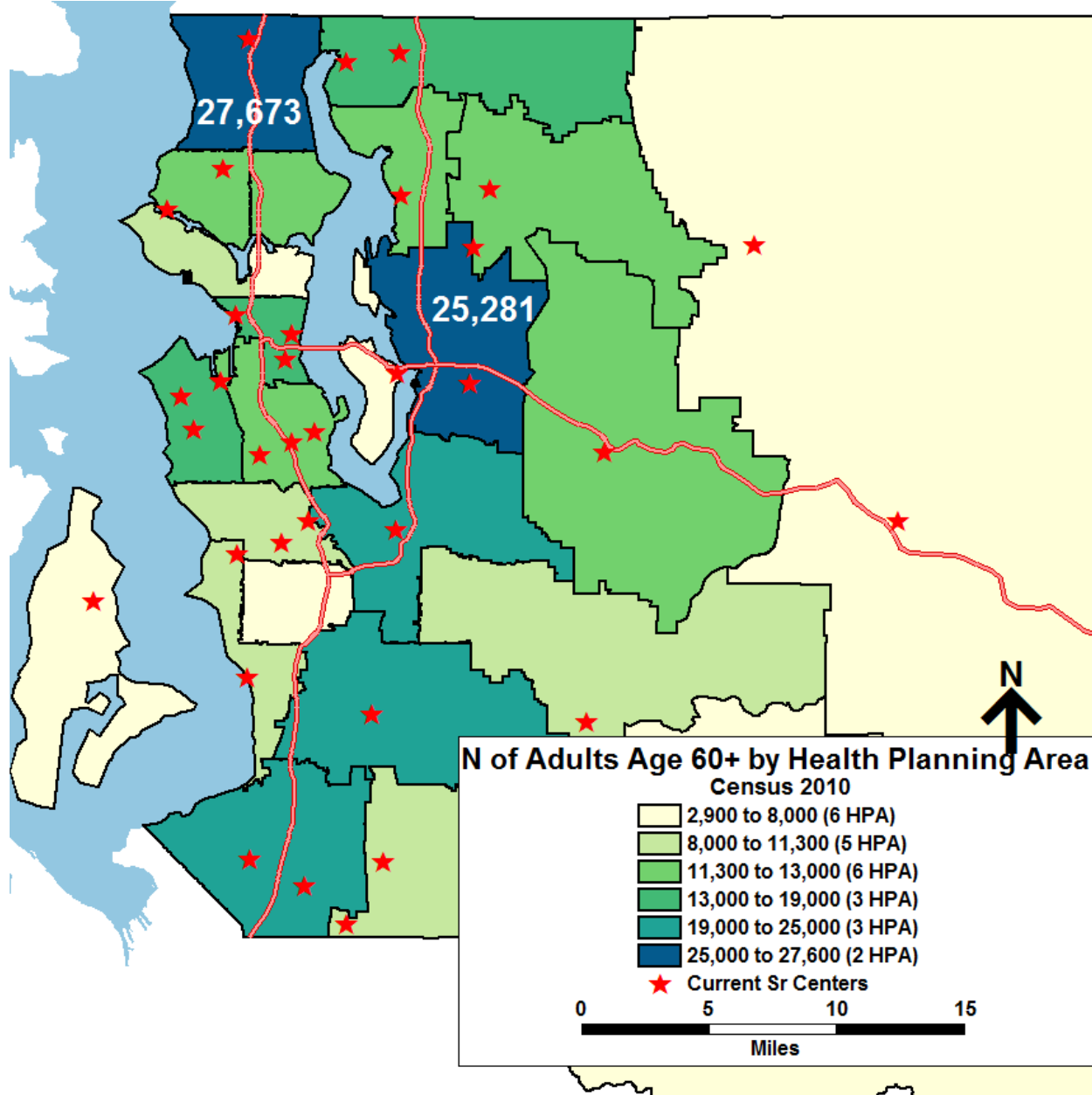




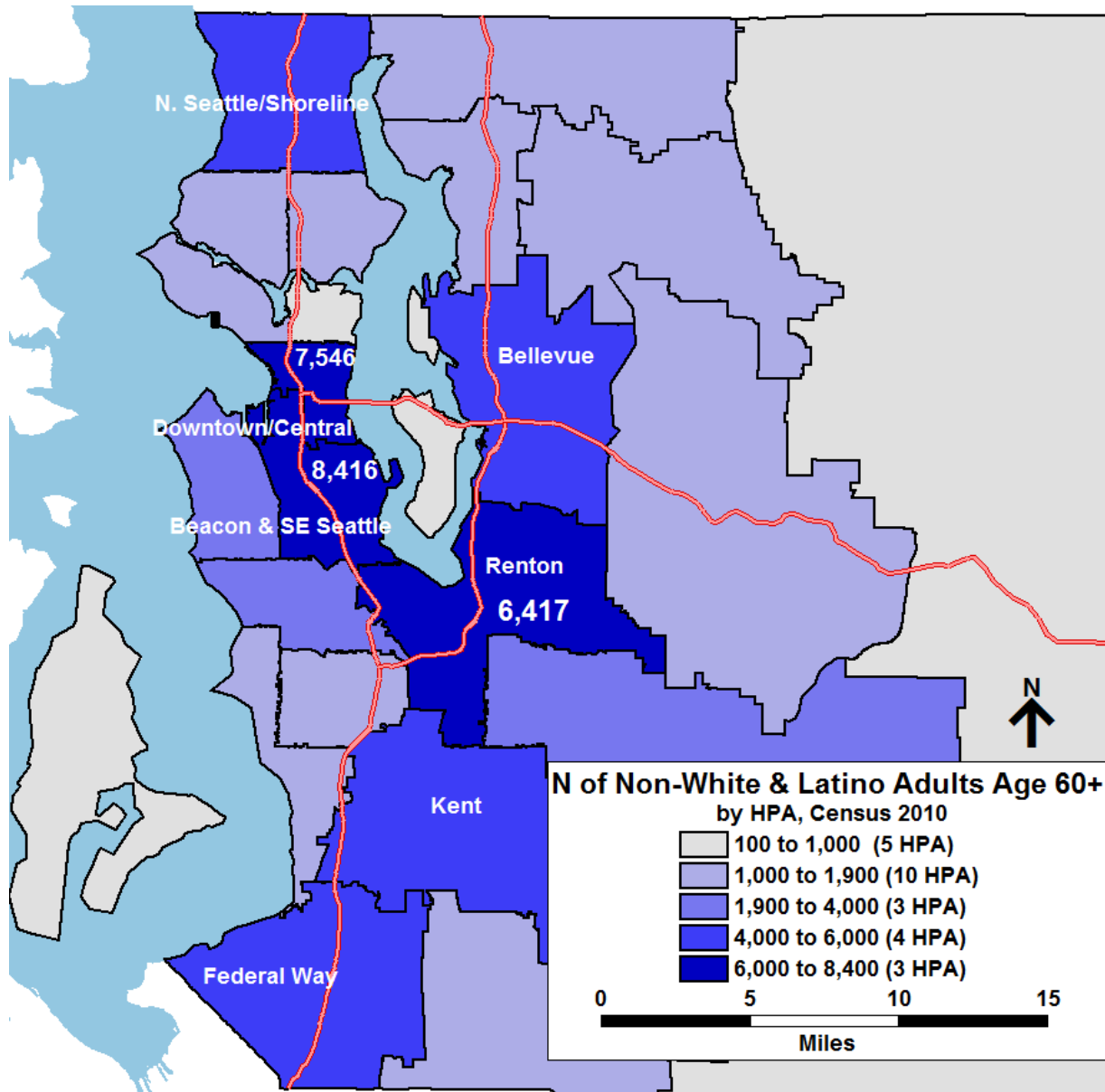
Adults 60+ in King County are not concentrated in tracts



