



*“When my country called, I answered ...
When my country asked, I gave ...
Reach out now, across the years
And through the tears ... Remember me.”*

***We remember.
Thank you for serving.***



www.agingkingcounty.org

Did you serve in the military?

Have you lost interest or pleasure in doing things?

Do you feel down, blue, or sad?

We are committed to helping veterans age 55+:

Learn problem-solving skills

Become more active

Enjoy a rewarding life

**To learn about our free, in-home life skills training,
call 206-615-0533 or visit our website, below.**



PEARLS received funding from the King County Veterans and Human Services Levy.

www.agingkingcounty.org/veterans