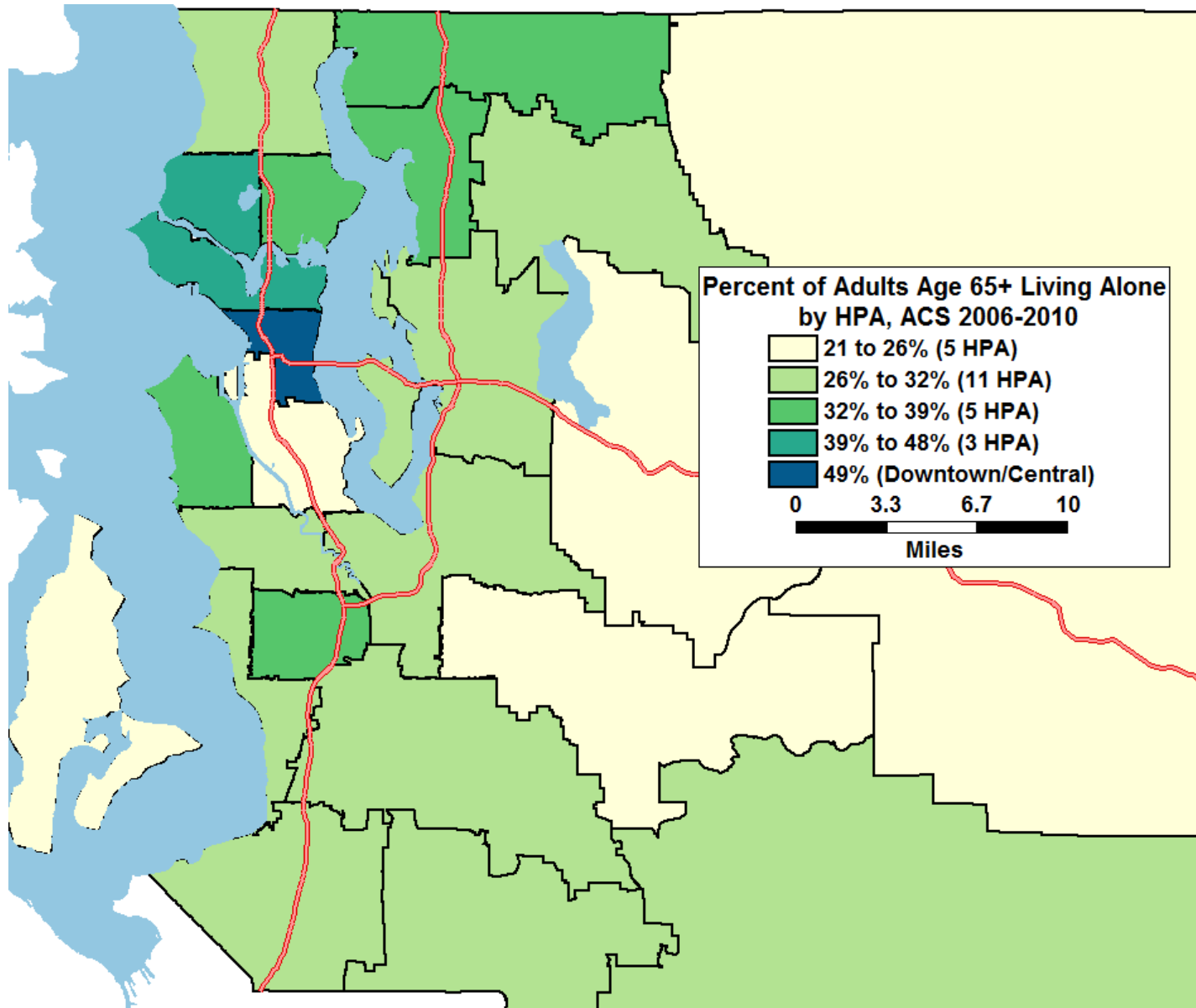
When tract data are grouped into Health Planning Areas (HPA), we see concentrations of older adults



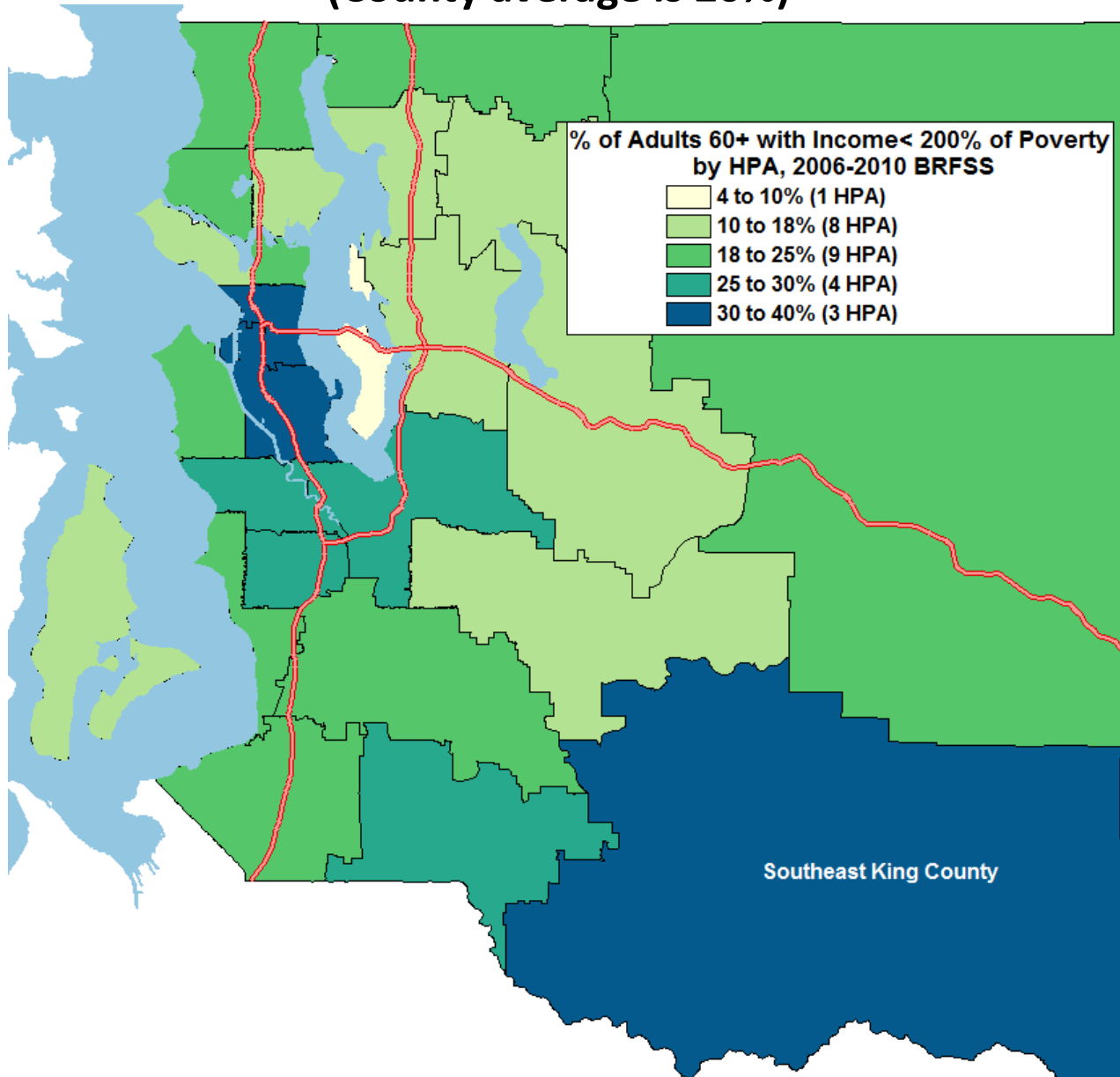
Concentration of non-white & Latino elders



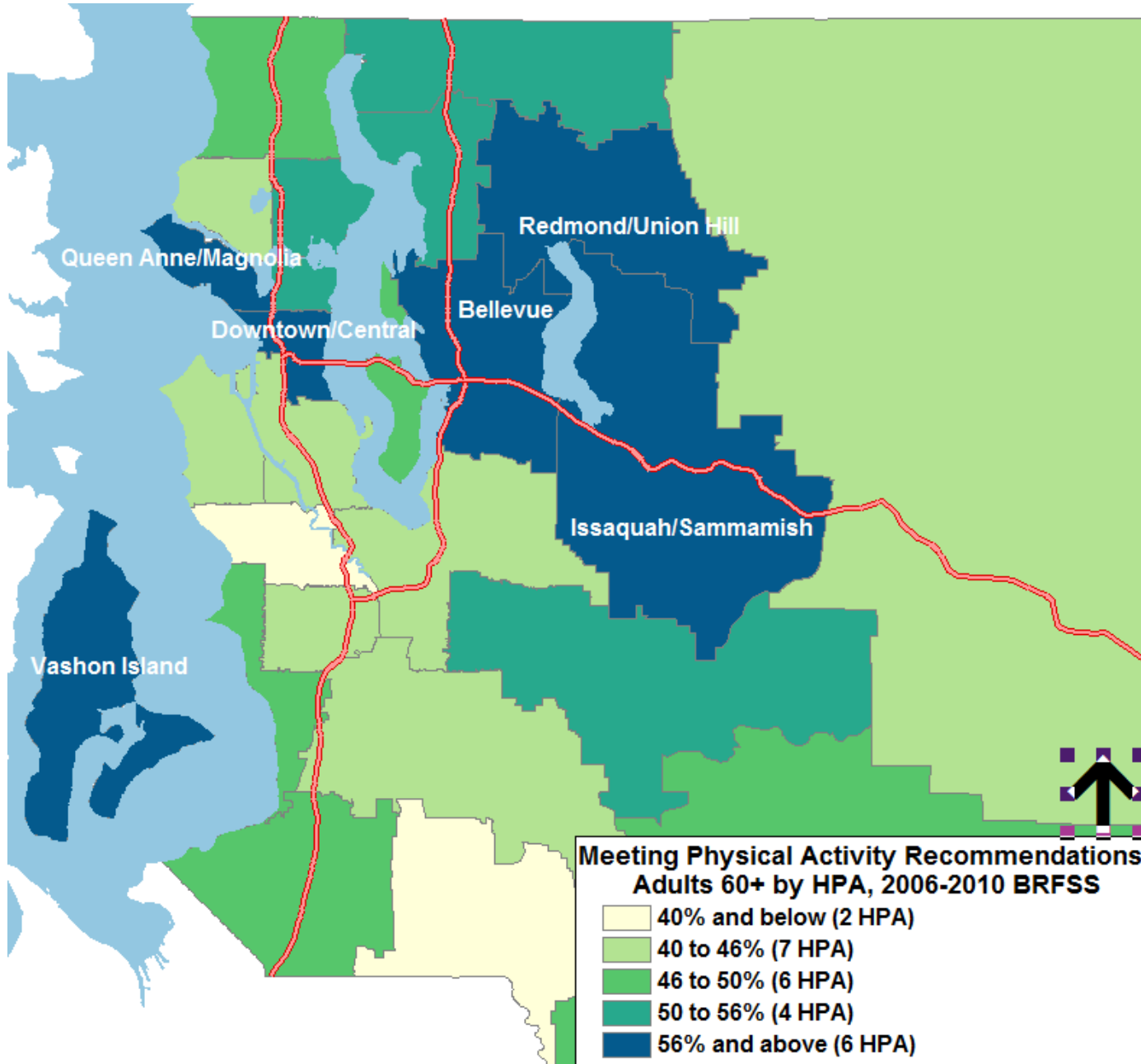
Higher percentages of adults 65+ in north and central Seattle live alone



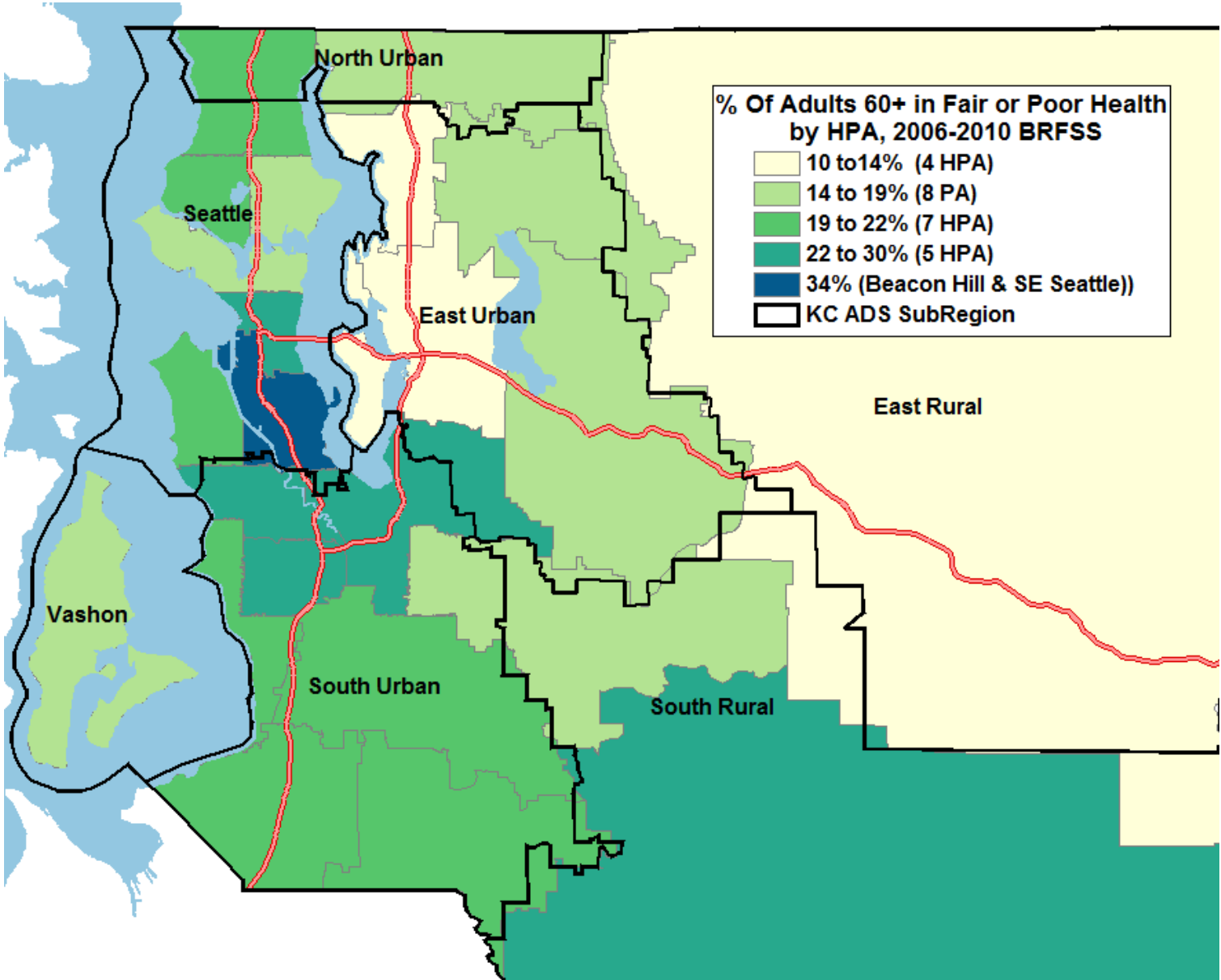
**A higher percentage of adults 60+ in southeast & central Seattle
and in the SE county have low/moderate income
(County average is 20%)**



More adults 60+ are physically active in eastern communities

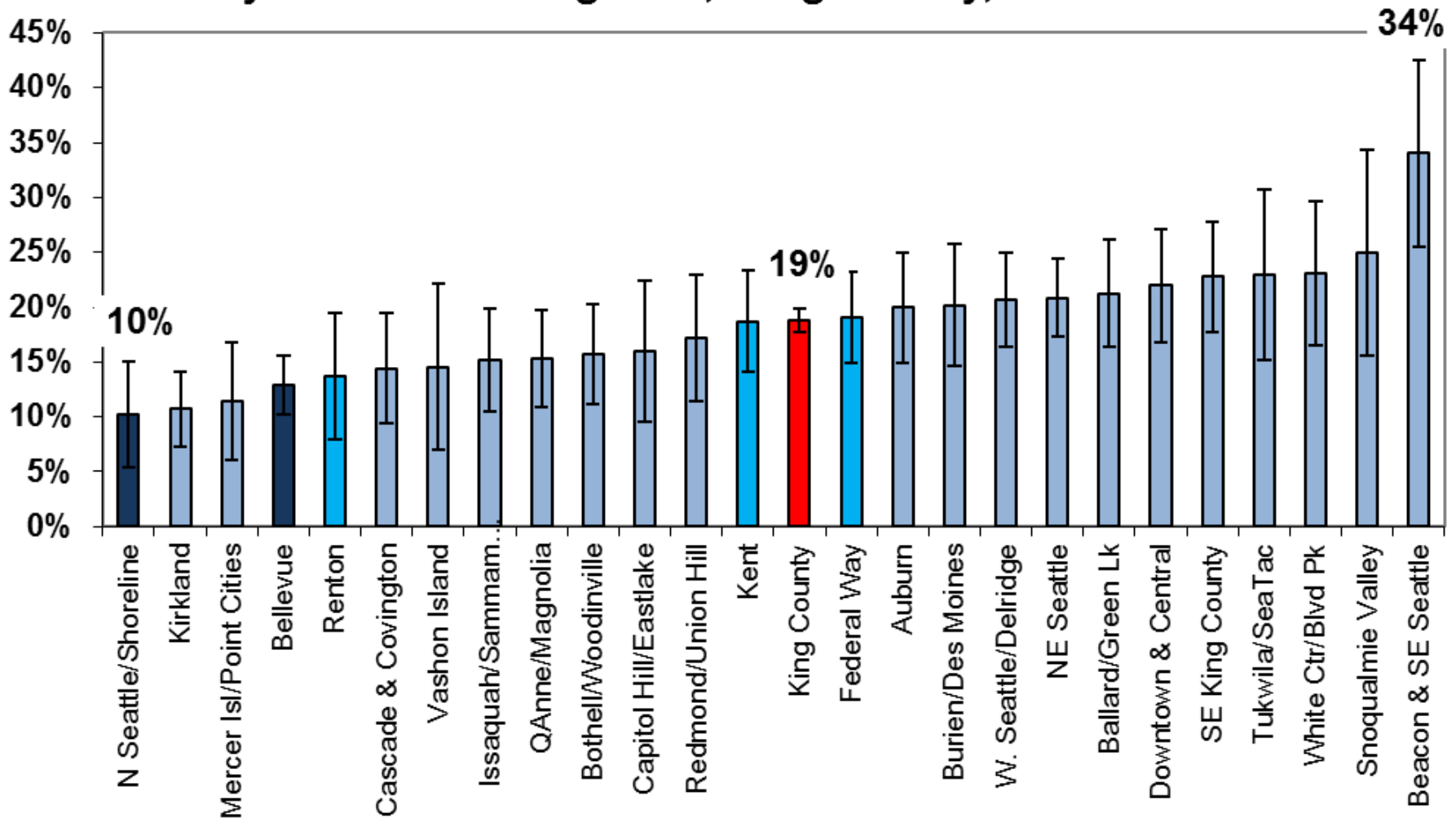


Measure used to monitor well-being: percent of adults age 60+ who self-report fair or poor health

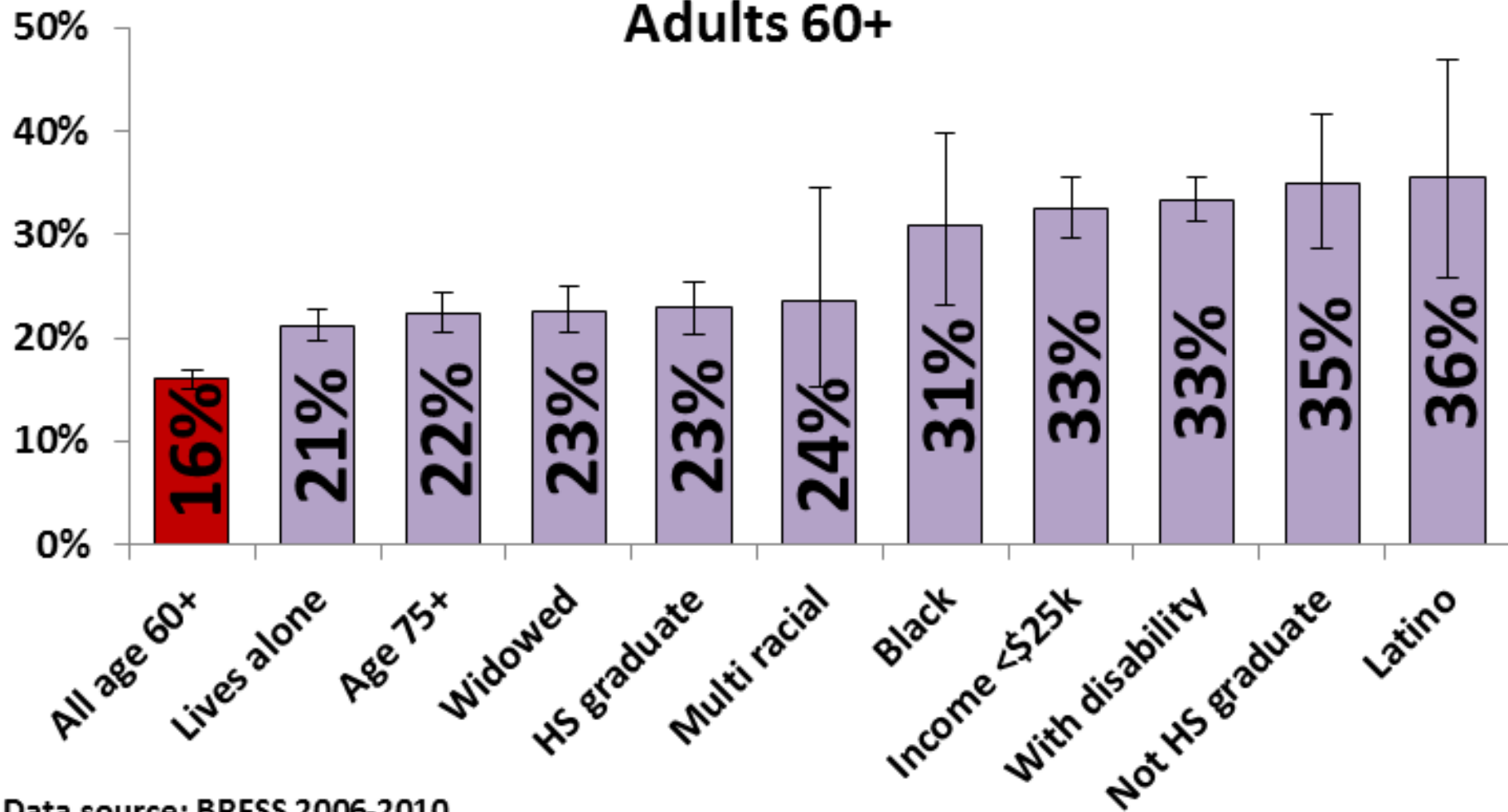


Rates of fair/poor health range from 10% to 34%, but there are few significant differences. HPAs with the most older adults have rates at or below the mean.

Percent of People over 60 in Fair or Poor Health by Health Planning Area, King County, 2006-2010



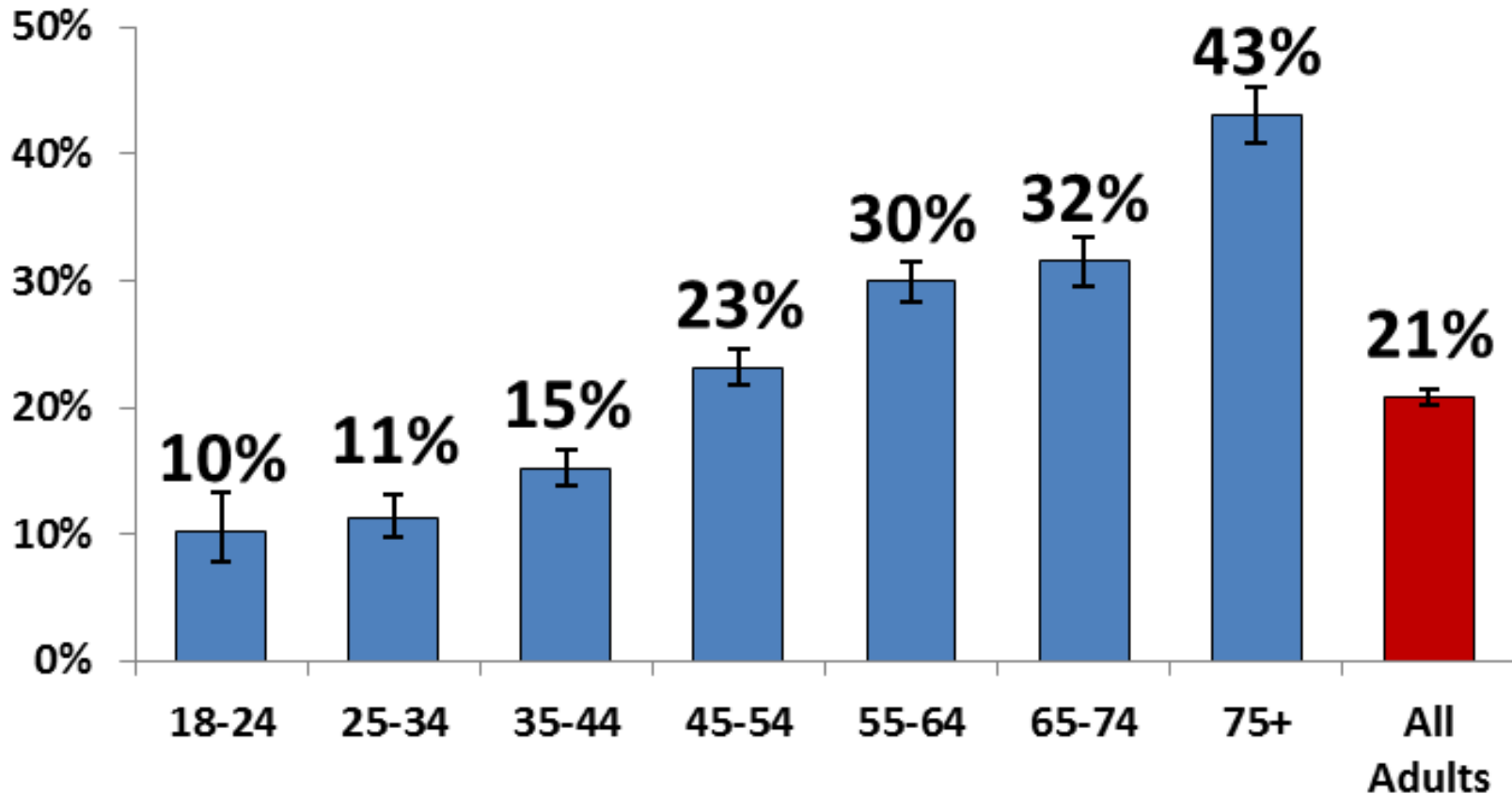
Risk Factors for Fair or Poor Health, King County Adults 60+



Data source: BRFSS 2006-2010

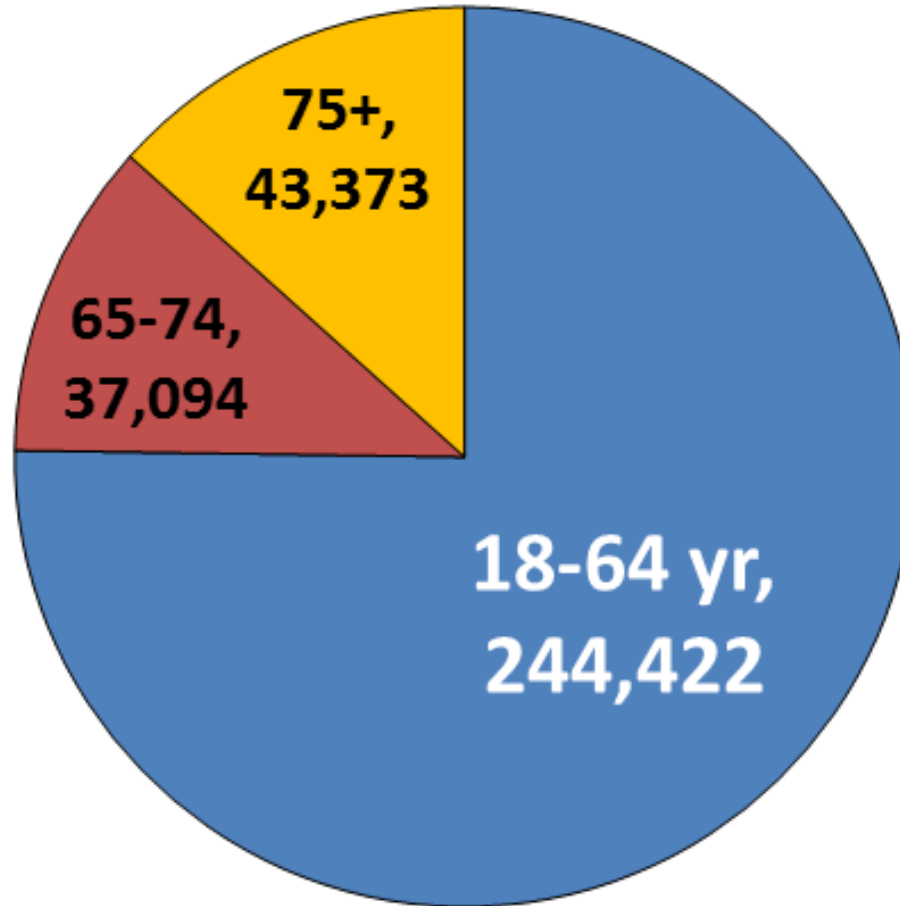
Our Other Target Group: Adults with Disabilities

Disability by Age, King County Adults, 2006-2008



Data source: 2006-2010 BRFSS

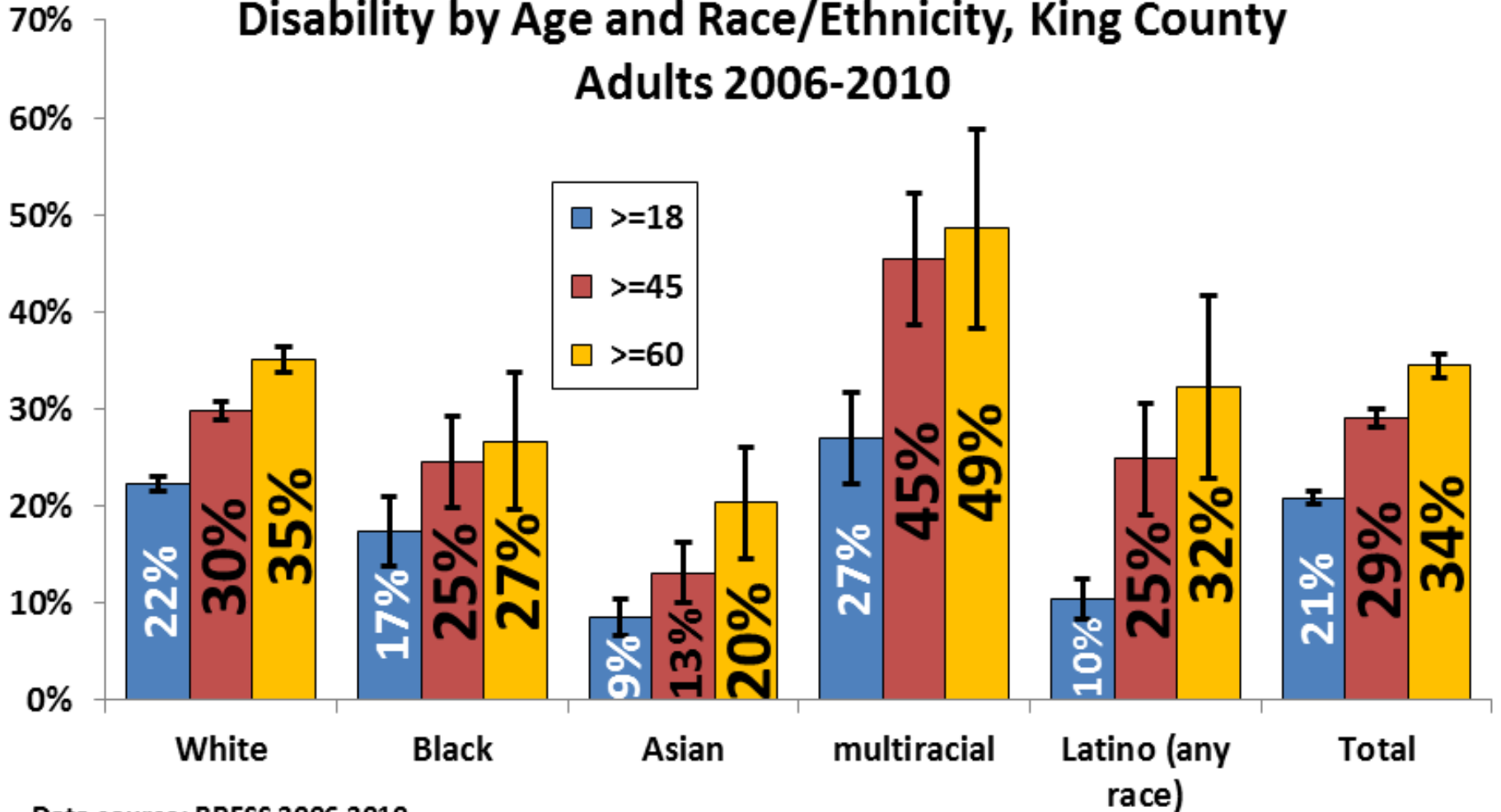
**Although disability prevalence increases with age,
75% of the 325,000 King County adults with
disabilities are younger than 65**



Data source: 2006-2010 BRFSS & Table QT-P2, Census 2010

Rates rise in each race/ethnic group as age increases

Disability by Age and Race/Ethnicity, King County Adults 2006-2010



Data source: BRFSS 2006-2010

Adults with disabilities are the County's largest minority group

Compared to those without disabilities, adults with disabilities

- Have lower income and higher poverty
- Have less formal education
- Are less likely to be employed
- Are less likely to enjoy good health
- Have significant limitation in participation

Predictions about prevalence of disability, based on national-level analyses

- Decreasing limitation among older adults
- Alarming increases in disability in adults in their 40s and 50s, reflecting rising rates of obesity and related conditions